

SOCIAL-EMOTIONAL LEARNING IN EVERY LEARNER

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Basically, the child's absorption of knowledge in school is vital for his development and growth. In addition to this, teachers must also work on for the child's social -emotional learning for the child to survive the challenges of daily life in school.

The so-called Social-Emotional Learning (SEL) is the procedure of honing the self-awareness, self-control, and interpersonal skill of an individual which are essential in facing the challenges in school, in doing work, and in fulfilling life attainment.

Those individuals who possess strong social-emotional skills become better in coping with everyday activities and may gain more in terms of academics, profession, and socialization. Beginning with the effectual solving of problems to attaining self-discipline, from emotional control to adjustment, Social-Emotional Learning (SEL) sets the cornerstone for optimistic and long-run impacts among young people, full-grown individuals, and groups.

Through the manifestation of Social-Emotional Learning (SEL), every learner can thrive. If someone knows oneself fully, knows how to manage one, and knows how to interact well with people, so many good possibilities may happen that will lead to development and progress.

Schools may possibly win when the learners are able to acquire Social-Emotional Learning (SEL). this means that the schools will be filled with learners that are cognizant, firm, and sociable. The said attributes contribute to the totality of each learner. Thus,

when the school yielded people who were trained with Social-Emotional Learning (SEL) then the result would be beneficial to the society as well.

It has future benefits. This connotes that Social-Emotional Learning (SEL) is not only used in school. This has several benefits in future undertakings like in further education, in work and in dealing with different kinds of people. It shows that SEL has several advantages that each learner may experience in the future.

Developing Social-Emotional Learning (SEL) in every learner may strengthens the society. This means that we will have people who are matured and well-adjusted in terms of emotions and in interacting with people. It is a society that is not only composed of skilled beings but also of socially and emotionally oriented individuals.

The school is such the best training ground to develop learners who are well-aware, well-directed and clubbable. This is because Social-Emotional Learning (SEL) is responsible in developing their social and emotional aspects.

The Official Website of DepED Division of Bataan

References:

What Is Social-Emotional Learning? Helping Everyone Thrive.

[https://www.cfchildren.org/what-is-social-emotional-learning/#:~:text=Social%20emotional%20learning%20\(SEL\),academically%2C%20professionally%2C%20and%20socially.](https://www.cfchildren.org/what-is-social-emotional-learning/#:~:text=Social%20emotional%20learning%20(SEL),academically%2C%20professionally%2C%20and%20socially.)

What is Social Emotional Learning (SEL): Why It Matters.

<https://www.nu.edu/blog/social-emotional-learning-sel-why-it-matters-for-educators/>