



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

APR 30 2026

DIVISION MEMORANDUM

No. 187 s. 2026

**LEADING WITH BALANCE: A MENTAL AND HEALTH WELLNESS TRAINING
FOR EDUCATION LEADERS AND ADMINISTRATORS**

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
Administrative Officers
All Others Concerned

1. The Public Schools Administrative and Supervisory League of Bataan Peninsula Inc. (formerly known as BAPSASULEA) will conduct a three-day management training titled **Leading with Balance: A Mental and Health Wellness Training for Education Leaders and Administrators** with the theme "*Sustaining the Self to Sustain Others*" on May 11-13, 2026, at Mansion Garden Hotel, Subic Bay Freeport Zone, Zambales.
2. All registered members of the organization, including Public Elementary and Secondary School Heads, Education Program Supervisors, Public Schools District Supervisors, Administrative Officers, and other relevant teaching personnel, are encouraged to attend the activity. Please refer to *Enclosure 1* for the complete list of participants.
3. A registration fee of Seven Thousand Pesos (P7,000.00) shall be collected from each participant to cover expenses for meals, venue, accommodation and other incidental costs. Expenses shall be chargeable relative to the activity chargeable against School Maintenance and Other Operating Expenses (MOOE) and/ or other local funds subject to the usual accounting and auditing rules and regulations.



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"We Mould Heroes"



CSC PRIME HRM BRONZE AWARD
2024



DEPED BATAAN
2024



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

4. Participants are expected to maintain a professional and cohesive atmosphere by wearing appropriate corporate attire throughout the duration of the training.
5. The Technical Working Group (*see Enclosure 2 – List of TWG*) shall serve as the advance party and shall be responsible for venue preparation one day prior to the event.
6. Please refer to Enclosure 3 for the Training Program Design.
7. This Memorandum shall also serve as the Travel Authority of the participants.
8. Immediate and wide dissemination of this memorandum is hereby directed.

CAROLINA S. VIOLETA, EdD, CESO V
Schools Division Superintendent

CI18/rdl
04-26-2026
To be indicated in the Perpetual Index
Under the following subjects:
BAPSASULEA
CONVENTION



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CSC MERIT AWARD



PHILIPPINE DEPARTMENT OF EDUCATION



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SCHOOLS DIVISION OFFICE OF BATAAN

Enclosure 2 - Technical Working Group

**Leading with Balance: A Mental and Health Wellness Training for
Education Leaders and Administrators**

Theme *"Sustaining the Self to Sustain Others"*

Date: May 11-13, 2026

Venue: Mansion Garden Hotel, Subic Bay Freeport Zone, Zambales

Name of Officer/ BOD	School/ Station	Designated Group / Committee
1. Jane D. Robles	Dinalupihan ES	Overall Chairman
2. Ruel D. Lingad	Dinalupihan East	Co-Chairman
3. Roma S. Dumandan, PhD	Sta. Lucia HS	Program/ Registration
4. Aida P. Capili, EdD	Magsaysay	Finance
5. Noel T. Lagman, EdD	AGLES	Finance
6. Leovigildo E. Domingo Jr.EdD	Kanawan ES	Venue/ Accommodation
7. Christian V. Carizal, EdD	Paraiso ES	Awards/ Recognition
8. Alvin A. David, EdD	Culis ES	Venue/ Accommodation
9. Aldwin S. Sabran	Lamao NHS	Venue/ Accommodation
Opening Program		Dinalupihan West District
Closing Program		Dinalupihan East District
Tribute to Retirees		Mariveles District
Recognition of Promotees/ New Members		Pilar District
Wellness Engagement Activity		Orani District



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Enclosure 1 - List of Participants

Leading with Balance: A Mental and Health Wellness Training for Education Leaders and Administrators

