



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

DIVISION LETTER

No. 035, s. 2026

MAR 03 2026

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
All Others Concerned

This Office announces the conduct of the Regional Coaching Seminar in Dancesport, Weightlifting, and Pencak Silat on March 4 to 6, 2026, at Hacienda Gracia Resort and Hotel, Sta. Maria, Lubao, Pampanga.

Attached is a copy of Regional Memorandum No. 050, s. 2026 for further information.

Immediate and wide dissemination is desired.

CAROLINA S. VIOLETA, EdD, CESO V
Schools Division Superintendent

SO16 / RMDG
March 2, 2026

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DEPARTMENT OF EDUCATION
CENTRAL SECTION REGIONAL OFFICE III
FEB 24 2026

BY: _____

REGIONAL MEMORANDUM
No. 050, s. 2026

**REGIONAL COACHING SEMINAR IN DANCESPORT, WEIGHTLIFTING, AND
PENCAK SILAT**

To : Schools Division Superintendents
Division Sports Officers
Public Elementary and Secondary School Heads
All Others Concerned

1. The Department of Education Regional Office III, through Education Support Services Division (ESSD), shall conduct the Regional Coaching Seminar in Dancesport, Weightlifting, and Pencak Silat on **March 4 to 6, 2026**, at **Hacienda Gracia Resort and Hotel, Sta. Maria, Lubao, Pampanga**.
2. The coaching seminar aims to equip participants with knowledge and skills in coaching and update their knowledge on the new trends, latest rules, and technical advancement in coaching.
3. Participants in this coaching seminar must meet the following requirements:
 - a. Must be **55 years old and below**.
 - b. Must have coached in the district, division, regional, and Palarong Pambansa for the last two years.
 - c. Must be **physically fit**. Pregnant women are not allowed to participate.
4. The participants shall present their **Travel Authority** and **Medical Certificate (physically fit)** to the registration as part of the requirements of the accreditation. Further, the participants are requested to wear the appropriate attire and bring the necessary sports equipment to be used during the practical sessions of the seminar.
5. List of participants is found in Annex A.
6. First meal to be served is **dinner** of March 3, 2026, and last meal to be served is **P.M. snacks** of March 6, 2026.
7. Funds to cover expenses related to the conduct of the activity such as food and accommodation of management staff, resource speakers and participants, honoraria and travelling expenses of resource speakers shall be charged against the



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Republic of the Philippines
Department of Education
REGION III-CENTRAL LUZON

Physical Fitness and School Sports (PFSS) downloaded funds. While travelling expenses of participants shall be charged against local funds subject to usual auditing and accounting procedures.

8. For information and compliance.

RONNIE S. MALLARI, PhD, CESO III
Regional Director

Encl.: As stated
References: None
To be indicated in the Perpetual Index
under the following subjects:

SEMINAR SPORTS

ESSD1
February 16, 2026



Republic of the Philippines
Department of Education
REGION III-CENTRAL LUZON

Annex A

LIST OF PARTICIPANTS

SDO	NAME	SCHOOL	EVENT
OLONGAPO CITY	Danjo Vinoya	Kalalake National HS	DANCESPORTS
OLONGAPO CITY	Mecah Ann B. Muyco	Barretto II ES	DANCESPORTS
OLONGAPO CITY	John Matthew S. Alba	Old Cabalan Integrated School	WEIGHTLIFTING
OLONGAPO CITY	Charlie M. Mendigorin	Tapinac Senior High School	WEIGHTLIFTING
OLONGAPO CITY	Joshua Arpilleda	New Cabalan National HS	PENCAK SILAT
OLONGAPO CITY	Ricson Paul S. Rotairo	Gordon Heights National HS	PENCAK SILAT
SAN JOSE CITY	Lady Melissa A. Torres	Sto Nino 3rd HS	DANCESPORTS
SAN JOSE CITY	Francis B. Francia	Sto Nino 3rd HS	DANCESPORTS
SAN JOSE CITY	Jay Ar Sapad	Porais High School	WEIGHTLIFTING
SAN JOSE CITY	Gillier P. Aberujo	Tayabo National High School	WEIGHTLIFTING
SAN JOSE CITY	Amy G. Mejia	San Jose City National High School	PENCAK SILAT
SAN JOSE CITY	Emerita P. Trases	Tondod National HS	PENCAK SILAT
BALANGA CITY	Dianne Lenon Casimiro	Balanga Elementary School	DANCESPORTS
BALANGA CITY	Julie Ann C. Fernandez	Balanga City National Science High School	DANCESPORTS



