



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

DIVISION ADVISORY
No. 088, s. 2025

APR 03 2025

MENTAL HEALTH AND AWARENESS TRAINING FOR LEARNERS

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Division Learner Formation Focal Persons
Division Mental Health Coordinator
School Project Development Officers
All Others Concerned

This Office informs all concerned that DepEd Regional Office III through the Education Supports Services Division (ESSD) will conduct the Mental Health and Awareness Training for Learners with the theme "Building Resilience: Nurturing Mind, Body, and Spirit" on April 7 - 10, 2025 (Batch 6, 2025) at Hacienda Gracia Resort and Hotel, Lubao, Pampanga.

Additionally, student-leader participants (see attached list of participants) will be excused from their classes, provided they obtain parental consent (see enclosed parental consent form), and their safety must be ensured.

This Advisory serves as the travel authority for the concerned participants. (see enclosed list of participants)

The organizers will provide board and lodging; however, transportation expenses incurred for the event will be charged to the School Maintenance and Other Operating Expenses (MOOE) or other available funds, subject to the usual accounting and auditing rules and regulations.

Attached is a copy of the Regional Memorandum No. 107, s. 2025 for further details and inquiries.


CAROLINA S. VIOLETA, EdD, CESO V
Schools Division Superintendent

Encl.: as stated
SO13/RMI
March 31, 2025



Kabukiran, Calaylayan, Abucay 2114 Bataan
www.facebook.com/DepEdBataan

www.depedbataan.com
bataan@deped.gov.ph

"We Mould Heroes"





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REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

MENTAL HEALTH AND AWARENESS TRAINING FOR LEARNER PARTICIPANTS

1	DIVISION LEARNER FORMATION	ROJOMEL M. IDQUIVAL	SDO BATAAN
2	NON-TEACHING PERSONNEL	MARY ANN C. ROXAS	SDO BATAAN
3	NON-TEACHING PERSONNEL	JENGKIE B. GONZALES	DINALUPIHAN WEST
4	NON-TEACHING PERSONNEL	RICO CALMA	ORION
5	NON-TEACHING PERSONNEL	JERICO G. CRUZ	PILAR
6	NON-TEACHING PERSONNEL	JUDY ANNE M. TUYOR	LIMAY
7	NON-TEACHING PERSONNEL	ROSELYN PUNZALAN	SAMAL
8	DIVISION MENTAL HEALTH COORDINATOR	MARIA LOURDES CRUZ	SDO BATAAN
9	ADOLESCENT REPRODUCTIVE HEALTH (ARH) FOCAL PERSON	LALAIN M. NAVATA	SDO BATAAN
10	SHS LEARNERS	MIYORE KYLE P. MORALES	PAGALANGGANG NHS
11	SHS LEARNERS	JACEL N. RONQUILLO	PAGALANGGANG NHS
12	SHS LEARNERS	PAULLA MAGNO	PAGALANGGANG NHS



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13	SHS LEARNERS	ACE ESMILLA	PAGALANGGANG NHS
14	SHS LEARNERS	JOSH CLAINNE V. ANGELES	PAGALANGGANG NHS
15	SHS LEARNERS	YZABELLA VICTORIA C. MAULLON	BNHS-PARANG
16	SHS LEARNERS	ALEXANDER V. UMANDAP	BNHS-PARANG
17	SHS LEARNERS	MANUEL E. TARICRICAN	BNHS-PARANG
18	SHS LEARNERS	ANDREI A. LEVARDO	BNHS-PARANG
19	SHS LEARNERS	KRISNOEL ZEE D. PANGANIBAN	BNHS-PARANG
20	SHS LEARNERS	Anne Rochealle L. Marcelo	Sta Lucia HS
21	SHS LEARNERS	John Curvey Rodrigo	Sta Lucia HS
22	SHS LEARNERS	Jenny Anne Paguio	Sta Lucia HS
23	SHS LEARNERS	Jervin M. Bacani	Sta Lucia HS
24	SHS LEARNERS	Marky P. Tajonera	Sta Lucia HS
25	SHS LEARNERS	Cedrick R. Medina	Samal National HS- Main
26	SHS LEARNERS	Allysa Riparip	Samal National HS- Main
27	SHS LEARNERS	Elizabeth Khadie T. Cañaveral	Samal National HS- Main
28	SHS LEARNERS	Charlton Harvey B. Catahan	Samal National HS- Main
29	SHS LEARNERS	Princess Elysha S. Peralta	Samal National HS- Main
30	SHS LEARNERS	MAE ANN AQUINO	PAGALANGGANG NHS
31	SHS LEARNERS	XHYRRA MEISSA GERONG	PAGALANGGANG NHS
32	SHS LEARNERS	GLENN CEY G. PAMINTUAN	HERMOSA NHS
33	SHS LEARNERS	ABDUL EMPINADO	ORANI NHS MAIN



