

GMRC IN ACTION: PRACTICING RESPECT AND RESPONSIBILITY IN DAILY LIFE

by:

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It is impossible to overestimate the importance of values like kindness, integrity, and respect in the rapidly changing world of today. These are the cornerstones of a healthy society, not merely lessons learned in school. GMRC, or good manners and right conduct, is essential for forming people's personalities and teaching them how to coexist peacefully with others. Adopting GMRC in our daily lives not only makes us better people, but it also helps create a community that is more courteous and kind.

Good Manners and Right Conduct refers to a collection of principles and actions that uphold decent behavior, self-control, humility, compassion, and accountability. With the intention of assisting pupils in becoming decent citizens, these are taught in the classroom and reinforced at home. Saying "please" and "thank you," respecting elders, being honest even when it's challenging, lending a helping hand to those in need, and acting with civility and consideration are all examples of GMRC in action.

Using GMRC in daily life promotes positive relationships and strong character. A respectful atmosphere is produced when we act politely, which includes welcoming others, listening while others are speaking, and apologizing when we have acted inappropriately. Even when no one is around, acting morally enables us to make wise choices. It helps us develop self-discipline, which is important in life, at work, and in school.

People who constantly live with morals stand out in a culture when self-interest is common. They win people's esteem and trust. In their neighborhoods, schools, and families, they act as role models. GMRC is also crucial for conflict avoidance. When individuals are kind and understanding to one another, many miscommunications and conflicts may be avoided.

GMRC at home include helping out with tasks, talking properly, and showing respect for parents and siblings. It entails paying attention to teachers, working together with peers, and abiding by school regulations. It involves being a responsible citizen in the community, which includes disposing of trash correctly, obeying traffic laws, and showing kindness to strangers.

GMRC practice can occasionally be difficult, particularly under demanding or unjust circumstances. Maintaining civility when we are upset or disappointed requires work.

It is the duty of leaders, educators, and parents to provide an example of GMRC and mentor the next generation. In the end, though, it is up to each person to put it into practice and allow it to direct their behavior.

Following the regulations is only one aspect of adopting good manners and right conduct; another is living a purposeful life and showing respect for others. GMRC teaches us how to be responsible members of society, act with honor, and show kindness to others. A more tranquil, courteous, and compassionate environment may result from the ripple effect that we produce when we apply GMRC to our everyday lives. For the sake of our community as well as ourselves, let's make the daily decision to live by these principles.

References:

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