

BALANCING MULTIPLE ROLES: THE JOURNEY OF A TEACHER, SCHOOL NURSE, AND DISASTER RISK REDUCTION MANAGEMENT COORDINATOR

by:

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Some professions are difficult to balance, but some are fun and can be handled. Like being a teacher, it's fun, but sometimes it's hard to balance your other tasks. It's hard but fun, especially being a teacher, school nurse, and the special task of School Disaster Risk Reduction Management Coordinator. It's fun to feel like you can integrate different tasks into your lessons every day.

Being a teacher is called a noble profession; they say if you want to get rich, don't become a teacher. But money is not the only reason to be called rich; seeing that you enjoy what you do every day is already a treasure. In teaching a subject because you are a nurse, you can integrate your knowledge into it, like the different types of diseases that you can include in your topic in biology, starting from atoms, matter, tissues, organs, to organisms. You will discuss here what you can only learn in the school of nursing. Different types of diseases, what are the remedies, and what should and should not be done in case you have such a disease?

It's nice to be a school nurse. You will attend to the various complaints of your students and sometimes even your colleagues at work. You give them first aid for their complaints, such as headaches, stomach aches, toothaches, dizziness, nausea, vomiting, coughs and colds, and many other illnesses that they complain about in the clinic. Sometimes this is difficult because while you are in class, you are suddenly called to the clinic because a child has lost consciousness, has an epilepsy attack, or has difficulty breathing due to asthma. These are just other reasons why they are brought to the clinic.

Because you are a nurse, you know that the case they are complaining about is critical, so because you swore to help prolong life, you briefly say goodbye to your class so that the first appropriate aid can be given to the student who was brought to the clinic. It's hard because sometimes the clinic is far away and it's hot outside, especially since you have to leave an entire class to attend another one, but it's okay because lives are at stake here, so you'll do what's proper.

Being a School Disaster Risk Reduction Management Coordinator is a difficult and rewarding task. Because you share what you have learned about it with each class. You prepare them for disasters that can happen at any time, you teach them to be prepared and minimize the impact of the disaster on each other. As an SDRRM Coordinator, you conduct seminars on different types of disasters and teach everyone how to deal with them with full knowledge, and help especially their families. You also apply your knowledge as a nurse here, because you teach them the basic concepts of life support and first aid. This task is difficult and fun, but if you are happy with what you are doing, nothing will be difficult, especially if you see the fruits of your sacrifices, smiles on the faces of those you have shared your knowledge with. It feels very fulfilling.

The profession of a teacher is difficult and fun. You also have different tasks that will be given or assigned to you. But if you love your profession and you like what you do, there is no word difficult. Yes, you will not be rich literally by being a teacher, but you will be rich in the sincerity of your heart. Seeing your students succeed can be called wealth; seeing them share the knowledge they have learned with you can be called a great treasure that will never be stolen.

Being a teacher is hard, but it is also fun. Always be happy in what you do, and the word hard will suddenly disappear. Choose to be happy in everything you do.

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