Dates: May 11–13, 2026

Venue: Mansion Garden Hotel, Subic Bay Freeport Zone, Zambales

lo	District	Level	School (If Applicable)	Surname, First Name, MI	Position
1	Abucay	Elementary	Hacienda Elementary	CANARE GEMMA B	School Principal I
2	Abucay	Elementary	Mabatang Elementary School	SARMIENTO, ROSALIE F.	School Principal II
3	Abucay	Elementary	Mabatang Elementary School	ALARCON, CATHERINE V.	Administrative Officer II
4	Abucay	Elementary	Capitangan Elementary School	TINAO, MERLINA R.	School Principal II
5	Abucay	Elementary	Capitangan Elementary School	DUMALAG, RHODA BETH, P	Administrative Officer II
6	Abucay	Division Office	SDO Bataan	BANTIGUE, BERNADETTE D.	EPSA-II/ OIC SCHOOL PRINCIPAL
7	Abucay	Secondary	Bonifacio Camacho NHS -JHS	VILLEGAS, CLEOFE V.	Head Teacher III
8	Abucay	Secondary	Bonifacio Camacho NHS SHS	GABATINO, AMEENA JOY, A.	Guidance Counselor
9	Abucay	Secondary	B. CAMACHO NHS - SHS	TRIA, MARIA YVETTE F	Administrative Officer II
10	Abucay	Elementary	Salian ES	CASTRO, GEMMARUTH G.	School Principal I
11	Abucay	District Office	SDO Bataan	ELVIRA RECTO MINA	District Supervisor
12	Abucay	Secondary	Bonifacio Camacho NHS	VISDA, REYNALDO B.	School Principal II
13	Abucay	Elementary	Wawa Elementary School	BERMILLO, VILMA D.	Head Teacher III
14	Abucay	Elementary	Bangkal Elementary School	SALANDANAN, RANDY R.	Administrative Officer II
15	Abucay	Secondary	Abucay National High School	MENDOZA, MILAGROS T.	School Principal I
16	Abucay	Elementary	Tomas Pinpin Memorial ES	MENDOZA, EMILY D.R.	School Principal IV
17	Abucay	Secondary	Mabatang NHS	VALLESTER LILIBETH F.	Head Teacher III
18	Abucay	Secondary	Mabatang NHS	MAGAT VILLAMOR B.	School Principal I
19	Abucay	Secondary	Bonifacio Camacho NHS	SALANDANAN, RENATO R.	Head Teacher III
20	Abucay	Secondary	Bonifacio Camacho NHS	ROXAS, MARY ANN, C.	Administrative Officer II
21	Abucay	Secondary	Bonifacio Camacho NHS	TORREVILLAS, MA. LYN F.	Guidance Counselor III
22	Abucay	Elementary	Tomas Pinpin Memorial ES	DE LEON, MAGNOLIA M.	Project Development Officer I
23	Bagac	Elementary	Pinagsumilan Elementary School	VALDEZ, MARY ANN S.	Head Teacher III
24	Bagac	Elementary	Paysawan ES/Saysain ES	PEREZ, EVELYN L.	Head Teacher III
25	Bagac	Secondary	E. C. Bernabe National High School	BASTO, DAVE D.	School Principal II
26	Bagac	Secondary	Bataan High School for the Arts	BANTUGAN, RONALD P.	Chief-Academic Affairs
27	Bagac	Secondary	E. C. Bernabe National High School	BAGTAS, ALLIZA JOYCE M.	Administrative Officer II
28	Bagac	Secondary	Bataan High School for the Arts	QUIROZ, SAMUEL, A.	SEPS
29	Bagac	Secondary	E. C. Bernabe National HS	LOPEZ GRACE B.	HT III
30	Bagac	Secondary	Bataan High school for the Arts	CLAVEL, RENNOR C.	Information System Analyst II
31	Bagac	Secondary	Bataan High school for the Arts	PEDROCILLO, HANNAH GRACE I.	Planning Officer I
32	Bagac	Secondary	Bataan High School for the Arts	GAVIOLA, ARMIDA V.	Librarian II
33	Bagac	Secondary	Bataan High School for the Arts	SALONGA, MELBOURNE L	INFORMATION TECHNOLOGY OFFIC
34	Bagac	Secondary	Bataan High School for the Arts	GARCIA, ALMA R	Chief Administrative Officer
35	Bagac	Secondary	Bataan High School for the Arts	KAWIT, HAROUN SETH M.	Planning Officer II
36	Bagac	Secondary	Bataan High School for the Arts	ACAR, JENEVEI J.	Project Development Officer II
37	Bagac	Secondary	Bataan High School for the Arts	RODRIGUEZ CHRISTIAN	Administrative Officer II
38	Bagac	Secondary	Bataan High School for the Arts	MANGALINDAN CHRISTIAN C	Administrative Assistant
39	Bagac	Secondary	Bataan High for the Arts	SARTIGA, JOYCE ANN V.	Dormitory Manager I
40	Bagac	Secondary	Bataan High School for the Arts	TORRES-SAMONTE, PERLIE ANN, R.	Supervising Administrative Officer
41	Bagac	Secondary	Bataan High School for the Arts	LABANDILO, TIMI T.	Medical officer
42	Bagac	Secondary	Bataan High School for the Arts	DE GUZMAN, LOUISA DAWN A	Medical officer
43	Bagac	Secondary	Bataan High School for the Arts	OLIVERA, JERELINE M.	Administrative Officer II
44	Bagac	Secondary	Bataan High School for the Arts	SANTOS BRYAN M	School Director/Director II
45	Bagac	Elementary	Quinawan Integrated School	MOSQUIDA, NORMAN, TADIA	Head Teacher III
46	Bagac	Secondary	Bataan High School for the Arts	BASILIO, ROSIE L.	Senior Education Program Specialist
47	Bagac	Secondary	Bataan High School for the Arts	HULIPAS, ALVIN P.	CHIEF ADMINISTRATIVE OFFICER
48	Bagac	Secondary	Bataan High School for the Arts	DELA CRUZ BERNADETTE	Chief AO -Finance
49	Bagac	Secondary	Bataan High School for the Arts	VICENTE, AVEGAIL, A	ADMINISTRATIVE OFFICER V
50	Bagac	Elementary	Binuangan Elementary School	ILAO, NORBYLYNM.	Teacher In Charge
51	Bagac	Elementary	Banawang Elementary School	DARACAY, GRACE F.	Head Teacher III
52	Bagac	Secondary	Bataan High School for the Arts	VELASCO, ROMINA D.	ADMINISTRATIVE OFFICER V

