



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

OCT 10 2025

DIVISION MEMORANDUM

No. 449 s. 2025

**COMMEMORATION OF SCHOOL-BASED MENTAL HEALTH
OBSERVANCES 2025**

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
All Others Concerned

1. Pursuant to **DepEd Memorandum OM-OUOGPS-2025-0346** titled "*Commemoration of School-Based Mental Health Observances 2025*," and in line with Republic Act No. 11036 (Mental Health Act) and Republic Act No. 12080 (Basic Education Mental Health and Well-Being Promotion Act), all schools are enjoined to lead or conduct **school-based mental health promotion activities** throughout the **month of October 2025**, as practicable, to commemorate the following observances:

- **World Suicide Prevention Day (WSPD)** – September 10, 2025
Theme: "Changing the Narrative on Suicide" (2024–2026 triennial theme)

- **World Mental Health Day (WMHD)** – October 10, 2025
Theme: "Access to Services: Mental Health in Catastrophes and Disasters"

2. Activities may include **curricular and co-curricular initiatives** such as classroom-based discussions, flag ceremony highlights, poster-making, journaling, storytelling, and other mental health awareness programs, provided that these do not disrupt regular classes.
3. Schools are likewise encouraged to participate in the **#HearAndHereWithU2025 social media initiatives**, which include:
 - a. **display picture (DP) Blast** using the caption format provided in Annex A of the memorandum;
 - b. **cut-out display frame stand ("Tarapapel")** to be printed and displayed in school premises for the month of October; and



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- c. use of official hashtags:
- #MentallyHealthyDepEd2025
 - #OplanKalusuganSaDepEd2025
 - #HearAndHereWithU2025
 - #WorldMentalHealthDay2025
 - #DepEd4WMHD2025
4. To further promote awareness, schools are also encouraged to:
- a. print and display **nationwide and local mental health crisis hotlines/helplines** in prominent areas of the school; and
- b. observe **"Ribbon Day" on October 10, 2025**, by wearing green ribbons to show support for the celebration of WMHD.
5. Materials and references for the observance may be accessed through:
- https://bit.ly/DepEd_SMHP_2025-Observances
- <https://lusog-isip.deped.gov.ph>
6. Expenses related to the conduct of these activities may be charged to **program support funds for the School-Based Mental Health Program (SMHP)** and other learner support funds, subject to usual accounting and auditing rules and regulations.
7. Submission of documentation and reports on conducted activities shall be made to the **School Health and Nutrition Section** on or before **October 31, 2025**, through shnbataan@gmail.com
8. Immediate and wide dissemination of this Memorandum is desired.

CAROLINA S. VIOLETA, EdD, CESO V
Schools Division Superintendent

Enclosure: As stated
Reference: As stated

To be included in the Perpetual Index
Under the following subjects

MENTAL HEALTH AWARENESS
LEARNERS

SO9/WJDS

09.02.2017 10:04:05

Number of hauls	<i>P. setiferus</i> (%)	<i>P. setiferus</i> + <i>P. setiferus</i> + <i>P. setiferus</i> (%)
1	10	5
2	30	10
3	50	15
4	70	18
5	85	20
6	95	22
7	100	23
8	100	24
9	100	25
10	100	26

[illegible]

to ensure that people have health insurance and to ensure that they have access to health services. The Government of the Philippines has a long history of providing health services to its people. The Government has a long history of providing health services to its people. The Government has a long history of providing health services to its people. The Government has a long history of providing health services to its people.

IV. EXPECTED OUTPUTS

The expected outputs of the project are:

- 1. A health insurance program for the poor.
- 2. A health insurance program for the poor.
- 3. A health insurance program for the poor.

V. AVAILABILITY OF FUNDS

The project is funded by the Government of the Philippines. The project is funded by the Government of the Philippines. The project is funded by the Government of the Philippines. The project is funded by the Government of the Philippines. The project is funded by the Government of the Philippines.

VI. POTENTIAL BENEFIT/CHALLENGE

The project has the potential to provide health insurance to the poor. The project has the potential to provide health insurance to the poor. The project has the potential to provide health insurance to the poor. The project has the potential to provide health insurance to the poor. The project has the potential to provide health insurance to the poor.

VII. CLEAR STATEMENT OF REQUEST/RECOMMENDED ACTION

The project is requested by the Government of the Philippines. The project is requested by the Government of the Philippines. The project is requested by the Government of the Philippines. The project is requested by the Government of the Philippines. The project is requested by the Government of the Philippines.

Annex A - List of health insurance programs in the Philippines. Annex A - List of health insurance programs in the Philippines. Annex A - List of health insurance programs in the Philippines. Annex A - List of health insurance programs in the Philippines. Annex A - List of health insurance programs in the Philippines.

Annex B - List of health insurance programs in the Philippines. Annex B - List of health insurance programs in the Philippines. Annex B - List of health insurance programs in the Philippines. Annex B - List of health insurance programs in the Philippines. Annex B - List of health insurance programs in the Philippines.

Annex C - List of health insurance programs in the Philippines. Annex C - List of health insurance programs in the Philippines. Annex C - List of health insurance programs in the Philippines. Annex C - List of health insurance programs in the Philippines. Annex C - List of health insurance programs in the Philippines.

