



Republic of the Philippines  
**Department of Education**  
REGION III  
SCHOOLS DIVISION OFFICE OF BATAAN

**DIVISION MEMORANDUM**

No. 049, s. 2026

JAN 29 2026

**ANNUAL PHYSICAL EXAMINATION OF ALL DEPED EMPLOYEES**

To: Assistant Schools Division Superintendent  
Chief Education Supervisors  
Public Schools District Supervisors  
All Public-School Heads  
All Teaching and Non-Teaching Personnel  
All Other Concerned

1. Pursuant to Republic Act No. 11223 (Universal Health Care Act) and its Implementing Rules and Regulations, as well as DepEd Memorandum No. 22, s. 2015, this Office directs all **Teaching and Non-Teaching Personnel to undergo their Annual Physical Examination.**

2. Laboratory results, signed by a Medical Officer or an accredited government or private physician, must be collected by the District Nurse on or before **May 15, 2026**. Further, the required laboratory tests are as follows:

- chest X-Ray PA view (except for pregnant women);
- ECG (for 40 years old and above);
- complete blood count; and
- urinalysis

3. In addition, personnel with known medical conditions (e.g., hypertension, diabetes mellitus, chronic kidney disease, among others) must provide the results of the following laboratory examinations:

- fasting blood sugar;
- cholesterol / lipid profile;
- creatinine;
- liver profile; and others



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4. All DepEd employees must check their YAKAP provider thru this link (<https://egov.ph>) to determine their eligibility in availing a complimentary annual check-up at the accredited laboratories and hospitals below:

- a) Orani District Hospital;
- b) Jesus and Mary Laboratory (Capitol Drive, City of Balanga);
- c) Bagac Medicare;
- d) Biocare;
- e) JC Payumo District Hospital;
- f) Morong RHU; and
- g) Mariveles District Hospital

5. Similarly, DepEd Employees covered by their chosen **HMO providers** and **YAKAP clinics** are granted a complimentary annual medical check-up at accredited hospitals and laboratories, including the specified laboratory tests.

6. DepEd Order No. 9, s. 2005, *Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance Therewith*, All provisions of DepEd Order No. 9, s. 2005, *Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance Therewith* shall be adhered to and enforced throughout the Conduct of the Annual Physical Examination.

7. Wide dissemination of and strict adherence to this Memorandum is expected.

  
**CAROLINA S. VIOLETA, EdD, CESO V**  
School Division Superintendent

References: DM No. 22, s. 2015  
DM No. 09, s. 2005

To be indicated in the Perpetual Index  
under the following headings:

EMPLOYEE  
PHYSICAL EXAMINATION

509/NAV  
January 26, 2025