53	Bagac	Secondary	E.C. Bernabe National High School	RAMOS, ANALENE C	Master Teacher I
54	Bagac	Secondary	Bataan High School for the Arts	AREVALO, OLIVER V.	Supervising Administrative Officer
55	Bagac	Secondary	Bataan High School for the Arts	DELA CRUZ, JOMAR D	Administrative Officer IV-HRMO II
56	Bagac	Elementary	Bagac Elementary School	TORRES, JESSICA, A.	School Principal III
57	Bagac	Elementary	Overland Elementary School	CARREON, NANCY C.	School Principal II
58	Bagac	Secondary	Bataan High School for the Arts	BANTUGAN, LYDA, V.	Supervising Office - Finance
59	Bagac	Secondary	Bataan High School for the Arts	ADELINO, NIEVA D.	Administrative Officer V
60	Bagac	Secondary	Bagac National High School-Parang	QUIMLAT, JESSICA M.	Assistant School Principal II
61	Bagac	Elementary	Parang ES	VARGAS, JOEL B.	School Principal I
62	Bagac	Elementary	Parang Elementary School	PIZARRO MARIA KARIZA	Administrative Officer II
63	Dinalupihan East	Elementary	Dinalupihan Elementary School	ROBLES, JANE D.	School Principal IV
64	Dinalupihan East	Elementary	Pentor Elementary School	SANTOS, JOEL S.	Head Teacher III
65	Dinalupihan East	Elementary	Sapang Balas ES	NAVARRO, VICENT R.	School Principal I
66	Dinalupihan East	Elementary	Pentor Elementary School	DE LEON, RANDY PHILIP, RECAMADAS	Administrative Officer II
67	Dinalupihan East	Elementary	San Simon Elementary School	CRUZ, PHILIP FERDINAND Q.	Head Teacher III
68	Dinalupihan East	Elementary	New San Jose Eementary School	SANGALANG CELIA L.	School Principal III
69	Dinalupihan East	Elementary	Old San Jose Elementary School	TOLEDO, NEILA D.	School Principal II
70	Dinalupihan East	Elementary	Pagalanggang Elementary School	REYES, JOCELYN P.	School Principal III
71	Dinalupihan East	Elementary	Pita Elementary School	LAPID, AGNES C.	School Principal I
72	Dinalupihan East	Elementary	Dalao Elementary School	ESCONDE, MAYRAH A.	School Principal II
73	Dinalupihan East	Elementary	Daang Bago Elementary School	ESPIRITU, EFREN, G.	School Principal II
74	Dinalupihan East	Secondary	Tucop Integrated School	FLORES, GERALDINE C.	School Principal II
75	Dinalupihan East	Elementary	Dinalupihan Elementary School	CASTRO, EDLYN P.	Administrative Officer II
76	Dinalupihan East	Secondary	Sta. Isabel Elementar School	ABILONG R. RAFFY	School Principal I
77	Dinalupihan East	Secondary	Sta. Lucia High School	LULU, MARLENE G.	School Principal II
78	Dinalupihan East	Elementary	Layac Integrated School	FAMORCAN, MILDRED B.	School Principal II
79	Dinalupihan East	Elementary	New San Jose Elementary School	SANGALANG, CELIA L	School Principal III
80	Dinalupihan West	Elementary	San Pablo Elementary School	BAUTISTA, JAKE B	School Principal III
81	Dinalupihan West	Elementary	Roosevelt Elementary School	RHODORA M. CORTEZ	Administrative Officer II
82	Dinalupihan West	Elementary	Naparing Elementary School	FAUSTO, LOIDA D.	School Principal II
83	Dinalupihan West	Elementary	Naparing Elementary school	VELASQUEZ, JHONA F.	Administrative Officer II
84	Dinalupihan West	Elementary	Saguing Elementary School	GARCIA, MARIVIC LORNA A.	School Principal I
85	Dinalupihan West	Elementary	Colo Elementary School	DE MESA, MARY ANN, M.	School Principal IV
86	Dinalupihan West	Elementary	Maligaya Elementary School	ESCOBIDO, NANCY S.	School Principal I
87	Dinalupihan West	Elementary	Pag asa Elementary School	TORNO RYAN MACASPAC	TIC
88	Dinalupihan West	Elementary	Payangan Integrated School	CORTEZ, REYZHELL C.	Administrative Officer II
89	Dinalupihan West	Elementary	Payangan Integrated School	BAUTISTA, DAN-EMEL, V.	Head Teacher I
90	Dinalupihan West	Elementary	Luakan Elementary School	MACASPAC, MICHA ELLA M.	Administrative Officer II
91	Dinalupihan West	Elementary	San Ramon Elementary School	PEÑAFLO, MA. FE TERESA T.	School Principal IV
92	Dinalupihan West	Elementary	Bangal Elementary School	DE PADUA, DANAH MAE D.	School Principal I

