

Republic of the Philippines Department of Education REGION III

SCHOOLS DIVISION OFFICE OF BATAAN

OCT 10 2025

DIVISION MEMORANDUM

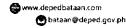
No. 449 s. 2025

COMMEMORATION OF SCHOOL-BASED MENTAL HEALTH OBSERVANCES 2025

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
All Others Concerned

- 1. Pursuant to **DepEd Memorandum OM-OUOGPS-2025-0346** titled "Commemoration of School-Based Mental Health Observances 2025," and in line with Republic Act No. 11036 (Mental Health Act) and Republic Act No. 12080 (Basic Education Mental Health and Well-Being Promotion Act), all schools are enjoined to lead or conduct **school-based mental health promotion activities** throughout the **month of October 2025**, as practicable, to commemorate the following observances:
 - **World Suicide Prevention Day (WSPD)** September 10, 2025 *Theme:* "Changing the Narrative on Suicide" (2024–2026 triennial theme)
 - World Mental Health Day (WMHD) October 10, 2025 Theme: "Access to Services: Mental Health in Catastrophes and Disasters"
- 2. Activities may include **curricular and co-curricular initiatives** such as classroom-based discussions, flag ceremony highlights, poster-making, journaling, storytelling, and other mental health awareness programs, provided that these do not disrupt regular classes.
- 3. Schools are likewise encouraged to participate in the #HearAndHereWithU2025 social media initiatives, which include:
 - a. **display picture (DP) Blast** using the caption format provided in Annex A of the memorandum;
 - b. **cut-out display frame stand ("Tarapapel")** to be printed and displayed in school premises for the month of October; and









Republic of the Philippines Department of Education **REGION III**

SCHOOLS DIVISION OFFICE OF BATAAN

- c. use of official hashtags:
- #MentallyHealthyDepEd2025
- #OplanKalusuganSaDepEd2025
- #HearAndHereWithU2025
- #WorldMentalHealthDay2025
- #DepEd4WMHD2025
- 4. To further promote awareness, schools are also encouraged to:
 - a. print and display nationwide and local mental health crisis hotlines/helplines in prominent areas of the school; and
 - b. observe "Ribbon Day" on October 10, 2025, by wearing green ribbons to show support for the celebration of WMHD.
- 5. Materials and references for the observance may be accessed through:
 - https://bit.ly/DepEd_SMHP_2025-Observances
 - https://lusog-isip.deped.gov.ph
- 6. Expenses related to the conduct of these activities may be charged to program support funds for the School-Based Mental Health Program (SMHP) and other learner support funds, subject to usual accounting and auditing rules and regulations.
- 7. Submission of documentation and reports on conducted activities shall be made to the School Health and Nutrition Section on or before October 31, 2025, through shnbataan@gmail.com
- 8. Immediate and wide dissemination of this Memorandum is desired.

Enclosure: As stated Reference: As stated

To be included in the Perpetual Index Under the following subjects

MENTAL HEALTH AWARENESS LEARNERS



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CAROLINA S. VIOLETA, EdD, CESO, V

Schools Division Superintendent



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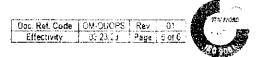




ANNEX A.

Display Picture Caption

- On this World Mental Health Day, I [Name] from [SDO or School], stand in solidarity with those who are struggling. By fostering compassion and understanding, I am #HearAndHereWithU to listen and support without judgement.
 - #MentallyHealthyDepEd2025
 - #OplanKalusuganSaDepEd2025
 - #WorldMentalHealthDay2025
 - #DepEd4NMHW2025



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