



Republic of the Philippines  
**Department of Education**  
REGION III  
SCHOOLS DIVISION OFFICE OF BATAAN

MAY 08 2025

**DIVISION MEMORANDUM**

No. 183, s. 2025

**INTENSIVE TRAINING IN PREPARATION FOR 2025 PALARONG PAMBANSA**

To: Assistant Schools Division Superintendent  
Chief Education Supervisors  
Education Program Supervisors  
Public Schools District Supervisors  
Public and Private Elementary and Secondary School Principals  
All Others Concerned

1. This Office announces the conduct of Intensive Training from May 10 to 19, 2025, at San Ramon Elementary School, in preparation for the 2025 Palarong Pambansa, which is scheduled from May 21 to June 2, 2025, in Laoag City, Ilocos Norte.
2. The objectives of the intensive training are as follows:
  - a. To improve the physical conditioning, skills, and techniques of athletes in various sports, ensuring peak performance during the 2025 Palarong Pambansa;
  - b. Develop Mental Toughness and Teamwork: To cultivate resilience, focus, and a strong sense of camaraderie among athletes, preparing them mentally and emotionally for the challenges of the competition; and
  - c. Identify and Address Areas for Improvement: To assess each athlete's strengths and weaknesses, and provide targeted coaching and support to address any gaps in skills or fitness before the competition.
3. Athletes, Coaches, Chaperones, Trainers, Medical Staff, and Training Staff are required to report on the said training. Further, they are required to bring the following:
  - a. Beddings – 2 bed sheets, pillows, mosquito net
  - b. Eating paraphernalia/Kitchen Utensils
    - Spoon and Fork
    - Drinking Glass/Tumbler
    - Cup/Soup Bowl
  - c. Sports/Training Gear Paraphernalia
    - T-shirts/Sandos





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- Shorts/Jogging pants
  - Gloves
  - Rubber Shoes
  - Racquet
- d. Toiletries
- Bath Soap
  - Towel
  - Shampoo
  - Toothbrush and Toothpaste
4. Attached to this Memorandum are the following:
- *Enclosure No. 1 - List of Athletes, Coaches, and Trainers*
  - *Enclosure No. 2 – List of Training Staff*
5. All delegates must adhere to the provisions stipulated in DepEd Order No. 40, s. 2012 titled "DepEd Child Protection Policy" and DepEd Order No. 55, s. 2013 titled "IRR of Republic Act No. 10627 Anti-Bullying Act of 2013". As such, coaches, assistant coaches, and chaperones shall be held responsible for the protection, welfare, and safety of their pupil/ student-athletes. In compliance with the said orders, the following guidelines shall be observed in the conduct of each sports event:
- a. Coaches, chaperones, and trainers are responsible for the conduct of their delegation, especially when their team/s are competing at any time of the day.
  - b. Any athletes, coaches, chaperones, and trainers involved in any altercation, especially physical, shall be banned from any future athletic competitions, and the player on the team shall be suspended for the entire duration of the present Palarong Pambansa.
6. The Policy in Comprehensive Tobacco Control under DepEd Order No. 48, s. 2016 shall likewise be strictly observed.
7. Service credits shall be granted to all teachers involved in the 2025 CLRAA Meet following **DepEd Order No. 13, s. 2024** titled "Revised Guidelines on the Grant of Vacation Service Credits for Teachers" and **Civil Service Commission – Department of Budget and Management Joint Circular No. 2, s. 2015**, re: Policies and Guidelines on Overtime, Services and Overtime Pay for Government Employees, respectively. On the other hand, non-teaching personnel shall be granted Compensatory Time-Off (CTO) per




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**CSC-DBM Joint Circular No. 2 s. 2004** on Non-Monetary Remuneration for Overtime Service Rendered.

8. SDO Bataan delegates are expected to maintain **cleanliness, discipline, and orderliness**, whether inside or outside the billeting quarters and training venues.
9. This Memorandum shall serve as the Travel Authority of the participants.
10. Immediate dissemination of this Memorandum is desired.
11. For information, guidance, and compliance.

  
**CAROLINA S. VIOLETA, EdD, CESO V**  
Schools Division Superintendent 

Enclosure: As stated  
Reference: As stated  
To be indicated in the Perpetual Index  
Under the Following Subjects:  
ELEMENTARY  
SECONDARY  
SPORTS  
STUDENTS

  
SD 13/RMI  
May 8, 2025



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**Enclosure No. 1 to Division Memorandum No. \_\_\_\_, s. 2025**