Republic of the Philippines
Department of Education
REGION III - CENTRAL LUZON

BALANGA CITY	John Paul R Villanueva	Balanga City National Science High School	WEIGHTLIFTING
AURORA	Arjay Ian S. Noval	Ma. Aurora CS	DANCESPORTS
AURORA	Jayson M. Allawigan	Baler NHS	DANCESPORTS
AURORA	Rommel A. Dayson	Dikapinisan NHS	WEIGHTLIFTING
AURORA	Jhon Lenon D. Viernes	Ma. Aurora NHS	WEIGHTLIFTING
AURORA	Marc Conrad E. Reyes	Eliseo C. Ronquillo MNHS	PENCAK SILAT
TARLAC CITY	Anthony Caibiran	Amucaao High School	DANCESPORTS
TARLAC CITY	Lorraine Kathleen N. Padilla	Trinidad ES	DANCESPORTS
TARLAC CITY	Ma. Lourdes C. Magat	Armenia IS	PENCAK SILAT
TARLAC CITY	Czarmaine G. Fabelico	Maliwalo HS	PENCAK SILAT
TARLAC CITY	Rheymar B. Pangilinan	Sto Cristo Integrated School	WEIGHTLIFTING
TARLAC CITY	Ellyssa Marie S. Salas	Matatalaib Bato ES	WEIGHTLIFTING
GAPAN CITY	Divina Domingo	Juan R. Liwag Memorial High School	DANCESPORTS
GAPAN CITY	Mico Espejo	Juan R. Liwag Memorial High School	DANCESPORTS
GAPAN CITY	Paul Simon M. Caperlac	Juan R. Liwag Memorial High School	PENCAKSILAT
GAPAN CITY	Ailene Shyne De Guzman	Juan R. Liwag Memorial High School	PENCAKSILAT
TARLAC PROV.	Eugene B. Corpuz	Padapa NHS	DANCESPORTS
TARLAC PROV.	Jeffrey De Jesus	TNHS	DANCESPORTS
TARLAC PROV.	Karl Angelo Legaspi	TNHS	PENCAKSILAT



Republic of the Philippines
Department of Education
REGION III - CENTRAL LUZON

TARLAC PROV.	Ireneo B. Samson	Moncada NHS	PENCAKSILAT
TARLAC PROV.	Gerald M. Sanchez	Corazon C. Aquino HS	WEIGHTLIFTING
TARLAC PROV.	Chester Dave David	TNHS	WEIGHTLIFTING
CABANATUAN CITY	Rico E. Moreno		DANCESPORTS
CABANATUAN CITY	Esperanza Pascual		DANCESPORTS
CABANATUAN CITY	Emmanuel P. Ramos		PENCAKSILAT
CABANATUAN CITY	Kazuhide C. Ishii		PENCAKSILAT
CABANATUAN CITY	Resty Gabat		WEIGHTLIFTING
CABANATUAN CITY	Rodolfo P. Cabico Jr.		WEIGHTLIFTING
BALIWAG CITY	Philip M. Martinez	Mariano Ponce National High School	DANCESPORTS
BALIWAG CITY	May S. Blanco	Sabang Elementary School	DANCESPORTS
CITY OF SAN FERNANDO	Nikko G. Oliveria	Dela Paz Norte Elementary School	DANCESPORTS
CITY OF SAN FERNANDO	Lorie Anne P. Abunales	Northville High School	DANCESPORTS
MEYCAUAYAN CITY	Kevin S. Badiang	Malhacan Integrated school	DANCESPORTS
MEYCAUAYAN CITY	Mariza Galvez	Malhacan Integrated school	DANCESPORTS



Republic of the Philippines
Department of Education
REGION III-CENTRAL LUZON

MEYCAUAYAN CITY	Jhone Kenneth C. Felicilda	Ubihan High School	PENCAKSILAT
MEYCAUAYAN CITY	Anthony D. De Domingo	Ubihan High School	PENCAKSILAT
MEYCAUAYAN CITY	Amiel Del Prado	Meycauayan national High School	WEIGHTLIFTING
MEYCAUAYAN CITY	Noel D. Saguid	Meycauayan national High School	WEIGHTLIFTING
ZAMBALES	Sarah Nadine A. Versoza	Subic Central School	DANCESPORTS
ZAMBALES	Merdeliza B. Monterola	Lipay National High School	DANCESPORTS
ZAMBALES	Marvin Cabalic	Zambales National High School	PENCAKSILAT
ZAMBALES	Severino S. Edangalino Jr.	Zambales National High School	PENCAKSILAT
ZAMBALES	Carl Marc M. Bautista	Zambales National High School	WEIGHTLIFTING
ZAMBALES	Teddy F. Evangelista	Zambales National High School	WEIGHTLIFTING
ZAMBALES	James Patrick R. Argosines	Ilwas Elementary School	WEIGHTLIFTING
ANGELES CITY	John Paul E. Pring	Bonifacio V. Romero High School	DANCESPORTS
ANGELES CITY	Jessica B. Erese	CUTUD ES	DANCESPORTS
ANGELES CITY	Raniel P. Salas	ANGELES CITY NATIONAL TRADE SCHOOL	WEIGHTLIFTING
ANGELES CITY	Noli C. Miranda Jr.	Angeles City National High School	WEIGHTLIFTING
ANGELES CITY	Erica V. Quiazon	ANGELES CITY NATIONAL TRADE SCHOOL	PENCAKSILAT



