WHY IS READING IMPORTANT?

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Reading is the ability or skill which enable us to interpret text. But is it important?

Reading skill is one of the skills that we need to development which is fundamental as we grow. We can acquire reading skills by entering to school, or even by home schooling, but further we know there are many benefits in reading.

First, it serves as an exercise to the brain. It is an activity that help our brain to comprehend the text we are reading. It also broadens our imagination about the different topics we read and having an active brain will lower the chance of having mental disorder such as Alzheimer's disease.

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Second, reading help us to have a good communication with the people around us, through reading we encounter unfamiliar words, and as we look for its definition it widens our vocabulary which lead us to have deeper understanding. Reading helps us established a good communication because we can understand what the people are talking to.

Third benefit of reading is it serves as entertainment or relaxation to others. There are people who travel as they read. The reader experienced what the character had in the story, the emotion was transfer because they feel what the character felt in the different situation, in short reading really affects its reader and it also brings us to different place that we haven't been before. While there are some who use reading as escape to their boredom or whenever they felt stressed, in this way it helps them to calm down.

Another benefit of reading is it impart us with good values, not only the religious book but in most book. The book tells us that every problem has a solution, if the problem is not yet solved then it is not yet the end. It helps us to appreciate the people around us and see the goodness in everyone. It also gives us hope, that in every situation we are facing right now will soon end and we will have our own happy ending.

Lastly, reading make us sound intellectual because as we read, we learn new thing. And when we talk to other people around us, we can establish a good discussion with them because reading broaden our understanding of the world and we know what to say.

Reading is not only about interpreting text, but it also helps us to become a better version of ourselves and it connect us to the world because we become updated on the happenings to the different part of the world. So, let's continue reading, loved and enjoyed reading and let's grow together.

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References:

Why is Reading Important? 13 Benefits for Readers