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34	SHS LEARNERS	VALERIE CABILTES	MARIVELES SENIOR HIGH SCHOOL - SITIO MABUHAY
35	SHS LEARNERS	ANGEL JOYCE PAYUMO	LUAKAN NHS
36	SHS LEARNERS	KHMER ZHELDON AQUINO	LUAKAN NHS
37	SHS LEARNERS	JAIMERE SCOTT C. BORGONIA	LUAKAN NHS
38	SHS LEARNERS	CLARENCE CHARLES DABU	LUAKAN NHS
39	SHS LEARNERS	RIZDEL LINTAG	LUAKAN NHS
40	SHS LEARNERS	AERVIN NYL L. ELPALAN	E.C. BERNABE NHS
41	SHS LEARNERS	LOUISSE ANGELA P. PAMINTUAN	E.C. BERNABE NHS
42	SHS LEARNERS	PRECIOUS D. BASICAL	E.C. BERNABE NHS
43	SHS LEARNERS	FLOYD C. ALONZO	E.C. BERNABE NHS
44	SHS LEARNERS	CLARAIN LIA AURA MENCIAS	E.C. BERNABE NHS
45	SHS LEARNERS	PINKY THERESE M. TOLENTINO	BATAAN SCHOOL OF FISHERIES
46	SHS LEARNERS	VIENCY AYESA ASIBOQUE	BATAAN SCHOOL OF FISHERIES
47	SHS LEARNERS	DIANNE ROSE TOYOGON	BATAAN SCHOOL OF FISHERIES
48	SHS LEARNERS	JESUSA FATE L. SAN JOSE	BATAAN SCHOOL OF FISHERIES
49	SHS LEARNERS	CHARLES ALLEN LOON	BATAAN SCHOOL OF FISHERIES
50	SHS LEARNERS	PRECIOUS JAYNE I. BAMAN	PAGALANGGANG NHS
51	SHS LEARNERS	HANNAH KATE E. DIESTA	PAGALANGGANG NHS
52	SHS LEARNERS	REYNIER JIAN T. ROMERO	PAGALANGGANG NHS
53	SHS LEARNERS	JOYCE ANN SALAZAR	PAGALANGGANG NHS



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54	SHS LEARNERS	ESTHER NICOLE DOMINGO	PAGALANGGANG NHS
55	SHS LEARNERS	JOHAN JHERIC B. BUENSUCESO	HERMOSA NHS
56	SHS LEARNERS	MARHIAN ABYSS AYOP	HERMOSA NHS
57	SHS LEARNERS	CASSANDRA J. PINEDA	HERMOSA NHS
58	SHS LEARNERS	JAYVIE DHENZ G. MACASPAC	HERMOSA NHS
59	SHS LEARNERS	KIAN TOBIAS PAGHUBASAN	HERMOSA NHS
60	SHS LEARNERS	AIRA P. CASTRO	BALSIK NHS
61	SHS LEARNERS	MARK AZIEL F. AQUINO	BALSIK NHS
62	SHS LEARNERS	RAYAN C. PASTORIL	BALSIK NHS
63	SHS LEARNERS	EARL DAVID T. DAGAL	BALSIK NHS
64	SHS LEARNERS	CARL LAURENZ M. IBASCO	BALSIK NHS
65	SHS LEARNERS	JAMILLE M. CATABAY	MARIVELES NHS MALAYA
66	SHS LEARNERS	JOAQUINE A. MORANIO	MARIVELES NHS MALAYA
67	SHS LEARNERS	JERIC Y. ANDAYA	MARIVELES NHS MALAYA
68	SHS LEARNERS	RHEA MAE A. SAMUEL	MARIVELES NHS MALAYA
69	SHS LEARNERS	RYAHM ARGEM B. BARRIOS	MARIVELES NHS MALAYA
70	SHS LEARNERS	PRINCESS ROSE R. MONTAÑO	ROOSEVELT NHS
71	SHS LEARNERS	RHANDEL EUSEBIO	ROOSEVELT NHS
72	SHS LEARNERS	JOHN CYRUS MANLAPAT	ROOSEVELT NHS
73	SHS LEARNERS	CHARICE MAE C. SINSIN	ROOSEVELT NHS
74	SHS LEARNERS	FRANCINE GRACE NAPALAN	ROOSEVELT NHS
75	SHS LEARNERS	TRISTAN JAY D. LUCAS	HERMOSA NHS