93	Dinalupihan West	Elementary	Magsaysay Elementary School	NACU JUVY T	School Principal I
94	Dinalupihan West	Elementary	COLO ELEMENTARY SCHOOL	OCAMPO, KELVIN JOHN B.	Administrative Officer II
95	Dinalupihan West	Elementary	SAN BENITO ES	BACLIG, PERLIE S.	School Principal II
96	Dinalupihan West	Secondary	Magsaysay National high school	CALIMBAS ROWENA C	Head Teacher III
97	Dinalupihan West	Secondary	Magsaysay NHS	CONSTANTINO, MAYLA L.	Head Teacher III
98	Dinalupihan West	Secondary	Magsaysay National High School	MURCIANO, SHIELA S.	Head Teacher III
99	Dinalupihan West	Secondary	Magsaysay National High School	MARTINEZ, CYNER JAMES, P	Head Teacher III
100	Dinalupihan West	Secondary	Magsaysay NHS	CAPILI, AIDA P.	School Principal IV
101	Dinalupihan West	Others	Tube-Tube IS	RONQUILLO, MIRAFLOR A.	School Principal II
102	Dinalupihan West	Elementary	Kataasan Elementary School	MENDOZA, HELEN C.	Head Teacher III
103	Dinalupihan West	Secondary	Magsaysay NHS	AGKIS, MA. LOURDES L.	Head Teacher III
104	Dinalupihan West	Elementary	Luakan Elementary School	CAÑAVERAL ARIEL PEDRAGOSA	School Principal II
105	Dinalupihan West	Secondary	Luakan National High School	SIBULO, CARL KESSIA, P.	Administrative Officer II
106	Dinalupihan West	Secondary	Luakan National High School	CARBONILLA, EDGAR P.	Head Teacher III
107	Dinalupihan West	Secondary	LUAKAN NHS	PADILLA, HELEN S.	Administrative Officer II
108	Dinalupihan West	Secondary	LUAKAN NHS Main	BEDRUZ, FILIPINAS J.	Head Teacher III
109	Dinalupihan West	Secondary	Luakan National High School	MALAY, RODERICK M.	Head Teacher I
110	Dinalupihan West	Secondary	LUAKAN National High School	SANGALANG, ARA S.	School Principal IV
111	Dinalupihan West	Secondary	Luakan National High School	CRUZ, GINA S.	Head Teacher III
112	Dinalupihan West	Secondary	Luakan National High School	AGKIS, ERASTO G.	Head Teacher III
113	Dinalupihan West	Elementary	Pinulot Elementary School	MIRALOU T. GARCIA	School Principal IV
114	Dinalupihan West	Elementary	San Ramon Elementary School	MARY JANE M. SANTOS	Administrative Officer II
115	Hermosa	Others	St. Ma. Virginia P. Leonzon Memorial IS	DE GUZMAN, MARILYN G.	Head Teacher III
116	Hermosa	Secondary	Hermosa National High School	SANTOS, MARY JOAN THERESE, M	Guidance Counselor
117	Hermosa	Secondary	Hermosa NHS	PEÑA MARIA ANA E	Head Teacher III
118	Hermosa	Secondary	Hermosa NHS - SHS	MACALINAO, HERMINIHILDA, L	Administrative Officer II
119	Hermosa	Elementary	Sumalo Integrated School	LLAGUNO, KEVIN PATRICK R.	Administrative Officer II
120	Hermosa	Elementary	Maite Integrated School	CALING, RAYMOND O.	Head Teacher III
121	Hermosa	Elementary	Parapal Elementary School	MANAHAN, REYLEN C.	Administrative Officer II
122	Hermosa	Elementary	Casupanan Elementary School	RIVERA, EUNICE M.	Administrative Officer II
123	Hermosa	Secondary	Hermosa National High School-Annex	MACASPAC, AILEENE J.	OIC ASP II
124	Limay	Elementary	PEAS ELEMENTARY SCHOOL	REGONDOLA, JOHN DEAN G.	Head Teacher III
125	Limay	Secondary	St. Francis National High School	AGUSTIN, EDWIN G	Asst. School Principal II
126	Limay	Elementary	St. Francis II Elementary School	MERCADO, JANICE A.	School Principal II
127	Limay	Secondary	St. Francis NHS	REYES, SHARON D.	Head Teacher III
128	Limay	Elementary	Alangan Elementary School	GUANZON JOSE C.	Head Teacher III
129	Limay	Secondary	St. Francis NHS	WILBERT D. LANGREO	School Principal I
130	Limay	Elementary	St Francis ES (Bacong)	MATILLA, KRISTINE JOY C.	Head Teacher I
131	Limay	Elementary	Kitang Elementary School	CORPUZ, IMELDA S.	Head Teacher III
132	Limay	Secondary	LAMAO NHS-SHS	OCONER, MARIA VANNESSA B.	Administrative Officer II
133	Limay	Secondary	BLISS Integrated School	FERNANDEZ, DEXTER V.	Head Teacher III
134	Limay	Elementary	Gabalton / Limay ES	VALLEJOS, ARLENE M.	School Principal III
135	Limay	Secondary	Larnao National High School	GONZALES, ADELMO JR. C.	Head Teacher III
136	Limay	Elementary	Duale Elementary School	LORENZO, ALBERTO, B	Head Teacher III

