

IMPLEMENTING POSITIVE DISCIPLINE IN EDUCATIONAL SETTINGS: A STUDY ON STUDENT DEVELOPMENT AND ACADEMIC SUCCESS

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A positive discipline, also known as classroom management strategy plays a strong emphasis on helping and motivating self-control and providing a safe environment and encouraging learning place for educators. It is a way to manage the classroom without the use of any violence and abuse to the learners. A study done in an international school in Cairo by Elkadi and Sharaf (2023), constructive discipline greatly improves the learners' academic performance and overall well-being. Positive discipline improves students' skills, capabilities, and learning styles, in accordance to the study, which included quantitative methods such as surveys given to students in grades 3–5 and 6–12. Significantly, younger kids (grades 3–5) showed more advantages than older students (grades 6–12), indicating that the efficacy of positive discipline techniques varies with age (Elkadi & Sharaf, 2023).

Implementing positive discipline strongly needs teamwork between teachers, school leaders and of course, parents to create a shared plan for helping the students grow and learn in a positive manner. Using this positive discipline isn't about letting the learners do whatever they want; instead, it helps them learn self-control and become lifelong learners which is the most important thing. This learning approach respects children's rights to grow up safely and healthily, and it encourages them to be actively involved in their own education. By using helpful methods instead of punishment, positive discipline helps build stronger relationships between teachers and students, which can lead to better academic results (Durrant, 2010).

Some research has shown and proven those students who practice discipline are more likely to stay focused on their learning goals, use their time wisely, and show a strong desire to succeed in school. Simba et al. (2016) discovered that discipline has a positive connection with academic performance among primary school students in Kenya. The study revealed that disciplined students are mentally prepared for schoolwork, which increases their motivation to achieve and improves the overall performance of the learners. Additionally, educators often recognize and reward disciplined behavior, helping students develop a positive view of themselves and encouraging them to perform better academically (Simba et al., 2016).

The connection between positive discipline and better grades shows that it's a good alternative to traditional methods that focus on punishment. Ren and Ma (2017) highlighted that positive discipline has many benefits, such as better relationships between students and teachers and fewer students dropping out. It helps create a respectful and supportive classroom where children can grow in all ways while dealing with behavior problems in a helpful way. This matches the main goal of schools to help students succeed academically and feel good emotionally (Ren & Ma, 2017).

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