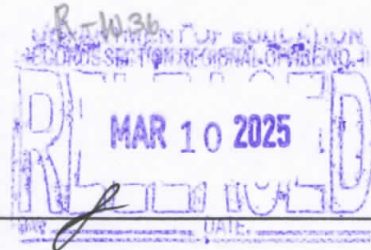
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76	SHS LEARNERS	RAY ALDRIN B. PAESTE	HERMOSA NHS
77	SHS LEARNERS	LEE YANNE T GUTIERREZ	HERMOSA NHS
78	SHS LEARNERS	CHRISTINE CLAIRE P. UGARTE	HERMOSA NHS
79	SHS LEARNERS	KRISHA LEE I. SALO	HERMOSA NHS
80	SHS LEARNERS	TRISTAN JAMES PAJUNAR	MARIVELES NHS – POBLACION
81	SHS LEARNERS	PRINCESS XANDRINA BARRACA	MARIVELES NHS – POBLACION
82	SHS LEARNERS	JOHN BRIX R. FUNILAS	LAMAO NHS
83	SHS LEARNERS	JUDE DALE L. ARIOLA	LAMAO NHS
84	SHS LEARNERS	ARIHEM DELFIN	LAMAO NHS
85	SHS LEARNERS	LLEON RHOB HERNANDEZ	LAMAO NHS
86	SHS LEARNERS	CHEALSEA CORTEZ	LAMAO NHS
87	SHS LEARNERS	GLENNA MAE ARANDA	LAMAO NHS
88	SHS LEARNERS	MAECHETTE H. GARCIA	LAMAO NHS
89	SHS LEARNERS	CATHERINE ROSE MILLET	LAMAO NHS
90	SHS LEARNERS	JUAN ALESSANDRO SANTIAGO	LAMAO NHS
91	SHS LEARNERS	ALEXIS A. ALVAREZ	LAMAO NHS

Urgent



Republic of the Philippines
Department of Education
REGION III-CENTRAL LUZON



REGIONAL MEMORANDUM

No. 109 s. 2025

MENTAL HEALTH AND WELLNESS TRAINING FOR LEARNERS

To : Schools Division Superintendents
Chiefs, School Governance and Operations Division (SGOD)
Division Youth Formation Coordinators
Division Mental Health Coordinators
All Others Concerned

1. Pursuant to Republic Act No. 11036 also known as Mental Health Act of 2018, stipulated under Section 25 states that "Educational institutions such as schools, colleges, universities, and technical schools to raise awareness on mental health issues, identify and provide support services for individuals at risk, and facilitate access, including referral mechanisms of individual with mental health conditions to treatment and psychosocial support.

2. In line with this, the Department of Education (DepEd) Regional Office III through the Education Supports Services Division (ESSD) will conduct the **Mental Health and Wellness Training for Learners** with the theme "**Building Resilience: Nurturing Mind, Body, and Spirit**" at Hacienda Gracia Resort and Hotel, Lubao, Pampanga. Refer to ANNEX A on the schedule of each Schools Division Office and the number of participants.

3. The primary objective of this activity is to provide great opportunity to promote mental health and emotional wellbeing, prevent mental health problems and support learners who are experiencing emotional difficulties.

Specifically, this activity aims the following.

a. Educate learners about mental health, common mental health conditions, and the importance of mental wellness;

b. Break the stigma surrounding mental health issues and encourage learners to seek help when needed;

c. Provide strategies and techniques for coping with difficult emotions, managing stress, and overcoming challenges in healthy ways; and

d. Create a supportive culture where mental health is prioritized and learners can seek support without fear of judgment enabling them to lead more balanced and fulfilling lives.

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QR Code.



Address: Matalino St. D.M. Government Center, Maimpis,
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Telephone Number: (045) 598-8580 to 89

Email Address: region3@deped.gov.ph

Website: <https://region3.deped.gov.ph/>



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4. The participants in this activity are the following. In addition, the Division Learner Formation Coordinators in collaboration with Division Mental Health Coordinators are requested to submit the list of participants from their respective division using the attached template through this link: <https://tinyurl.com/mental-healthbatch1> on or before five days of their respective batch.