37	Limay	Elementary	KINARAGAN IS	YARRA, IVAN GAIL R	Head Teacher III
38	Limay	Elementary	Carbon Elementary School	LUMIBAO, CHARITO LYN H.	School Principal I
39	Limay	Elementary	LAMAO ELEMENTARY SCHOOL	MENDIOLA, MA. BERNADETTE E.	School Principal IV
40	Limay	Secondary	Lamao National High School	QUIROZ, JOHN R	School Principal II
41	Limay	Secondary	Limay National High School	SAMSON, SERALDYN P.	T-III/OIC ASP for Academics
42	Limay	Elementary	Arsenal Elementary School	MANLA, JANNY, L	School Principal III
43	Limay	Elementary	Luz ES	LISUD, ROWENA, M.	School Principal IV
44	Limay	Elementary	Arsenal Elementary School	REYES, ARJOHN M	Administrative Officer II
45	Limay	Secondary	St. Francis NHS	AGUSTIN, EDWIN, G.	Assistant School Principal II
46	Limay	Secondary	Limay NHS	SIMBOL, FREDERICK, Y.	School Principal IV
47	Mariveles	Secondary	Biaan Aeta Integrated School	LEGASPI, CHRISTIAN G.	Assistant School Principal II
48	Mariveles	Elementary	Sisiman Elementary School	DIMACULANGAN, GERALDINE C.	School Principal III
49	Mariveles	Elementary	Townsite Elementary School	NUÑEZ, AILEEN R.	School Principal III
150	Mariveles	Elementary	Baseco Elementary School	CRUZ, SUSANA, R	School Principal I
151	Mariveles	Elementary	Antonio G. Llamas ES	LAGMAN, NOEL T.	School Principal IV
152	Mariveles	Elementary	Baseco Elementary School	MENDOZA, FLOR CLYNE, B	Administrative Officer II
153	Mariveles	Elementary	Townsite Elementary School	PARAS, KIMBERLY, M	Administrative Officer II
154	Mariveles	Elementary	MT. VIEW ES	RUBIC, EZEKIEL T.	Administrative Officer II
155	Mariveles	Elementary	ALASASIN ES	SILVA, ROSELENE, M	Administrative Officer II
156	Mariveles	Elementary	Alasasin Elem. Sch	PALOMO MARIVELES M	School Principal IV
157	Mariveles	Secondary	MNHS Malaya	SILVA, JOEY R.	School Principal I
158	Mariveles	Elementary	RENATO L. CAYETANO MS	VILLALUZ, JEVERLYN H.	Administrative Officer II
159	Mariveles	Secondary	Mariveles National High School- Malaya	BALINGIT, MIKAELA ALIANA M.	Guidance Counselor II
160	Mariveles	Secondary	Mariveles NHS I Cabcaban Annex - Alion	SIBAYAN, JENELYN, E.	School Principal I
161	Mariveles	Secondary	MNHS-MALAYA	MIGUEL, CHARITO S	Administrative Officer II
162	Mariveles	Elementary	Mt.View Elementary School	DALUGDUG, GEMMA F	School Principal I
163	Mariveles	Secondary	MARIVELES NHS - CAMAYA CAMPUS	SY-CHANGCO, ANITA P.	REGISTRAR 1
164	Mariveles	Secondary	Baseco National High school	TABARANGAO MIRASOL M	School Principal II
165	Mariveles	Secondary	Mariveles NHS-Malaya	BARLIS, MARISE M.	Assistant School Principal II
166	Mariveles	Elementary	BAYVIEW ELEMENTARY SCHOOL	CABORALES JR, CIRILO C.	School Principal III
167	Mariveles	Elementary	BAYVIEW ELEMENTARY SCHOOL	DIZON, CHARMAINE LOISE T.	Administrative Officer II
168	Mariveles	Secondary	Mariveles NHS-BATANGAS II	DE DIOS, ARVIN, N	School Principal I
169	Mariveles	Secondary	Mariveles NHS- Poblacion	MANGUNE, BRYAN JAKE C.	Head Teacher III
170	Mariveles	Elementary	Sto. Nino Biaan Elementary School	LUNA, LEANN C.	School Principal III
171	Mariveles	Secondary	iPAG NATIONAL HIGH SCHOOL	LUYO, JAFFERSON	Administrative Officer II
172	Mariveles	Elementary	Alion Elementary School	HUALDE, MARICEL, A	Head Teacher III
173	Mariveles	Secondary	Mariveles NHS Poblacion	CUEVAS, ROSEMARIE S.	Head Teacher III
174	Mariveles	Elementary	Balon Elementary School	PALAD CRISALDA C.	School Principal II
175	Mariveles	Secondary	Mariveles Senior HS-Sitio Mabuhay	CRUZ, ELVIRA A.	Administrative Officer II
176	Mariveles	Elementary	BEPZ Elementary School	VALEROSO, PHEOBE HAZZLEE I.	School Principal I
177	Mariveles	Elementary	Alion Elementary School	DESTURA, JERRY, V	Administrative Officer II
178	Mariveles	Elementary	BALON ELEMENTARY SCHOOL	CLAIRE, BIARE, E	Administrative Officer II
179	Mariveles	Secondary	MARIVELES NHS-CAMAYA CAMPUS	LORENA R. LACIA	Administrative Officer II
180	Mariveles	Secondary	MARIVELES NHS-CAMAYA CAMPUS	PONTILLAS, CARLITO C.	School Principal III
181	Mariveles	Secondary	MARIVELES NHS-CAMAYA CAMPUS	LACIA, LORENA R.	Administrative Officer II
182	Mariveles	Elementary	Lucanin Integrated School	AFABLE, ELDA E.	School Principal III
183	Mariveles	Secondary	Mariveles NHS -Camaya	GAMIT, MA. LANIE M.	OIC- Assistant School Principal
184	Mariveles	Elementary	LUCANIN INTEGRATED SCHOOL	SAPLALA, JOBEN CONRAD, G	Administrative Officer II
185	Mariveles	Secondary	Mariveles NHS - Sisiman	NICHOLS, MILDRED V.	School Principal I
186	Mariveles	Secondary	Mariveles NHS-Poblacion	ABRIQUE, ROWENA A.	Head Teacher III
187	Mariveles	Secondary	Mariveles NHS-Poblacion	RAMIREZ, WILMALYN S.	Head Teacher III
188	Mariveles	District Office	SDO Bataan	DE PADUA, RODGER R.	District Supervisor
189	Mariveles	Elementary	Antonio G. Llamas Elementary School	SALCEDO, DONNA N.	Administrative Officer II
190	Mariveles	Elementary	STO NINO BIAAN ES	MANDOCDOC, OLIVENZA B	Administrative Officer II
191	Mariveles	Secondary	MNHS-CABCABEN	MERIÑO, PRINCESS LOVE, L.	Administrative Officer I (Supply Officer I

