

## HOW TO DEVELOP GOOD READING HABITS

by:

**Mary Rose M. Tungol**

*Teacher II, Adamson Elementary School*

The recent result and findings on the researches and studies depicted an alarming result to Filipino students. A great number of senior high school students are functionally illiterate. It paints the nation in not so good standing. How are our future leaders going to perform their duties if they are functionally illiterate? This calls for considerable actions. However, we can start at the earliest stage possible. How are we going to develop good reading habits?

Start at home.

Yes. It begins at home. Guide the children to love books. Join them and guide them in reading poems, short stories, etc. If at home, they learn to read, there is a higher chance of developing it in school, too.

Limit the use of gadgets.

Instead of spending almost their entire day on gadgets, why not be involved in more meaningful activities. Board games, physical activities, household chores- let them be exposed with these things.

Introduce good books.

Books should not only be found in school. It is better to have them readily available at your home, too. Bible stories, fairy tale, folk tales, local literatures- these are just some of the books which the children can get acquainted to.

Develop a reading time.

Why not have an allotted time for reading? Every day, for fifteen minutes, you can let them read something and share it with the family. In this way, routine is being developed and strengthened.

Conduct library visits/library tours.

In doing this, the children will be familiarized to more the books, to the surroundings, to the ambience of library. They can see that they are also other people who love reading books.

Give books as gifts.

This is a good gift idea. Instead of giving them clothes, (which some are just stocked in the closet), or toys, (which may break easily), why not give them as books which can help them?

Let them share about something about what they have read.

In doing so, we can develop two things-reading comprehension, and communication skills. They understand what they are reading, at the same time, they are able to express themselves.

Developing reading habit at home may not be easy. It takes commitment. However, the moment you see its result, it can greatly be satisfying.

*References:*

<https://independentbookreview.com/2021/12/03/how-do-you-develop-a-reading-habit-at-home/>

<https://www.understood.org/en/articles/8-tips-to-help-young-kids-develop-good-reading-habits>

depedbataan.com

The Official Website of DepED Division of Bataan