- a. SHS Learners;
- b. Division Youth Formation Coordinators;
- c. Division Mental Health Coordinators;

d. Project Development Officers or other non-teaching personnel assigned in school handling mental health programs, projects and activities

5. Further, the Division Learner Formation Coordinators in collaboration with Division Mental Health Coordinators are requested to secure the Parent Consent and Waiver Form of all learner participants and submit using the attached template via this link: <https://tinyurl.com/mental-healthbatch1> on or before five days of their respective batch.

6. In connection to this activity, to showcase the entrepreneurial skills of the learners, each Schools Division Office is requested to set up two “entrep booths” (size 2 meters x 2 meters) and for the art session learner-participants are requested to bring the following.

- a. Canvas size, 30 cm x 40 cm
- b. 2 pencils
- c. 1 sharpener
- d. 2 paint brush
- e. 12 different poster colors paint

7. Board and Lodging shall be provided by the organizer; however, the travel and other incidental expenses of the participants shall be charged against the downloaded program support funds of learner formation/mental health program if available and/or available local funds/School MOOE subject to the existing government accounting and auditing rules and regulations.

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8. This Memorandum shall serve as the Travel Authority of the Program Management Team and its Committees, DepEd Resource Persons, Learner's Counselling Facilitators.
9. For inquiries and clarifications, you may directly communicate to **Dr. Ginno Jhep A. Pacquing**, Project Development Officer IV at ginnojhep.pacquing@deped.gov.ph
10. For information and compliance.

RONNIE S. MALLARI, PhD, CESO V
Regional Director

Encl.: PMT, Schedule, Parent Consent
References: None
To be indicated in the Perpetual Index
under the following subjects:

MENTAL HEALTH
LEARNERS

ESSD 1/spp1
March 7, 2025

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Annex A

Schedule of School Division Office and Number of Participants

Division	SHS Learners	Youth Formation (PDO in School and Division)	Division Mental Health Coordinators	Total
Batch 3: March 17-20, 2025				
SDO Nueva Ecija	82	7	1	90
SDO Gapan City	82	7	1	90
SDO Cabanatuan City	82	7	1	90
Batch 4: March 24-27, 2026				
SDO Zambales	82	7	1	90
SDO Olongapo City	82	7	1	90
SDO Malolos City	82	7	1	90
Batch 5: March 31, 2025- April 3, 2025				
SDO Bulacan	82	7	1	90
SDO Meycauayan City	82	7	1	90
SDO San Jose Del Monte City	82	7	1	90
Batch 6: April 7-10, 2025				
SDO Bataan	82	7	1	90
SDO Balanga City	82	7	1	90

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SDO Baliwag City	82	7	1	90
Batch 7: May 13-16, 2025				
SDO Aurora	82	7	1	90
SDO San Jose City	82	7	1	90
SDO Science City of Muñoz	82	7	1	90

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PROGRAM MANAGEMENT TEAM

- Chairperson : **SAMMY P. SAMPANG**
Chief Education Supervisor
Education Support Services Division
- Vice-Chairperson : **GINNO JHEP A. PACQUING**
Project Development Officer IV
Education Support Services Division
- Member : **CRISEL P. VIRAY**
Nutritionist and Dietician II
Education Support Services Division

RESOURCE PERSONS FROM DEPED

LIZA MARIE NERY

OIC- Education Program Supervisor
Curriculum Learning and Management Division

RANIELL T. LOPEZ

Teacher I
Tarlac National High School

IAN CARLO L. PANZO

Teacher I
Corazon C. Aquino High School

KEVIN RUSSEL D. BATARA, RGC

Guidance Counselor III
SDO Pampanga
Floridablanca National Agricultural School

MAY C. CRUZ, RGC

Head Teacher II
SDO Tarlac City
Maliwalo National High School

MARSHA F. MOJICA, RGC

Division Guidance Coordinator
SDO Olongapo City

AIRENE P. DAYRIT PHD, RGC, RPM, LPT

Senior Education Program Specialist

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Division Guidance Coordinator
Child Protection Specialist
SDO City of San Fernando

LEARNER COUNSELLING FACILITATORS

MA. JOSEPH PATRICK ENRIQUEZ, RGC

Education Program Supervisor-Values Education
Curriculum Learning and Management Division