92	Mariveles	Secondary	MNHS-CABCABEN	SINONGCO VERONICA T.	Guidance Counselor I
93	Mariveles	Secondary	MNHS-CABCABEN	OMANIA LUDIVINA S.	SP IV
94	Mariveles	Elementary	MARINA BAY ELEMENTARY SCHOOL	DENOLGO, LIZEL, V	Administrative Officer II
95	Mariveles	Secondary	IPAG NATIONAL HIGH SCHOOL	LIMUA, ROLANDO T	School Principal I
96	Mariveles	Elementary	Ipag Elementary School	FORIO, MARIA MAY S.	School Principal III
97	Mariveles	Secondary	Mariveles NHS- Poblacion	MENDOZA, MARIJOY B	School Principal IV
98	Mariveles	Secondary	MARIVELES NHS CABCABEN ANNEX- ALASASIN	BASILIO, MARIO G.	Head Teacher III
99	Mariveles	Secondary	MARIVELES NHS POBLACION	IBASAN, JANET JANE T.	Administrative Officer II
00	Morong	Secondary	Sampaloc IS	PAGUIO, EMELITA, G.	Others
01	Morong	Secondary	Nagbalayong National High School	INCLETO, MA. LIZA P.	School Principal I
02	Morong	Elementary	Nagbalayong ES	BARQUIN GEMALYN T	School Principal IV
03	Morong	Elementary	Minanga Elementary School	SANCHEZ, ROWIN. R.	Head Teacher I
04	Morong	Elementary	Mabayo Elementary School	LEILANI P. LEAÑO	School Principal I
05	Morong	Division Office	Facundo Angeles Memorial ES	MA LINDA V. MANZANO	School Principal IV
06	Morong	Secondary	Nagbalayong National High School	FILIPINO, ROBELITA P.	Head Teacher III
07	Morong	Secondary	Morong National HS	VIGO, PROCYLYN F.	Head Teacher III
08	Morong	Elementary	Morong Elementary School	PAGUIO, MA. CECILIA L	School Principal IV
09	Morong	Secondary	Morong National High School	MANALO, JEFFER Y.	Head Teacher III
10	Morong	Secondary	MORONG NATIONAL HIGH SCHOOL	REYES, LOURDES V.	ADMINISTRATIVE OFFICER IV
11	Morong	Elementary	Kanawan Integrated School	DOMINGO, LEOVIGILDO E.	School Principal III
12	Morong	Elementary	Panibatuhan ES	LABANDILO JOSE JR. D.	School Principal I
13	Morong	Secondary	Morong National HS	AGUSTIN, VILMA G.	Head Teacher III
14	Morong	Secondary	MORONG SENIOR HIGH SCHOOL	RECOZANA, HARIERAYA, M.	Administrative Officer II
15	Orani	Elementary	Pagasa Elementary School	DE GUZMAN VIOLA T	Head Teacher III
16	Orani	Elementary	Doña integrated School	VICTORIA, MARIO R.	Head Teacher III
17	Orani	Elementary	Tapulao Elementary School	REYES, CAROLYN R	School Principal I
18	Orani	Elementary	ORANI SOUTH ES	LORENZO CHRISTINE	Administrative Officer II
19	Orani	Elementary	Pantalaan Bago Elementary School	AROBAN, BESSIE G.	Administrative Officer II
20	Orani	Elementary	Kaparangan Elementary School	BAUTISTA, DIANNE-NICOLE S.	Administrative Officer II
21	Orani	Elementary	ORANI SOUTH ES	REYES, MA CONCEPCION, M	School Principal I
22	Orani	Secondary	Gov. Efren B. Pascual Sr. Orani ICS	VALENCIA, ARIEL S.	OIC- School Principal
23	Orani	Secondary	Orani NHS Parang Parang	ASBAN, CATHERINE CRUZATA	Head Teacher III
24	Orani	Secondary	Orani NHS Parang-Parang	GIMENA, EMMANUEL S. JR.	Head Teacher III
25	Orani	Elementary	Pag-Asa Elementary School	CANILANG, ALJON PATOLIN	Administrative Officer II
26	Orani	Elementary	Alikabok Elementary School	FRANCO, JESUS, B.	Head Teacher III
27	Orani	Elementary	Tala Elementary School	BENAMIR, LOLITA M.	Teacher-in-Charge
28	Orani	Elementary	Orani North Elementary School	DAVID, JEFFREY V.	School Principal II
29	Orani	Elementary	LEGUA INTEGRATED SCHOOL	EVARISTO RAICHEL M.	Teacher in Charge
30	Orani	Elementary	Dona Integrated School	FORBES, CHRISTIAN R.	Administrative Officer II
31	Orani	Elementary	Kabalutan Elementary School	ROBERTS, ANA MAY P.	Teacher-in-Charge
32	Orani	Secondary	Gov. Efren B. Pascual Sr. Orani ICS	TAMORO, ARLENE M.	Administrative Officer II
33	Orani	Elementary	Paraiso Elementary School	CARIZAL, CHRISTIAN N.	School Principal IV
34	Orani	Elementary	Talimundoc ES	MARIANO, DONALD, C.	Head Teacher III
35	Orani	Secondary	Pulo Integrated School	GARCIA, LLIERA JANE C.	Administrative Officer II
36	Orani	Secondary	ONHS - MAIN	SANTOS, ARIEL M.	Head Teacher III
37	Orani	Secondary	Orani nhs main	DE LEON EDELMAR R	Head Teacher III
38	Orani	Secondary	Orani National High School-Main	MACALINAO, JHO ANDREA HIL L.	Administrative Officer II
39	Orani	Secondary	Orani National high school	CHINGCUANGCO, MA ROSARIO R.	Guidance Counselor III
40	Orani	Secondary	Orani National High School	MATEO, GLECCERIA C	School Principal II
41	Orion	Elementary	Sto. Domingo Elementary School	GABRIEL, CHRISTINE CHELO P.	School Principal I
42	Orion	Elementary	GENERAL LIM ES	PANGOMLAYEN MANUEL JR. G.	Head Teacher II
43	Orion	Elementary	EVA Aeta Elementary School	LOPEZ, JERIC C.	EPS II - OIC School Principal
44	Orion	Elementary	EVA Aeta Elementary School	MARQUEZ, ALICIA A.	Administrative Officer II
45	Orion	Elementary	PABLO R. ROMAN ES	BALUYOT, RESIE R.	School Principal I
46	Orion	Secondary	JEAGMHS	DOMINGUEZ, JENNIFER S.	School Principal III
48	Orion	Secondary	Justice Emilio Angeles Gancayco MHS	SABA MADELAINE M.	Head Teacher III

