

## THE IMPORTANCE OF READING AND COMPREHENSION IN LEARNING AND LIFE SUCCESS

by:

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Reading is important for all subjects, including languages, sciences, and math. It is the most important thing to do to learn. Reading is a basic skill because we need to be able to read things like signs and other important displays in our daily lives. It improves brain health by making cognitive function stronger.

Reading also helps the brain make new and strong connections and requires you to stay focused for a long time. When kids read a lot, they learn to sit still for longer and longer periods of time. In this situation, kids learn new words as they do more exploring.

When looking at how reading affects children's vocabulary and language skills, reading and understanding are closely related. Comprehension is the ability to understand written words. This is different from being able to recognize words. The goal of reading and understanding is not just to recognize words and phrases, but to understand what they mean.

Reading becomes more meaningful when it is understood. Reading comprehension happens when the information makes sense. So, when you understand what you're reading, it becomes an interesting, fun, and informative activity. So, it is important for success at work, school, and in life.

Using different methods, like predicting, linking to what you already know, visualizing, and summarizing, can help you understand better. But you need to be persistent and keep working on these methods. It is very important to show kids how to do the technique and let them practice under supervision while they are with you. As

kids get better at doing things on their own, it's important to gradually cut back on the help you give them. If kids don't understand what they're reading, they can't get meaning from it. Comprehension strategies help kids get more involved with the text, which makes them more likely to interact with literature and become better readers.

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