Republic of the Philippines
Department of Education
 REGION III-CENTRAL LUZON

ANGELES CITY	Theresa Aira A. Manaloto	ANGELES CITY NATIONAL TRADE SCHOOL	PENCAKSILAT
BULACAN	Emmanuel Balidoy	Prenza NHS	DANCESPORTS
BULACAN	Resty Isip	San Juan ES	DANCESPORTS
BULACAN	Regine Balanquit	Norzagaray NHS	WEIGHTLIFTING
BULACAN	Jervee Z. Justiniano	Taal High School	WEIGHTLIFTING
BULACAN	Vonn Ryan V. Besa	Taal High School	PENCAK SILAT
BULACAN	Jay-R R. Nava	Taal High School	PENCAK SILAT
BATAAN	Remar Delos Santos	MNHS- Camaya	PENCAK SILAT
BATAAN	Daniel Apales	EC Bernabe	DANCESPORTS
BATAAN	Dan Nicolaus P. Santos	Orani NHS Parang- Parang	WEIGHTLIFTING
BATAAN	Reniel Nvarro	MNHS-Poblacion	DANCESPORTS
BATAAN	Ramer Donaire	MNHS-Camaya	PENCAK SILAT
SCIENCE CITY OF MUÑOZ	Alvin DC. Lazaro	MNHS Annex.	DANCESPORTS
SCIENCE CITY OF MUÑOZ	Imee D. Evangelista	MNHS Annex.	DANCESPORTS
PAMPANGA	Ma. Ann Camille B. Santos	Telacsan NHS	WEIGHTLIFTING
PAMPANGA	Joshua Brian S. Romero	Becuran NHS	DANCESPORTS
PAMPANGA	Jenica T. Cabais	Diosdado Macapagal MHS	PENCAKSILAT
PAMPANGA	Carmello M. Santos	Dalcu IS	PENCAKSILAT
PAMPANGA	Sherina V. Dizon	Sucad ES Apalit	DANCESPORTS
MALOLOS CITY	Kathleen Avendaño	Marcelo H. del Pilar National High School	PENCAKSILAT
MALOLOS CITY	Tara Anne Valdez	Marcelo H. del Pilar National High School	PENCAKSILAT
MALOLOS CITY	Carol P Tapic	Marcelo H. del Pilar National High School	WEIGHTLIFTING



Republic of the Philippines
Department of Education
REGION III - CENTRAL LUZON

MALOLOS CITY	Marie Franz M. Chua	Marcelo H. del Pilar National High School	WEIGHTLIFTING
MALOLOS CITY	Mary Joy De Dios	Marcelo H. del Pilar National High School	DANCESPORTS
MABALACAT CITY	Jolly Ann T. Jibala	Villa Teodora ES	DANCESPORTS
MABALACAT CITY	Lorenzo Christian G. Panuncio	DAU ES	DANCESPORTS
MABALACAT CITY	Ariel Calma	Monicayo IS	WEIGHTLIFTING
MABALACAT CITY	Mark Anthony Yusi	Mabalacat TechVoc HS	WEIGHTLIFTING
MABALACAT CITY	Fitzerald B. Cuntapay	Mauaque HS	PENCAKSILAT
MABALACAT CITY	Raymond Pascual	Mauaque HS	PENCAKSILAT
CITY OF SAN JOSE DEL MONTE	Marcos Espanola Jr.	Kakawate NHS	WEIGHTLIFTING
CITY OF SAN JOSE DEL MONTE	Romalyn R. Bautista	SJDMTS	WEIGHTLIFTING
CITY OF SAN JOSE DEL MONTE	Darra Menzi De Mesa	Sapang Palay NHS	DANCESPORTS
CITY OF SAN JOSE DEL MONTE	Jorrissa Maureen Moralde	Sapang Palay NHS	DANCESPORTS
NUEVA ECIJA	Robin C. Mangilit	Cabiao NHS	DANCESPORTS
NUEVA ECIJA	Kristuffer F. Capiral	San Leonardo NHS	DANCESPORTS



Republic of the Philippines
Department of Education
REGION III-CENTRAL LUZON

NUEVA ECIJA	Dembert D. Katy	Ganduz National High School	WEIGHTLIFTING
NUEVA ECIJA	Jean Darrel G. Neuda	Bongabon Senior High School	WEIGHTLIFTING
NUEVA ECIJA	Gabriel Paolo A. Baguisi	Bongabon SHS	PENCAK SILAT
NUEVA ECIJA	Mark Joseph U. Hupana	Palayan City SHS	PENCAK SILAT