Annex D - List of health insurance programs in the Philippines. Annex D - List of health insurance programs in the Philippines. Annex D - List of health insurance programs in the Philippines. Annex D - List of health insurance programs in the Philippines. Annex D - List of health insurance programs in the Philippines.

Annex E - List of health insurance programs in the Philippines. Annex E - List of health insurance programs in the Philippines. Annex E - List of health insurance programs in the Philippines. Annex E - List of health insurance programs in the Philippines. Annex E - List of health insurance programs in the Philippines.

If you are using the black and white printed format as for example used only
for printing, then it is recommended to use the following settings:

ANNEX A.

Display Picture Caption

1. On this World Mental Health Day, I **[Name]** from **[SDO or School]**, stand in solidarity with those who are struggling. By fostering compassion and understanding, I am **#HearAndHereWithU** to listen and support without judgement.

#MentallyHealthyDepEd2025

#OplanKalusuganSaDepEd2025

#WorldMentalHealthDay2025

#DepEd4NMHW2025



Republika ng Pilipinas

Department of Education

DepEd Division Office - Marikina City

MEMORANDUM

031-008089-2025-03-05776

ALL REGIONAL DIRECTORS AND BARMM EDUCATION MINISTER
ALL SCHOOLS DIVISION SUPERINTENDENTS
ALL OTHERS CONCERNED

TO :

MALCOLM S. GARMAN
DIRECTOR

FROM :

COMMEMORATION OF SCHOOL-BASED MENTAL HEALTH
OBSERVANCES 2025

DATE: September 16, 2024

Since the year 2000, the Department of Education (DepEd) has been actively promoting School-Based Mental Health and Well-Being Program (SBMHWBP) as a key component of its Comprehensive School-Based Health Program (CSBHP). The SBMHWBP is designed to implement the School-based Mental Health Program (SMHP) to provide a safe and healthy environment for learners in basic education by addressing their health and well-being through the provision of Learner Support Services (LSS) - School-Based Mental Health (SBMHWBP). It encourages Regional Offices (ROs), Schools Division Offices (SDOs) and schools to lead/conduct school-based activities throughout the whole month of October, as practicable, to commemorate the following observances:

- **World Suicide Prevention Day (WSPD)**, celebrated on September 10, 2024. The day is observed annually to raise awareness of mental health issues and "Changing the Narrative on Suicide" as the national Well-being Day (WBD).
- **World Mental Health Day (WMHD)**, celebrated on October 10, 2024. The day is observed to raise awareness of mental health issues and "Access to Services: Mental Health in Catastrophes and Disasters."

As part of these observances, DepEd encourages stakeholders and the community to participate in activities that promote the mental health and well-being of the learners. Recommended activities and services are:

- **Curricular and co-curricular activities**, including promotion initiatives during flag ceremonies and classroom activities for socialization. In the case of flag ceremonies and classroom activities, the emphasis is on raising awareness

and creating a safe and healthy environment for learners. The activities should be conducted on a regular basis, preferably after school hours, and should be designed to be gender and age appropriate. The activities should be conducted every two weeks. In addition to the activities, the RO provides the central or district set of activities, including mental health resources, provided necessary for the schools to implement the activities. The activities should be conducted on a regular basis, preferably after school hours, and should be designed to be gender and age appropriate.

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BY: _____

Republic of the Philippines
Department of Education

Office of the Regional Director - Region III

MEMORANDUM

OM-000095 2025-03 05716

TO: ALL REGIONAL DIRECTORS AND BARMM EDUCATION MINISTER
ALL SCHOOLS DIVISION SUPERINTENDENTS
ALL OTHERS CONCERNED

FROM: MALCOLM S. GARMA
Regional Secretary

SUBJECT: COMMEMORATION OF SCHOOL-BASED MENTAL HEALTH
OBSERVANCES 2025

DATE: September 26, 2025

Pursuant to the Anti-Bullying Act (RA 10627) and the Mental Health Act (RA 12314), the Department of Education (DepEd) is implementing the School-based Mental Health Program (SMHP) to provide services for mental health and learning in basic education. In this regard, this Office, through the Bureau of Learner Support Services (BLS3) and the Division Office (DO), encourages Regional Offices (ROs), Schools Division Offices (SDOs) and schools to lead/conduct school-based activities throughout the whole month of October, as practicable, to commemorate the following observances:

- World Suicide Prevention Day (WSPD), celebrated on September 10, 2025. The International Association for Suicide Prevention (IASP) has proclaimed "Changing the Narrative on Suicide" as the theme for WSPD on the 10th of 2025.
- World Mental Health Day (WMHD), celebrated on October 10, 2025. The theme for the World Health Organization (WHO) for Mental Health this year is "Access to Services: Mental Health in Catastrophes and Disasters."

DepEd encourages observances and activities during these stakeholders' observance months by holding activities during the month of October and by the end of the month. The observance activities should be in line with the Department's goals.

- Curricular and co-curricular activities, including promotion initiatives during flag ceremonies and classroom activities for socialization on flag observance and observance of the observance activities, as appropriate.

Participating schools are encouraged to hold activities in the form of flag ceremonies and assemblies, preferably after school hours. However, the observance activities may also be held during the standard break periods or during learning areas by up to ten (10) minutes. Schools may also hold co-curricular activities. Finally, the Department encourages that celebrations and observance activities may be proposed, provided that they are appropriate and reasonable. The observance activities should be planned, organized, and conducted by the school community.

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DepEd

By: _____
Secretary