JOCELYN JOSEFINA S. MIRANDA RGC

Guidance Counselor II
Northville High School

LEONORA DS. MANGINSAY, LPT, RGC

Guidance Counselor III
Emigdio A. Bondoc High School

RACHEL GRENAS RGC

Guidance Coordinator III
Sto. Domingo Central School

CZERR ODRANOEL FELAIRE RGC

Guidance Counselor II
Olongapo City National High School

MEDICAL TEAM

LEONCIO DEL CORRO

Regional Dentist III
Education Support Services Division

AUSTIN A. PASAMONTE

Nurse II
SDO Pampanga

ANITA C APOSTOL

Nurse II
SDO Bulacan

YOLANDA JIMENEZ

Nurse II
SDO Bulacan

STEPHANIE M. CARLOS

COS-Nurse II
Education Support Services Division

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REGISTRATION AND LOGISTICS TEAM

WILMA R. DAVID

Administrative Assistant I
Education Support Services Division

DANTE C. DUMPA JR.

Technical Assistant I
Education Support Services Division

ADRIEL FRANCIS P. SISON

Technical Assistant I
Education Support Services Division

EUNICE DAVID

Technical Assistant II
Education Support Services Division

TECHNICAL/PROGRAM TEAM

BRYAN L. VICENTE

Senior Education Program Specialist
HRDD-NEAP

MILCON M. VALENCIA

Administrative Assistant III
HRDD-NEAP

HANNAH JANE G. QUITOR

Data Encoder
HRDD-NEAP

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PARENTAL CONSENT AND WAIVER FORM

I, _____, as the parent or guardian of _____.
Hereby acknowledge that I have been informed of the details of the conduct of the Mental Health and Wellness Training for Learners with the theme "Building Resilience: Nurturing Mind, Body, and Spirit" on _____, batch no. _____ at 9:00 a.m at Hacienda Gracia Resort and Hotel, Lubao, Pampanga.

I understand that the Department of Education (DepEd) Regional Office III through the Education Support Services Division (ESSD) shall implement the minimum public health standards set by the government to minimize the risk of the spread of contagious diseases, but it cannot guarantee that my son/daughter will not become infected with highly contagious disease.

Voluntary Participation

I acknowledge that my son/daughter participation in this activity is completely voluntary. My son/daughter may decline to participate or withdraw from the participation at any time for any reason. Declining or withdrawal of participation will not result in any penalty or loss of benefits or reduction of any basic right to which my son/daughter is entitled.

Documentation

I confirm that I give full permission in any recording or picture taken of my child during the conduct of this event and to use some or all of my child's images/contribution/performance in any publication (including electronic publications such as film or website) created by or for DepEd Regional Office III and to release this material to DepEd R3 official platforms.

Confidentiality

I am aware that any information that will be given during the activity will be kept strictly confidential, and personal information will be treated in accordance with the Data Privacy Act of 2012. I am assured that the information about my child will not be shared outside of the implementation team. My child's name will not be used when data from this activity is analyzed.

I hereby confirm that I agree and understand the commitment of my child as a participant. I also understand and will support my child's endeavor to meet the expectations, guidelines and responsibilities to his/her fellow participants and to the DepEd Regional Office III.

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To the extent allowed by law and rules, I hereby agree to waive, release and discharge all claims, causes of action, damages, and rights against the school/division/regional office and its personnel as well as officials and personnel of the DepEd Regional Office III relative to the conduct of the activity.

With full understanding, I- on behalf of myself, my household members, and my child/ren-hereby freely and voluntarily give my consent to my child's participation in the activity on the Mental Health and Wellness Training for Learners with the theme "Building Resilience: Nurturing Mind, Body, and Spirit" on _____, batch no. _____ at 9:00 a.m at Hacienda Gracia Resort and Hotel, Lubao, Pampanga.

I also attest that I had sought the views of my child and he/she has expressed a willingness to participate in the activity.

Contact details for questions or concerns

For any concerns and clarifications, you may contact the DepEd Regional Office III- Education Support Services Division (ESSD) through the telephone Number: (045) 598-8580 to 89 and email address at region3@deped.gov.ph.

_____ Signature of Parent/Guardian over Printed Name	_____ Contact number
_____ Name of the Learner/s	_____ Date

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Mental Health and Wellness Training for Learners
"Building Resilience: Nurturing Mind, Body, and Spirit"
Hacienda Gracia Resort and Hotel, Lubao, Pampanga.