**List of Athletes, Coaches, Chaperones, and Trainers**

NO	NAME	EVENT	DESIGNATION	SCHOOL
1	ALKHARDS A. CUEVAS	ARNIS SB	ATHLETE	LIMAY NHS SHS
2	FRITZ CHARLES A. LANSANG	ARCHERY SB	ATHLETE	LIMAY NHS SHS
3	ARCHIE F. ABOLA	ATHLETICS SB	ATHLETE	LIMAY NHS, LIMAY
4	JARREN ANDREI D. DE LEON	TABLE TENNIS SB	ATHLETE	ORANI NHS PARANG PARANG, ORANI
5	ALLEN M. PANGILINAN	TABLE TENNIS SB	ATHLETE	ST. NICOLAS SC, MARIVELES
6	JERRY AUDRIC E. LUMANOG	TAEKWONDO SB	ATHLETE	MNHS CAMAYA, MARIVELES
7	AARON T. PALACIO	TENNIS SB	ATHLETE	SAMAL NHS, SAMAL
8	ELIJAH P. BUGAY	VOLLEYBALL SB	ATHLETE	UNC BATAAN, DINALUPIHAN
9	PAUL BRANDON N. ROQUE	VOLLEYBALL SB	ATHLETE	UNC BATAAN, DINALUPIHAN
10	JOHN CARLO ARIOLA	WRESTLING SB	ATHLETE	MNHS SISIMAN, MARIVELES
11	ANGELO D. AGUSTIN	WRESTLING SB	ATHLETE	MNHS CAMAYA, MARIVELES
12	JOHN MICHAEL O. AGUILAR	WUSHU SB	ATHLETE	MNHS POBLACION, MARIVELES
13	VHE ANNE D. VERGARA	ATHLETICS SG	ATHLETE	PAGALANGGANG NHS, DINALUPIHAN
14	CESCA MARIE D. ABAO	BASKETBALL SG	ATHLETE	JEAGMHS, ORION
15	ALEYAH GATUNA	FUTSAL SG	ATHLETE	MARIVELES NHS CABCBEN, MARIVELES
16	LOVIE JOY C. RAMOS	SWIMMING SG	ATHLETE	LIMAY NHS, LIMAY
17	LOVIE RYEN C. RAMOS	SWIMMING SG	ATHLETE	LIMAY NHS, LIMAY
18	JANNAJ ROSE G. ALARCON	TABLE TENNIS SG	ATHLETE	THE PENINSULA SCHOOL INC., LIMAY
19	IRIS C. BALTAZAR	TABLE TENNIS SG	ATHLETE	STA. LUCIA HS, DINALUPIHAN
20	ANGEL S. OSCARES	TABLE TENNIS SG	ATHLETE	ORANI NHS PARANG PARANG, ORANI
21	RHEALYN N. AFABLE	WRESTLING SG	ATHLETE	MNHS POBLACION, MARIVELES
22	PRINCESS LHIRA PONES	WRESTLING SG	ATHLETE	MNHS POBLACION, MARIVELES





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23	ERICA GARCIA	WRESTLING SG	ATHLETE	MNHS CAMAYA, MARIVELES
24	JUAN GABRIEL V. ESCARTIN	SWIMMING EB	ATHLETE	WOODFIELD ACADEMY OF BATAAN INC., ABUCAY
25	KURT LORENZ S. PADUA	TENNIS EB	ATHLETE	LIMAY ES, LIMAY
26	RYAN AYL V. CRISOSTOMO	TENNIS EB	ATHLETE	ALASASIN ES, MARIVELES
27	MARILYN M. PILONGCO	ARNIS EG	ATHLETE	BAYVIEW ES, MARIVELES
28	GYRA MITCH D. ANGELES	ARNIS EG	ATHLETE	BAYVIEW ES, MARIVELES
29	ALEXZY VENISSE C. OAING	TENNIS EG	ATHLETE	ARSENAL ES, LIMAY
30	DEEJAY T. ALARVA	PARAGAMES	ATHLETE	ORANI NHS MAIN, ORANI
31	FATIMA ANGELINE REMORIN	PARAGAMES	ATHLETE	LIMAY NHS, LIMAY
32	MONICA R. ODAD	PARAGAMES	ATHLETE	BAGAC ES, BAGAC
33	CHRISTIAN JHAY A. GAMUEDA	PARAGAMES	ATHLETE	MAGSAYSAY NHS, DINALUPIHAN
34	JAYCER TYRU P. ROMAN	PARAGAMES	ATHLETE	LIMAY ES, LIMAY
35	MARVY V. REYES	TABLE TENNIS SB	COACH	ORANI NHS PARANG PARANG, ORANI
36	JEROME D. BANDONG	WRESTLING SB	COACH	MNHS CAMAYA, MARIVELES
37	JEROME JOHN T. AQUINO	TABLE TENNIS SG	COACH	ORANI NHS PARANG PARANG, ORANI
38	JEANETTE PEÑAFLOR	TABLE TENNIS SG	CHAPERONE	DINALUPIHAN ES, DINALUPIHAN
39	JOHN CARLO TELLO	WRESTLING SG	COACH	MNHS POBLACION, MARIVELES
40	CLARENCE S. ESTELLA	TENNIS EB	COACH	ALASASIN ES, MARIVELES
41	HEIDI N. GATCHULA	ARNIS EG	COACH	BAYVIEW ES, MARIVELES
42	JUDITH V. MILLER	PARAGAMES	COACH	ORANI NORTH ES, ORANI
43	IRMA P. FLORES	PARAGAMES	CHAPERONE	BAGAC ES, BAGAC
44	MARIVIC L. EVANGELISTA	PARAGAMES	COACH	MAGSAYSAY NHS, DINALUPIHAN
45	MARCIANO M. BASAS	WRESTLING SG	TRAINOR	MARIVELES
46	JESSIE DE SOSA	TABLE TENNIS SG	TRAINOR	ORANI



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**Enclosure No. 2 to Division Memorandum No. \_\_\_\_, s. 2025**

**List of Training Staff (Intensive Training)**

**May 10 – 19, 2025**

1	SGOD Chief/DSO	Ramon C. Perez
2	EPS – MAPEH	Ma. Theresa C. Perez
3	LRP/Planning Officer III	Nico M. Mangaliman
4	Security Officer/HTIII	Edelmar De Leon
5	LRP/PDO I	Rojomel M. Idquival
6	NURSE ON DUTY	
7	NURSE ON DUTY	
8	Kitchen Staff Chairman	Evelyn V. Mendoza
9	Kitchen Staff Member	Rogelio Artuz
10	Kitchen Staff Member	Salvador Dio
11	Kitchen Staff Member	Marco Parungao
12	Kitchen Staff Member	Cezar Macam
13	Kitchen Staff Member	Reynan Macuroy
14	Kitchen Staff Member	Leny Jimenez
15	Training Staff (Athletics)	Ramil Magpantay
16	Training Staff (Swimming)	Marianne Gallardo
17	Training Staff (Archery)	Alvin Versoza