



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

DIVISION MEMORANDUM

No. 049, s. 2026

JAN 29 2026

ANNUAL PHYSICAL EXAMINATION OF ALL DEPED EMPLOYEES

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Public Schools District Supervisors
All Public-School Heads
All Teaching and Non-Teaching Personnel
All Other Concerned

1. Pursuant to Republic Act No. 11223 (Universal Health Care Act) and its Implementing Rules and Regulations, as well as DepEd Memorandum No. 22, s. 2015, this Office directs all **Teaching and Non-Teaching Personnel to undergo their Annual Physical Examination.**

2. Laboratory results, signed by a Medical Officer or an accredited government or private physician, must be collected by the District Nurse on or before **May 15, 2026**. Further, the required laboratory tests are as follows:

- a) chest X-Ray PA view (except for pregnant women);
- b) ECG (for 40 years old and above);
- c) complete blood count; and
- d) urinalysis

3. In addition, personnel with known medical conditions (e.g., hypertension, diabetes mellitus, chronic kidney disease, among others) must provide the results of the following laboratory examinations:

- a) fasting blood sugar;
- b) cholesterol / lipid profile;
- c) creatinine;
- d) liver profile; and others



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4. All DepEd employees must check their YAKAP provider thru this link (<https://egov.ph>) to determine their eligibility in availing a complimentary annual check-up at the accredited laboratories and hospitals below:

- a) Orani District Hospital;
- b) Jesus and Mary Laboratory (Capitol Drive, City of Balanga);
- c) Bagac Medicare;
- d) Biocare;
- e) JC Payumo District Hospital;
- f) Morong RHU; and
- g) Mariveles District Hospital

5. Similarly, DepEd Employees covered by their chosen **HMO providers** and **YAKAP clinics** are granted a complimentary annual medical check-up at accredited hospitals and laboratories, including the specified laboratory tests.

6. DepEd Order No. 9, s. 2005, *Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance Therewith*, All provisions of DepEd Order No. 9, s. 2005, *Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance Therewith* shall be adhered to and enforced throughout the Conduct of the Annual Physical Examination.

7. Wide dissemination of and strict adherence to this Memorandum is expected.


CAROLINA S. VIOLETA, EdD, CESO V
School Division Superintendent

References: DM No. 22, s. 2015
DM No. 09, s. 2005

To be indicated in the Perpetual Index
under the following headings:

EMPLOYEE
PHYSICAL EXAMINATION

SO9/NAV
January 26, 2025