CONFIRMATION FORM

Division: _____

Date/Batch no: _____

No		Name of the participant	School/Station	Contact Person	Parent/Guardian Contact number
	Division Learner Formation / PDO in School				
	Division Mental Health Coordinator				
	SHS Learners				

Prepared by;

Division Learner Formation Coordinator

Recommending Approval:

Chief, SGOD

Approved:

Schools Division Superintendent

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Mental Health and Wellness Training for Learners
"Building Resilience: Nurturing Mind, Body, and Spirit"

9:00 a.m. at Hacienda Gracia Resort and Hotel, Lubao, Pampanga.

Day 1:		
Time	Activity	In charge
8:00 AM-9:00 AM	Arrival of Guests and Participants ✓ Attendance and Verification of Participants ✓ Room Assignment ✓ Distribution of Kits	Program Management Team
9:00 AM- 9:15 AM	Opening Salvo	Select Learners
9:16 AM- 9:20 AM	Acknowledgment of Participants	Program Management Team
9:20 AM- 9:25 AM	National Anthem Prayer DepEd RO III March Awit ng Rehiyon Tatlo	Audio Visual Presentation
9:25 AM- 9:30 AM	Welcome Message	SAMMY P. SAMPANG Chief Education Supervisor Education Support Services Division
9:30 AM – 9:35 AM	Words of Inspiration	RONNIE S. MALLARI, PhD, CESO V Regional Director DepEd Central Luzon
9:35 AM – 9:45 AM	Message of Support Audio Visual Presentation	DR. MIGUEL ANGELO S. MANTARING Director IV Bureau of Learner Support Services (BLSS)
9:45 AM- 12:00 NN	Wellness through MAD (Music, Arts and Dance)	

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9:45 AM-10:40 AM	The Power of Music Therapy: Enhancing Mental Health and Well-being"	LIZA MARIE NERY OIC- Education Program Supervisor Curriculum Learning and Management Division
10:40 AM-11:20 AM	The Power of Arts Therapy: Enhancing Mental Health and Well-being"	RANIELL T. LOPEZ Teacher I Tarlac National High School
11:20 AM-12:00 NN	The Power of Dance Therapy: Enhancing Mental Health and Well-being"	IAN CARLO L. PANZO Teacher I Corazon C. Aquino High School
Health Break		
1:00 PM- 5:00 PM	Learning Set-up: Coping Mechanisms for Senior High Learners	
1:00 PM- 2:30 PM	Psychological First Aid (PFA)	DR. MAILA S. ROSTRATA, DPCOM, MPH Medical Officer IV Department of Health Region III
2:30 PM- 3:30 PM	Talking with Learners about Human Immunodeficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (AIDS)	To be determined by DOH R3
3:30 PM- 4:30 PM	Youth Resilience and Prevention on Teenage Pregnancy	To be determined by DOH R3
6:00 PM- 8:00 PM	Enhancing Deep Relationship to God through Spiritual Formation	REV. FR. JULIUS JOHN ANGELO MA. M. DAYANDANTE, MMHC Parish Priest
Day 2:		
8:00 AM- 9:00 AM	Preliminaries	Program Management Team

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9:00 AM-9:10 AM	Wellness Activity	MA. JOSEPH PATRICK ENRIQUEZ, RGC Education Program Supervisor-Values Education Curriculum Learning and Management Division
9:00 AM-5:00 PM	Kalyenegosyo Entrep Clinic	DEAN HENRY FRANCISCO S. TENEDERO Dean, Life Skills Program St. Clare College Caloocan MR. JORGE WEINEKE Co-Founder of Potato Corner
9:00 AM-10:00AM	Entrep Mindset Doctor Understanding the entrepreneurial mindset and overcoming fears.	DEAN HENRY FRANCISCO S. TENEDERO Dean, Life Skills Program St. Clare College MR. JORGE WEINEKE Co-Founder of Potato Corner
10:00 AM-11:00 AM	Product Development Doctor Refining business concepts and developing viable products	DEAN HENRY FRANCISCO S. TENEDERO Dean, Life Skills Program St. Clare College MR. JORGE WEINEKE Co-Founder of Potato Corner
11:00 AM-12:00 NN	Business Finance Doctor Learning about funding sources, cost management, and financial strategies.	DEAN HENRY FRANCISCO S. TENEDERO Dean, Life Skills Program St. Clare College MR. JORGE WEINEKE Co-Founder of Potato Corner
Health Break		
1:00 PM- 1:10 PM	Management of Learning	Program Management Team