249	Orion	Elementary	Sabatan Elementary School	AGUSTIN, JHENIE R.	School Principal II
250	Orion	Elementary	Puting Buhangin ES	CAYABYAB, MIGUELA B.	School Principal I
251	Orion	Elementary	CAMACHILE ES	LONZON, MYRNA Z.	School Principal I
252	Orion	Elementary	Sto Domingo Elementary School	PIZARRO, ANDREW KING J.	Administrative Officer II
253	Orion	Elementary	Bantan Elementary School	GONZALES, RICKY, C.	Head Teacher III
254	Orion	Elementary	Bilolo Elementary School	ALARCON, MARIA CORAZON M.	School Principal I
255	Orion	Elementary	Capunitan Elementary School	REYES, JOCELYN M.	School Principal II
256	Orion	Elementary	Daan Pare ES	PADUA, JOAN DC.	School Principal IV
257	Orion	Elementary	Arellano ES	ANGELES, IRENE B.	School Principal II
258	Orion	Secondary	Justice Emilio Angeles Gancayco MHS	ISIDRO, ANNALIZA V	Head Teacher III
259	Orion	Secondary	Justice Emilio Angeles Gancayco MHS	TOLENTINO, ELNORA F	Head Teacher III
260	Orion	Elementary	ARELLANO ELEMENTARY SCHOOL	DOJILLO, MARIO JE. E.	OIC-ASP
261	Orion	Secondary	Udyong NHS	PIZARRO, JESUSA D.	Head Teacher III
262	Orion	District Office	SDO Bataan	ORDIALES TERESITA R.	District Supervisor
263	Orion	Elementary	Sta. Elena Elementary School	AGBO, CYNTHIA, L.	Administrative Officer II
264	Orion	Elementary	CALUNGUSAN ES	YUMANG, DONNA MABEL V.	Administrative Officer II
265	Orion	Secondary	JEAG MHS	GOMEZ, ERWIN V.	Head Teacher III
266	Orion	Elementary	General Lim Elementary School	MANLA, JURA KATRINA B.	Administrative Officer II
267	Orion	Elementary	BILOLO ELEMENTARY SCHOOL	DE JESUS, JESSAMINE VICTORIA M	Administrative Officer II
268	Orion	Secondary	Justice Emilio Angeles Gancayco MHS	SACDALAN, BERNADETTE L.	Administrative Officer II
269	Orion	Secondary	Bataan School of Fisheries	FONTILLAS, GINA T.	Head Teacher VI
270	Orion	Secondary	BATAAN SCHOOL OF FISHERIES	DE GUZMAN, IRENE C.	Head Teacher III
271	Orion	Secondary	Bataan School of Fisheries	VALENZUELA, CESAR L.	School Principal IV
272	Orion	Secondary	Bataan School of Fisheries	JERSON F. TUANG	Head teacher VI / OIC-ASP
273	Pilar	Elementary	BALUT ELEMENTARY SCHOOL	MALANG, LEONARD, S.	Head Teacher III
274	Pilar	Elementary	Pilar Elementary School	DIZON, JOSEPH RALPH S.	School Principal I
275	Pilar	Elementary	Bagumbayan Elementary School	MARTIN IMELDA N.	School Principal I
276	Pilar	Elementary	Panilao Elementary School	PERLITA S. PAREÑO	School Principal II
277	Pilar	Elementary	Liyang Elementary School	CARLOS, SHIELA D.	School Principal II
278	Pilar	Elementary	Diwa ES	RETUTA, AMELIA F.	School Principal I
279	Pilar	District Office	SDO Bataan	RILLO, MINERVA, P	District Supervisor
280	Pilar	Elementary	Sta. Rosa Elementary	LICUP ANGELITO M.	School Principal I
281	Pilar	Elementary	Wakas Elementary School	TENTIA, KRISTINE C.	Head Teacher III
282	Pilar	Elementary	JS Herrera Sr. MES	MIZON, MELISSA N.	School Principal I
283	Pilar	Elementary	Alauli Elementary School	ROXAS, PAULINE B.	School Principal IV
284	Pilar	Elementary	PANTINGAN ELEMENTARY SCHOOL	ESTRADA IMELDA C.	Head Teacher III
285	Pilar	Others	P. Roman SHS	CUNANAN, RODERIC R.	OIC-ASP
286	Pilar	Elementary	Nagwaling Elementary School	AFABLE, JANETTE B.	School Principal I
287	Pilar	Others	P. Roman SHS	CUNANAN, RODERIC, R.	HT-III, OIC-ASP
288	Samal	Elementary	Calaguiman ES	GUINTO, NORMA, S.	School Principal II
289	Samal	District Office	SDO Bataan	DIZON, ELMA P.	District Supervisor
290	Samal	Elementary	SAPA ELEMENTARY SCHOOL	DE GUZMAN, ALICE M.	School Principal II
291	Samal	Elementary	Lalawigan es	VILLEGAS, MARIA CHONA M.	School Principal I
292	Samal	Secondary	Samal NHS- Senior High	POBLETE, LORINDA R.	School Principal III
293	Samal	Elementary	Gugo Elementary School	GARCIA, AURELIA L.	School Principal I
294	Samal	Secondary	Samal National High School- SHS	BUENSUCESO, ROSALIA, M.	Administrative Officer II
295	Samal	Elementary	Samal South Elementary School	MACABUHAY, VIRGINIA S.	School Principal II
296	Samal	Elementary	ADAMSON ELEMENTARY SCHOOL	DE LARA, NOAH V.	Head Teacher I
297	Samal	Secondary	Samal NHS- Senior High School	SAMSON, BILLY ROSE, M.	Others
298	Samal	Secondary	Samal NHS	FELISA C BRAVO	School Principal IV
299	Samal	Elementary	Asuncion Consunji Memorial ES	LIBAO, MARIA AILENE, L.	Head Teacher III
300	Samal	Elementary	Samal North Elementary School	CORPUS, CHARITO D.	School Principal II
301	Samal	Secondary	Samal National High School-Main	EBUEN, CHARITO, S.	Head Teacher III
302	Samal	Secondary	Samal NHS Main	DELA CRUZ, DONABEL D.	Head Teacher III

