

ENHANCING FILIPINO LEARNING EXPERIENCES THROUGH HOLISTIC PEDAGOGY

by:

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Education is widely recognized as a key to unlocking success, as it opens numerous doors of opportunity for individuals. To maximize this potential, student should be offered a holistic learning experience that extends beyond academics, nurturing their overall development across intellectual, affective, interpersonal and physical realms thereby empowering them to reach their full potential.

Research by the PIDS reveals a strong link between a positive college experience and increased employability. The positive experience also posters a stronger sense of citizenship and greater life satisfaction among students. The study's findings support the value of holistic education in helping students reach their full potential. By adapting a holistic approach, educational institutions can better prepare students for successful careers and fulfilling life.

Co- curricular and extra- curricular activities play a vital role in holistic education, enabling students to explore their interests, develop new skills, and engage with others beyond the classroom. By connecting these activities to their academic studies, students can see the relevance and value of their education, leading to better academic performance and a stronger sense of purpose.

By advocating for holistic education, we can empower Filipino youth to thrive in the future. This approach provides learners with comprehensive opportunities to acquire technical skills and knowledge while also engaging in enriching real-life experiences that

poster their interests and passions. Within a supportive and nurturing environment, students can grow into self-motivated, independent and inquisitive learners.

Holistic education is a way of teaching that aims to develop the whole person, not just their intelligence or academic skills. It meets the needs of students in different areas such as: good relationship with others, self-worth and self-awareness, critical thinking and problem-solving skills, physical and mental well-being. In short, holistic education aims to help students become well- rounded individuals who can live meaningful and happy lives.

Remember, Developing the mind without cultivating the heart and character is a flawed approach to education.

References:

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