



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

OCT 03 2025

DIVISION MEMORANDUM

No. 435, s. 2025

**SDO SENIOR CITIZENS AND PERSONS WITH DISABILITIES
TRAINING SEMINAR 2025 [THRIVING AT EVERY AGE:
PROMOTING WELLNESS AND INCLUSION FOR
SENIORS AND PERSONS WITH DISABILITIES]**

To: Assistant Schools Division Superintendent
Chief Education Supervisors, CID and SGOD
Education Program Supervisors
Public Schools District Supervisors
Division Unit Heads
All Division Office Personnel
All Others Concerned

1. This Office announces the conduct of the **SDO Senior Citizens and Persons with Disabilities Training-Seminar 2025 [Thriving at Every Age: Promoting Wellness and Inclusion for Seniors and Persons with Disabilities]** on October 16-17, 2025 at Seorabeol Grand Leisure Hotel, Waterfront Rd, Subic Bay Freeport Zone, Zambales.
2. This activity aims to:
 - a. create a supportive and inclusive environment where Senior Citizens/Person with Disabilities can interact, share experiences, and build meaningful relationships with their peers;
 - b. provide opportunities for Senior Citizens/Person with Disabilities to express themselves creatively, manage stress, and develop coping strategies for emotional well-being; and
 - c. offer workshops and seminars on various topics to encourage continuous learning and personal growth among seniors and persons with disability participants.



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3. Enclosed to the Memorandum are the following:

Enclosure 1: List of Participants

Enclosure 2: Training Matrix

4. Expenses relevant to the conduct of this activity shall be charged against Division MOOE, while transportation expenses of the participants may be charged to other local funds subject to usual accounting and auditing procedures.
5. Participants are hereby advised to bring their own extension cords, and laptops.
6. This Memorandum shall serve as the Travel Authority of the participants.
7. Immediate dissemination of this Memorandum is enjoined.


CAROLINA S. VIOLETA, EdD, CESO V
Schools Division Superintendent

References: As stated

Encls.: As stated

To be indicated in the Perpetual Index

under the following subjects: Trainings and Seminar
SENIOR CITIZENS AND PERSONS WITH DISABILITIES

SO11/mbdc
10/02/2025



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CSC PRIME-HRM BRONZE AWARD



PHILIPPINE QUALITY STANDARD



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Enclosure No. 1 to the Division Memorandum No. _____, s. 2025

List of Participants

NO.	NAME	POSITION
Senior Citizen		
1	VIOLETA, CAROLINA S.	Schools Division Superintendent
2	PENAFLO, MILAGROS M.	Chief Education Supervisor
3	LAYUG, ROMEO M.	Education Program Supervisor
4	TUAZON, JACQUELINE C.	Education Program Supervisor
5	PANTIG, ROBERTO R.	Education Program Supervisor
6	CALMA, MILA D.	Education Program Supervisor
7	MENDOZA, RONIE S.	Public Schools District Supervisor
8	CARLOS, ARLENE S.	Public Schools District Supervisor
9	IGNACIO, PILAR C.	ADM Officer V
10	GUTTIEREZ, JOSEPHINE	ADA I
11	DE GUZMAN, CHARITO G.	Admin Assistant III
12	CAILANG, EDWINA A.	ADA I
13	RAGUDOS, IRENE M.	ADA I
14	SANTOS, JOHNNY J.	Dental Aide
PWDs		
15	MENDOZA, EVELYN V.	Education Program Supervisor
16	MANGUBAT, ARIEL	ADA
17	JAIME, SHERYL ANN B.	ADA IV
18	CRISOLO, MELANIE D.	ADA I
19	MARTONITO, MARIA FE P.	Administrative Assistant III
TWG		
20	Nurse on Duty	TWG
21	MANALANSAN, NICKO B.	TWG
22	MENDOZA, RAYMOND JOSEPH V.	Documentation
23	DURAN, HERMIE G.	Moderator
24	NUGUID, MARIEL E.	Registration Committee
25	GATDULA, JUDYLYN T.	Facilitator
26	DELA CRUZ, MISTY B.	Speaker
27	DR. ROBERTO B. LUNETA	Speaker
28	RUBINO, RUFINO V.	Speaker
29	NOCOM, JETHRO M.	Speaker



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Enclosure No. 2 to the Division Memorandum No. _____, s. 2025

**SDO SENIOR CITIZENS AND PERSONS WITH DISABILITIES
TRAINING SEMINAR 2025 [THRIVING AT EVERY AGE:
PROMOTING WELLNESS AND INCLUSION FOR
SENIORS AND PERSONS WITH DISABILITIES]**

October 16-17, 2025

Seorabeol Grand Leisure Hotel, Waterfront Rd, Subic Bay Freeport Zone,
Zambales.

Time	Day 1-October 16, 2025	Day 2-October 17, 2025	
8:00 AM-8:30 AM	Registration	Management of Learning Makabayan Song - AVP	• With Games and Break-out Activities
8:30 - 9:00 AM	Opening Program Preliminaries - AVP Opening Remarks - CAROLINA S. VIOLETA, EdD, CESO V Roll Call – JETHRO M. NOCOM	Prayer – AVP Energizer Presentation of Outputs	
9:00 -10:00 AM	Session 1 Speaker: Mood Setting MISTY B. DELA CRUZ EPS II	Session 3: Speaker: Testimonial DR. ROBERTO B. LUNETA	
10:00 AM -10:15 AM	Snacks	Snacks	
10:15 AM-12:00NN	Session 2 Speaker: "Building Resilience, Enhancing Capacities, and Strengthening Support Systems" JETHRO M. NOCOM SEPS	Continuation of Training "Wellness" Speaker: JETHRO M. NOCOM SEPS	• With Games and Break-out Activities
12:00 NN – 1:00 PM	LUNCH		
1:00 PM - 2:30 PM	Continuation of Training Energizer Session 3: "Creating Age- Friendly and Disability- Responsive Communities" Speaker: RUFINO V. RUBINO HT III	Continuation of Training "Inclusion" MISTY B. DELA CRUZ EPS II Evaluation	
2:30 PM – 3:00 PM	Snacks		
3:00-5:00	Training Break-out sessions	Closing Program	



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		Take away Commitment Setting – <i>Senior Citizens and PWDs</i> Closing Remarks – <i>DR. MILAGROS M. PENAFLOR</i> <i>Chief ES, CID</i> Awarding of Certificates Closing Program	
5:30 PM – 7:00 PM	DINNER		
EMCEE			HERMIE G. DURAN, EdD Moderator



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