

DIFFERENT LEARNING STYLES IN THE CLASSROOM

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Students' learning styles include how they process and retain knowledge. Visual, aural, kinesthetic, and reading/writing are the main learning modes. Visual learning uses mind maps, graphs, and charts to show relationships between ideas. Auditory learners explore concepts in class and assimilate content through discussions or peer engagement. Kinesthetic learning promotes hands-on education. Dissections and experiments help pupils learn here. The reading and writing learning method requires students to write essays or case studies. A learning style is how a person processes new information, usually through sight, touch, and sound. Four main learning styles are listed below. Note-taking may require visual learners to rework words using symbols or icons. Recording and listening to simplified notes while studying may help auditory learners. Kinesthetic learners may associate class principles with real-world situations in their industry. Reading and writing learners may benefit from constructing lists and multiple-choice exams from their notes (Top Hat, 2025).

Visual, aural/auditory, read/write, and kinesthetic learning modes were formerly categorized as "VARK." Information presented graphically is more easily understood by visual learners. Charts, maps, and graphic organizers are just a few examples of how certain people learn best when they process information visually. Materials that are accessed aloud, such as live lectures, podcasts, or group conversations, are typically the most effective for aural/auditory learners. Information in written form is preferred by read/write learners. For those with this dominant style, accessing information through reports, essays, books, manuals, or even the internet usually works well. When a lecture or activity incorporates physical movement, kinesthetic learners typically learn best. For

instance, immersive activities or practical laboratory experiments facilitate information engagement for those with this dominating learning style (Morganelli, 2023).

Knowing and utilizing your learning style can help you perform better academically, feel more confident, and experience less stress. Knowing your learning style will help you modify your study techniques to fit it, which will improve information retention and make learning more pleasurable. To sum up, knowing your learning style is essential to succeeding academically. You can modify your study techniques to better fit your learning style by being aware of your strengths and shortcomings (Teach Floor, 2025). Improved learning methods result in less stress, more confidence, and better academic achievement. Therefore, spend some time figuring out your preferred method of studying and begin to benefit right now!

References:

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