

SPORTS AND ACADEMICS: BUILDING HOLISTIC LEARNERS

by:
Cirilo C. Caborales Jr.
School Principal III, Bayview Elementary School

Education aims to develop well-rounded individuals. Sports and academics are partners, not opposites.

Sports – Academics Connection

Sports boost focus, memory, discipline, and time management – leading to better grades, attendance, and resilience. In turn, education sharpens strategy, decision-making, and understanding of health and rules, supporting athletic success. Together, they build skills for life and secure future opportunities.

Impact on Holistic Growth

Sports shape the whole person:

- Physical: Builds strength, health, and energy.
- Mental/Emotional: Reduces stress, builds confidence, and teaches resilience.
- Social/Character: Fosters teamwork, leadership, fair play, respect, and hard work.
- Life Skills: Teaches communication, adaptability, and problem-solving.

School Sports Clubs

We establish inclusive clubs offering various sports for all skill levels. These provide structured, safe learning and regular activities to make fitness, fun, and teamwork part of daily school life.

Special Program for Sports (SPS)

For talented learners, this program balances full academics with intensive training. It includes flexible schedules, specialized coaching, wellness support, and dual career pathways – nurturing talent while securing a strong education and future opportunities.

Our Commitment

Integrating sports into education builds physically fit, mentally sharp, and morally grounded individuals. Let us support these programs to ensure every learner grows stronger, smarter, and better in character.

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