



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

OFFICE MEMORANDUM
No. 03, s. 2026

TO : SCHOOL GOVERNANCE AND OPERATIONS DIVISION
Schools Division Office of Bataan

FROM : **CAROLINA S. VIOLETA, EdD, CESO V**
Schools Division Superintendent

DATE : January 19, 2026

SUBJECT : **WELLNESS AND MENTAL HEALTH ADVOCACY
AMONG SGOD PERSONNEL**
January 23, 2026

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1. Please be informed that the School Governance and Operations Division (SGOD) will hold the Wellness and Mental Health Advocacy among SGOD Personnel on January 23, 2026, 8:00am – 5:00pm, at Floen-Gem- The Strand, Nagbalayong, Morong, Bataan.
 2. In line with DepEd Memorandum No. 077, s. 2025 titled Dissemination of Implementing Rules and Regulations of the Republic Act No. 12080, otherwise known as the Basic Education Mental Health and Well-Being Promotion Act, this activity aims to:
 - strengthen the mental health advocacy and workplace wellness among SGOD personnel;
 - provide mindfulness, stress management, and coping tools to personnel; and
 - foster teamwork, empathy, and collaboration through interactive activities.
 3. The following participants are expected to attend the activity:

NO.	NAME	POSITION
1.	Ramon C. Perez	SGOD Chief
2.	Mar-Elen Fe G. Reñosa	EPS
3.	Hermie G. Duran	SEPS
4.	Jethro M. Nocom	SEPS
5.	Raymond Joseph V. Mendoza	SEPS
6.	Jessalyn Anne M. Linsangan	SEPS
7.	Nico M. Mangaliman	PO
8.	Misty B. Dela Cruz	EPS II



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9.	Evangeline D. Gallardo	EPS II
10.	Renato Mylon De Guia	PDO I
11.	Merck Bryan Gragasin	Engineer
12.	Gerald A. Lingad	PDO I
13.	Johndale Yuzon	Engineer
14.	Maria Amieleen DJ. Gabaya	Engineer
15.	Judylyn T. Gatdula	ADA IV
16.	Jacqueline P. Rivera	ADA I
17.	Mariel E. Nuguid	ADA III
18.	Roy Vincent Malicdem	Technical Assistant II
19.	Jennifer M. Alip, DMD	Dentist II
20.	Richelda H. Lucas, DMD	Dentist II
21.	Wilfredo Jr. D. Santos	ADA I
22.	Mharlon B. Ramos	ADA I
23.	Angelica V. Pantaleon	ADAS II
24.	Sheila S. Panogan	ADA III
25.	Camille Edquibal	Technical Assistant I
26.	MA Lourdes DJ Gabaya	Nurse II
27.	Emilly P. Cantillano	Nurse II
28.	Michelle B. Villaflores	Nurse II
29.	Catherine D. Reyes	Nurse II
30.	Irene A. Velasco	Nurse II
31.	Lalaine M. Navata	Nurse II
32.	Leslie L. de Jesus	Nurse II
33.	Larah May Dela Rosa	Nurse II
34.	Nerissa Valenzuela	Nurse II
35.	Maria Lourdes M. Cruz	Nurse II
36.	Rina D. Esconde	Nurse I
37.	Annie Galvez	Nurse I
38.	Michelle Calma	Nurse I
39.	Katrina Lacson	Nurse I
40.	Allen Fe Guevarra	Nurse I
41.	Veronica Hacin	Nurse I
42.	Monette G. Alba	Nurse I
43.	Beverly Reyes	Nurse I
44.	Princess Emil Sotto	Nurse I
45.	Rea Fatima D. Chico	Nurse I
46.	Marlene Joy Aguanta	Nurse I
47.	Juan Rafael Q. Tuazon	Nurse I
48.	Maricris David	Nurse I
49.	Maan De Guzman	Dental Aide



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50.	Maritess T. Sinio	Dental Aide
51.	Jhonny J. Santos	Dental Aide

4. This Office Memorandum serves as Travel Authority of the participants.
5. For information, guidance, and strict compliance.

SO2/mgr
January 14, 2026