



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

Advisory No. 292, s. 2026
SEP 10 2026

In compliance with DepEd Order (DO) No. 8, s. 2013,
this advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.
(Visit www.deped.gov.ph)

OBSERVANCE OF THE TWO-DAY WELLNESS BREAK FOR TEACHERS

This Office informs all concerned that, in accordance with DepEd Order No. 009, s. 2026, titled Guidelines on the Implementation of the Three-Term School Calendar in Basic Education, the **two-day Wellness Break for Term 1 shall be observed on September 14-15, 2026**. Regional offices, schools' division offices, and schools are directed to respect and protect these two days as a genuine break for teachers. **No meetings, trainings, Learning Action Cell (LAC) sessions, school activities, reporting submissions, asynchronous deliverables, or other official work shall be required of teachers during the Wellness Break.**

Attached herewith is a Memorandum from the Secretary of the Department of Education.

Immediate and wide dissemination of this Advisory is desired.


CAROLINA S. VIOLETA, EdD, CESO V
Schools Division Superintendent

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Republic of the Philippines
Department of Education
OFFICE OF THE SECRETARY

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DEPED SDO BATAAN
RECEIVED
SEP 10 2026
BY:

MEMORANDUM

TO : Regional Directors
Schools Division Superintendents
Public Elementary and Secondary School Heads
All Others Concerned

FROM :
SONNY ANGARA
Secretary

SUBJECT : Observance of the Two-Day Wellness Break for Teachers

DATE : September 8, 2026

In accordance with DepEd Order No. 009, s. 2026, titled Guidelines on the Implementation of the Three-Term School Calendar in Basic Education, a Wellness Break is provided for teachers after each term to allow them time to rest, recuperate, and attend to their personal well-being before the start of the succeeding term. For Term 1, the **two-day Wellness Break shall be observed on September 14-15, 2026.**

Regional offices, schools division offices, and schools are therefore urged to respect and protect these two days as a genuine break for teachers. **No meetings, trainings, Learning Action Cell sessions, school activities, reporting, submissions, asynchronous deliverables, or other official work shall be required of teachers during the Wellness Break.**

School heads and field officials are encouraged to exercise care in scheduling activities immediately before and after the break so that its intended purpose is preserved.

Immediate dissemination of and strict compliance with this Memorandum is directed.

JMC, M Observance of the Two-Day Wellness Break for Teachers
0351 - September 8, 2026