03	Samal	Secondary	SAMAL NHS Main	LLARINA, SOLEDAD V.	Assistant School Principal II
04	Samal	Secondary	Samal National High School - Annex	VENEGAS, ANTONIO JR. B.	Head Teacher III
05	Samal	Elementary	ASUNCION CONSUNJI MEMORIAL ES	CRUZ, MARISSA C.	Administrative Officer II
06	Samal	Elementary	Adamson elementary school	BERNABE, MA. CECILIA B.	Administrative Officer II
07	SDO CID	Division Office	SDO Bataan	PANTIG, ROBERTO R.	CID Chief
08	SDO Bataan	Division Office	Dinalupihan East	LINGAD, RUEL D.	District Supervisor
09	SDO Bataan	Division Office	Dinalupihan West	RONIE S. MENDOZA	District Supervisor
10	SDO Bataan	Division Office	SDO Bataan	MARIEL M. LABANDILO	District Supervisor
11	SDO Bataan	Division Office	SDO Bataan	JONATHAN B DE GUZMAN	District Supervisor
12	SDO Bataan	Division Office	SDO Bataan	RAMON C. PEREZ	SGOD Chief
13	SDO Bataan	Division Office	SDO Bataan	DR. JERRY DIMLA CRUZ	ASDS
14	SDO Bataan	Division Office	SDO Bataan	DR. CAROLINA S. VIOLETA	SDS



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Enclosure 2 - Technical Working Group

**Leading with Balance: A Mental and Health Wellness Training for Education
 Leaders and Administrators**

Theme "*Sustaining the Self to Sustain Others*"

Date: May 11-13, 2026

Venue: Mansion Garden Hotel, Subic Bay Freeport Zone, Zambales

Name of Officer/ BOD	School/ Station	Designated Group / Committee
1. Jane D. Robles	Dinalupihan ES	Overall Chairman
2. Ruel D. Lingad	Dinalupihan East	Co-Chairman
3. Roma S. Dumandan, PhD	Sta. Lucia HS	Program/ Registration
4. Aida P. Capili, EdD	Magsaysay	Finance
5. Noel T. Lagman, EdD	AGLES	Finance
6. Leovigildo E. Domingo Jr. EdD	Kanawan ES	Venue/ Accommodation
7. Christian V. Carizal, EdD	Paraiso ES	Awards/ Recognition
8. Alvin A. David, EdD	Culis ES	Venue/ Accommodation
9. Aldwin S. Sabran	Lamao NHS	Venue/ Accommodation
10. Timi T. Labandilo	BHSA	Medical
11. Melbourne L. Salonga	BHSA	Technical Committee Chair
Opening Program	Dinalupihan West District	
Closing Program	Dinalupihan East District	
Tribute to Retirees	Mariveles District	
Recognition of Promotees/ New Members	Pilar District	
Wellness Engagement Activity-TikTok	Orani District	



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Enclosure 3 - Training Program Design

Leading with Balance: A Mental and Health Wellness Training for Education Leaders and Administrators

Dates: May 11-13, 2026

Venue: Mansion Garden Hotel, Subic Bay Freeport Zone, Zambales

DAY 1: Leadership Continuity and Belongingness

Time	Session / Activity	Resource Person / TWG
12:00 - 1:00 PM	Check-In & Registration	Participants/ BAPSASULEA Secretariat
1:00 – 2:00 PM	Opening Program (Dinalupihan West District) Opening Remarks Inspirational Message	JANE D. ROBLES, EDD President, BAPSASULEA CAROLINA S. VIOLETA, EDD, CESO V Schools Division Superintendent
2:00 – 3:00 PM	Keynote Address	TOLENTINO G. AQUINO, EDD Regional Director
3:00 – 3:15 PM	Health Break	
3:15 - 5:00 PM	Session 1: Building a Culture of Care and Excellence in Our Schools	JERRY DIMLA CRUZ, DEM Assistant Schools Division Superintendent





Kabukiran, Calaylayan, Abucay 21114 Bataan
www.depedbataan.com bataan@deped.gov.ph
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Time	Session / Activity	Resource Person / TWG
<i>DAY 2: Financial, Mental, and Physical Wellness</i>		
8:00 - 8:15 AM	MOL	Pilar District
8:15 – 10:00 AM	Session 2: Mental Health First Aid for School Leaders: Recognizing Red Flags and Responding Appropriately	DR. JOHANNA LINDSAY CAPILLI-LOPEZ Medical Officer III Mariveles Mental Wellness and Gen. Hospital
10:00 – 10:15 AM	Health Break	
10:15 – 12:00 NN	Session 3: Practical Fitness and Lifestyle Strategies for Graceful Aging	Wellness Specialist - Resource Person Mariveles Mental Wellness and Gen. Hospital
12:00 – 1:00 PM	Lunch Break	
1:00 – 2:15 PM	Session 4: Financial Fitness: Managing Personal Finances for a Stress-Free Life	ALLYSES I ALLERA, CPA, MBA Assistant Professor IV BPSU - Main Campus
2:15 – 2:30 PM	Health Break	
2:30 – 4:00 PM	Session 5: Financial Wellness: Smart Budgeting, Saving, Debt Management, and Investing	JACKIELYN M. CIPRIANO, CPA, MBA Assistant Professor IV BPSU - Main Campus
4:00 - 5:00 PM -Onwards	Wellness in Motion: District TikTok Dance Showcase	CHRISTIAN A. CARIZAL, EDD/ Orani Team



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DAY 3: Legacy, Growth, and Beginnings

Time	Session / Activity	Resource Person / TWG
8:00 - 8:15 AM	MOL	Bagac District
8:15 – 9:00 AM	BAPSASULEA Strategic Updates & Way Forward	Mariveles District RUEL D. LINGAD, EDD BAPSASULEA, Vice President ROMA S. DUMANDAN, PhD BAPSASULEA, Secretary
9:00 – 10:15 AM	Tribute to Retirees	Pilar District
10:00 – 10:15 AM	Health Break	
10:15 – 12:00 NN	Recognition of Promotees and New Members	Dinalupihan East District
12:00 – 1:00 PM	Lunch Break	
1:00 – 2:00 PM	Commitment Sharing & Evaluation	
2:00 – 3:00 PM	Closing Program	
3:00 – 5:00 PM	Homebound: End of Training	



Kabukiran, Calaylayan, Abucay 2114 Bataan
www.depedbataan.com
www.facebook.com/DepedBataan
bataan@deped.gov.ph



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