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1:10 PM- 2:10 PM	Marketing Doctor Guidance on branding, promotions, and reaching the right audience	DEAN HENRY FRANCISCO S. TENEDERO Dean, Life Skills Program St. Clare College MR. JORGE WEINEKE Co-Founder of Potato Corner
2:10 PM- 3:40 PM	Panel Discussion with Real-Life Entrepreneurs Successful business owners will share their personal journeys, insights, and lessons learned in building their careers.	DEAN HENRY FRANCISCO S. TENEDERO Dean, Life Skills Program St. Clare College MR. JORGE WEINEKE Co-Founder of Potato Corner
3:40 P- 5:00 PM	Entrepreneurship Lecture Sessions Students will have the opportunity to visit different Business Doctors throughout the day to deepen their understanding of various business aspects.	DEAN HENRY FRANCISCO S. TENEDERO Dean, Life Skills Program St. Clare College MR. JORGE WEINEKE Co-Founder of Potato Corner
Day 3:		
8:00 AM- 9:00 AM	Management of Learning	Program Management Team
9:00 AM- 9:10 AM	Wellness Activity	MA. JOSEPH PATRICK ENRIQUEZ, RGC Education Program Supervisor-Values Education Curriculum Learning and Management Division
9:10- AM- 5:00 PM	Mental Health and Wellness Sessions (Simultaneous Activity)	

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	MODULE 1 Perception of Mental Illness Activity 1. Perception of Mental Health Activity 2. Stigma Activity 3. Famous People with Mental Illness	KEVIN RUSSEL D. BATARA, RGC Guidance Counselor III SDO Pampanga Floridablanca National Agricultural School MAY C. CRUZ, RGC Head Teacher II SDO Tarlac City Maliwalo Nationa High School MARSHA F. MOJICA, RGC Division Guidance Coordinator SDO Olongapo City AIRENE P. DAYRIT PHD.,RGC,RPM LPT Senior Education Program Specialist Division Guidance Coordinator Child Protection Specialist SDO City of San Fernando
	MODULE 2 What Is Mental Illness? Activity 1. Fact or Fiction? Activity 2. Prevalence of Mental Illness Activity 3. Stress Reaction	KEVIN RUSSEL D. BATARA, RGC Guidance Counselor III SDO Pampanga Floridablanca National Agricultural School MAY C. CRUZ, RGC Head Teacher II SDO Tarlac City Maliwalo Nationa High School MARSHA F. MOJICA, RGC Division Guidance Coordinator SDO Olongapo City AIRENE P. DAYRIT PHD.,RGC,RPM LPT Senior Education Program Specialist Division Guidance Coordinator Child Protection Specialist SDO City of San Fernando
	MODULE 3 Mental Health Continuum Activity 1. What to Notice	KEVIN RUSSEL D. BATARA, RGC Guidance Counselor III SDO Pampanga Floridablanca National Agricultural School MAY C. CRUZ, RGC Head Teacher II

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	Activity 2. When To Be Concerned Activity 3. What to Do?	SDO Tarlac City Maliwalo Nationa High School MARSHA F. MOJICA, RGC Division Guidance Coordinator SDO Olongapo City AIRENE P. DAYRIT PHD.,RGC,RPM LPT Senior Education Program Specialist Division Guidance Coordinator Child Protection Specialist SDO City of San Fernando
	MODULE 4 Special Concerns Activity 1. Discussing Suicide Activity 2. Psychological First Aid	KEVIN RUSSEL D. BATARA, RGC Guidance Counselor III SDO Pampanga Floridablanca National Agricultural School MAY C. CRUZ, RGC Head Teacher II SDO Tarlac City Maliwalo Nationa High School MARSHA F. MOJICA, RGC Division Guidance Coordinator SDO Olongapo City AIRENE P. DAYRIT PHD.,RGC,RPM LPT Senior Education Program Specialist Division Guidance Coordinator Child Protection Specialist SDO City of San Fernando
Day 4:		
8:00 AM- 9:00 AM	Management of Learning	Program Management Team
9:00 AM- 10:00 AM	Awarding of Certificate and Words of Gratitude	JESSIE L. AMIN, EdD, CESO V Assistant Regional Director DepEd Central Luzon
Photo Opportunity		

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