

VISUALIZING PHYSICS: EMPOWERING GRADE 10 STUDENTS' ANALYTICAL SKILLS THROUGH DIAGRAM-DRIVEN STRATEGIES

by:

Noime Saavedra Diwa

Teacher I, Pablo Roman National High School

In the dynamic world of high school physics, analytical skills form the backbone of understanding complex concepts like motion, forces, and energy. For Grade 10 students, who often encounter these topics for the first time in depth, traditional lecture-based methods can fall short in fostering deep comprehension and problem-solving abilities. Diagram-based interventions—such as free-body diagrams, graphs, and multiple representations—offer a promising avenue to enhance these skills by making abstract ideas more tangible and interactive. These visual tools not only aid in visualizing physical phenomena but also encourage students to analyze relationships between variables, interpret data, and apply theoretical knowledge practically. Recent research underscores the effectiveness of such approaches in physics education, highlighting their role in reducing cognitive barriers and boosting engagement.

Diagrams serve as powerful scaffolds in physics learning, helping students transition from concrete observations to abstract reasoning. For instance, free-body diagrams (FBDs) allow learners to break down forces acting on an object, promoting systematic analysis essential for Newton's laws. Studies show that students' thinking styles influence how effectively they interpret these diagrams, with sequential thinkers excelling in organizing forces while random thinkers may struggle with structure. By aligning instructional strategies with diverse thinking styles, educators can tailor diagram use to improve analytical thinking, ultimately leading to better problem-solving outcomes in mechanics.

Multiple representations, including diagrams, equations, and verbal descriptions, further amplify analytical development. When students fluidly switch between these forms – such as graphing position versus time for kinematics or diagramming circuits – they gain a multifaceted view of concepts, deepening their understanding. Interventions incorporating technology, like mobile apps for real-time graphing, have demonstrated significant gains in graph drawing and interpretation, key analytical components in lab settings. These tools reduce cognitive overload by providing immediate visual feedback, allowing students to focus on interpreting relationships rather than manual calculations.

A growing body of evidence supports diagram-based interventions in high school physics. Systematic reviews reveal that combining teaching models like discovery learning with visual aids enhances multiple representation skills, enabling students to integrate diagrams, math, and explanations for robust conceptual mastery. In lab environments, the 5E learning model (Engage, Explore, Explain, Elaborate, Evaluate) augmented with mobile technology has proven particularly effective for improving graph-related analytical skills, as it facilitates interactive data visualization and group discussions.

Cognitive load considerations are crucial when implementing diagrams. Eye-tracking research indicates that simpler force diagram scenarios (e.g., two forces) impose less intrinsic load than complex ones (e.g., three forces), correlating with higher learning success. Extraneous load from poorly designed tasks can hinder performance, but strategic use of visual aids like help cards mitigates this, fostering better recall and application of physics principles.

Project-based learning (PjBL), which often incorporates diagrams in authentic problem-solving, also aligns with diagram interventions. By grounding projects in constructivist theories, PjBL encourages students to use visual representations in designing experiments or models, enhancing critical thinking and creativity in physics

topics like optics or energy. This approach not only builds analytical skills but also prepares students for real-world applications, addressing gaps in traditional curricula.

To implement diagram-based strategies effectively in Grade 10 physics, educators can start with targeted activities. For Newton's laws, begin with FBD workshops where students draw and label forces for everyday scenarios, like a book on a table or a car accelerating. Group discussions encourage peer feedback, refining analytical accuracy. In kinematics units, graphing exercises using software to plot motion data help students interpret slopes and areas, linking visuals to mathematical insights.

Integrating technology is key for engagement. Mobile apps in labs allow real-time diagram creation, such as plotting voltage-current graphs for circuits, which boosts interpretation skills through immediate visualization. To manage cognitive load, introduce diagrams progressively: start with simple two-force models before advancing to multifaceted ones, using eye-tracking-inspired strategies like focused visual cues.

For broader interventions, incorporate PjBL projects where students design diagram-supported models, such as wind force simulations, to apply analytical skills collaboratively. Assessments should evaluate not just final answers but the quality of diagrams and reasoning, reinforcing analytical growth.

While diagram-based interventions are effective, challenges include varying student thinking styles and access to technology. Some learners may initially find abstract diagrams overwhelming, increasing cognitive load. To address this, provide differentiated scaffolds, like pre-drawn templates for beginners.

Teacher training is essential to ensure interventions are implemented thoughtfully. Professional development on multiple representations can equip educators to guide students effectively. Blended approaches, combining digital tools with hands-on activities, can overcome resource limitations and sustain long-term analytical improvements.

Diagram-based interventions hold transformative potential for enhancing analytical skills in Grade 10 physics, bridging the gap between theory and application. By leveraging visuals like FBDs, graphs, and multiple representations, students develop deeper insights, better problem-solving, and greater confidence. As supported by recent studies, these strategies not only align with cognitive theories but also prepare learners for 21st-century challenges. Educators should embrace these tools to create engaging, inclusive physics classrooms that unlock students' analytical potential.

References:

Al-Kamzari, F., & Alias, N. (2025). A systematic literature review of project-based learning in secondary school physics: Theoretical foundations, design principles, and implementation strategies. *Humanities and Social Sciences Communications*, 12(1), Article 286. <https://doi.org/10.1057/s41599-025-04579-4>

Ben-Abu, Y. (2026). Why learning mathematics in high school physics is essential: A 21st century perspective. *EURASIA Journal of Mathematics, Science and Technology Education*, 22(2), Article em2771. <https://doi.org/10.29333/ejmste/17823>

Okur, M., & Güngör Seyhan, H. (2025). Mobile technology-enhanced 5E learning model in physics labs: An analysis of graph drawing and interpretation skills. *Journal of Science Education and Technology*, 34(6), 1441-1466. <https://doi.org/10.1007/s10956-025-10222-3>

Omarbakiyeva, Y., Hahn, L., Klein, P., Krumphals, I., & Watzka, B. (2025). Relationship between the cognitive load and the learning success in applying force diagrams: Eye-tracking study. *Frontiers in Education*, 10, Article 1451020. <https://doi.org/10.3389/feduc.2025.1451020>

Rasyid, F., Jumadi, J., & Hawur, P. K. (2025). How to improve multiple representation skills in physics learning: A systematic literature review. *Journal of Science Learning*, 8(1), 25-40. <https://doi.org/10.17509/jsl.v8i1.76514>

Soleha, N., Fadly, W., & David, M. (2025). Analysis of students' thinking styles in reading free-body diagrams and analytical thinking on Newton's laws. *EduFisika: Jurnal Pendidikan Fisika*, 10(1), 75–86. <https://doi.org/10.59052/edufisika.v10i1.42796>