

Republic of the Philippines

Department of Education

REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

DIVISION MEMORANDUM

No. <u>283</u> , s. 2025

JUL 0 9 2025

MENTAL HEALTH AWARENESS: PROMOTING WELL-BEING AND RESILIENCE-PROGRAM IMPLEMENTATION REVIEW FOR SCHOOL HEALTH AND NUTRITION STAFF

To: Assistant Schools Division Superintendent Chief Education Supervisors Education Program Supervisors Public Schools District Supervisors Public Elementary and Secondary School Heads All Others Concerned

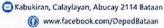
- This Office informs all concerned that the School Health and Nutrition (SHN)
 Unit, SDO Bataan, will conduct a Seminar-Workshop titled "Mental Health
 Awareness: Promoting Well-being and Resilience-Program
 Implementation Review for School Health and Nutrition Staff" on July
 10-11, 2025 at the Mansion Garden Hotel, Bonifacio St, Subic Bay Freeport
 Zone, Zambales.
- 2. The objectives of this activity are as follows:
 - to know that mental health matters just as much as physical health;
 - to understand that it's okay to not be okay and that they are never alone;
 - to learn how to take care of themselves in small, consistent ways; and
 - to find strength in their community and recognize their ability to bounce back from challenges.
- 3. Participants to this activity are the following:

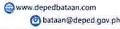
| Name | Designation | Office |
|-----------------------------------|-------------|--------|
| 1. Carolina S. Violeta EdD, ESO V | SDS | OSDS |
| 2. Armando C. Capili, EdD | ASDS | OSDS |
| 3. Ramon C. Perez | SGOD-CHIEF | SGOD |
| 4. Wilfredo Jr. D. Santos | ADA I | SHN |
| 5. Mharlon B. Ramos | ADA I | SHN |
| 6. Angelica V. Pantaleon | ADAS III | SHN |
| 7. Ma Lourdes DJ Gabaya | Nurse II | SHN |
| 8. Emily P. Cantillano | Nurse II | SHN |

















Republic of the Philippines

Department of Education

REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

| 9. Michelle V. Villaflores | Nurse II | SHN |
|-------------------------------------------|--------------|--------------|
| 10. Maria Bernadette A. Compañero | Nurse II | SHN |
| 11. Nona R. Mayoralgo | Nurse II | SHN |
| 12. Catherine D. Reyes | Nurse II | SHN |
| 13. Rowena S. Vanadero | Nurse II | SHN |
| 14. Irene A. Velasco | Nurse II | SHN |
| 15. Lalaine M. Navata | Nurse II | SHN |
| 16.Leslie L. de Jesus | Nurse II | SHN |
| 17.Larah May Dela Rosa | Nurse II | SHN |
| 18. Nerissa Valenzuela | Nurse II | SHN |
| 19. Maria Lourdes M. Cruz | Nurse II | SHN |
| 20. Joseph Sandy Santiago | Nurse II | SHN |
| 21.Ma. Arnie Reyes | Nurse II | SHN |
| 22. Annie Serrano | Nurse I | SHN |
| 23.Rina D. Esconde | Nurse I | SHN |
| 24. Allen Fe L. Garcia | Nurse I | SHN |
| 25. Michelle Calma | Nurse I | SHN |
| 26.Katrina B. Lacson | Nurse I | SHN |
| 27.Bernadeth D. Halili | Nurse I | SHN |
| 28. Monette G. Alba | Nurse I | SHN |
| 29. Darlene T. Teodoro | Nurse I | SHN |
| 30. Veronica L. Hacinas | Nurse I | SHN |
| 31. Beverly Reyes | Nurse I | SHN |
| 32. Princess Emil Sotto | Nurse I | SHN |
| 33.Rea Fatima D. Chico | Nurse I | SHN |
| 34. Marlene Joy Aguanta | Nurse I | SHN |
| 35. Juan Rafael Alberto Q. Tuazon | Nurse I | SHN |
| 36. Jennifer M. Alip, DMD | Dentist II | SHN |
| 37. Richelda H. Lucas, DMD | Dentist II | SHN |
| 38. Maritess T. Sinio | Dental Aide | SHN |
| 39. Jhonny J. Santos | Dental Aide | SHN |
| 40. Mary Ann T. De Guzman | Dental Aide | SHN |
| 41. Margaritte Nicole B. Guzman | Nutritionist | |
| 42. Roberto B. Luneta, MD | Speaker | |
| 43.Maria Lourdes L. Evangelista, MD, FPPA | | Psychiatrist |

















Republic of the Philippines

Department of Education

SCHOOLS DIVISION OFFICE OF BATAAN

| 44. Noel M. Laxamana, MD, FPAFP. FRSPH, DPCOM | Speaker | Medical Specialist IV |
|-----------------------------------------------|----------------------|-----------------------|
| 45.Nicko Manalansan | TWG ICT | ICT |
| 46.Francez Paulene Likwong | TWG - EPS II SMNE | SGOD |

- 4. Enclosed in this Memorandum is a copy of the Training Matrix.
- 5. Expenses for the meals and accommodation of the participants shall be charged against the School Governance and Operations Division MOOE funds.
- 6. This Memorandum shall serve as the Travel Authority of the participants.
- 7. Immediate and wide dissemination of this Memorandum is desired.

CAROLINA S. VIOLETA, EdD, CESO V Schools Division Superintendent A

Encl. as stated Reference: as stated To be indicated in the Perpetual Index Under the following subjects: MENTAL HEALTH AWARENESS SEMINAR-WORKSHOP SCHOOL HEALTH AND NUTRITION

SO12/WJDS 7













