

TEACHING THROUGH MUSIC

by:

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Teaching through music is encouraging and scholastic. Utilizing music as a teaching tool in any class creates an inspiring and motivating learning environment to the learners. Including music in the classroom can help the instructor present and instruct the material. Likewise, it doesn't require a special training or lavish resources. According to the philosopher Plato, " Everything is given life by music, which also gives the mind wings, the imagination flight, and the universe a soul."

Based on studies, music can be useful in dealing with chronic pain, reduce blood pressure or even boost our immunity. Likewise, music affects human cognitive capabilities and learning. Hence, music was unveiled as a potential factor for improving the learning process and knowledge retention among learners.

Kids love music. It is important for a teacher to realize that it is a great way to catch the class attention. Instead of having a usual and traditional way of delivering a lesson, why not try some sort of game-based or show-based instruction. The teacher may use the concepts of "The Voice," "Your Face Sounds Familiar," "Song Tanong," and the like. These are novelty yet interesting because it will surely get your class into fun while learning.

Why, then, should educators take music into account in the classroom? According to Peterson (2021), here are the reasons:

Learning is accelerated by music because it is a great way to improve the way information is absorbed and because it is a broad and effective way to create learning experiences that are much more effective.

Music helps learners to memorize learning material because with a regular enactment of chants, teachers can support learners of all ages to remember and hold new information.

Music enriches learning experiences by activating the information emotionally, physically and mentally, the multi-sensory interface with information can aid the teachers to generate a highly concentrated students may take in a lot of knowledge fast.

Music motivates learners to focus because it can set a rhythm to assist learners achieve a greater state of concentration. Baroque music such as composed by Hendal, Bach and Telemann can help learners achieve a focused atmosphere. Experts claimed that Mozart music is better during afternoon sessions when learners are usually tired and less motivated.

It's a good idea to play music as students enter the classroom because it will create a positive atmosphere right away. This helps to create a friendly environment.

Individuals connect and grow more empathetic toward one another through music, which fosters a feeling of community since it can help individuals become more receptive to other cultures and viewpoints.

Music fosters individual expression and stimulates creativity for learners are inspired of writing songs about learning material which allows them to express their feeling about it. Similarly, music aids students in developing role-playing exercises in which they collaborate with movement to convey abstract ideas.

Alegria (2017) emphasized that as educators, we want to appropriately challenge our learners, promoting higher-order thinking as we meet the curriculum standards. Music is one great tool to engage our learners and lead a way for linkages and deeper understanding. Remember that music opens the door towards creativity.

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