

## BALANCING TRADITIONAL AND MODERN TEACHING METHODS: FINDING THE RIGHT MIX

*by:* **Melanie C. Nacional** 

Teacher III, Lamao Elementary School

In the field of education, teaching is an art and science that continues to evolve to meet the needs of learners in the modern age. The combination of traditional and modern teaching methods becomes important to achieve more effective learning results. Incorporating these methods not only expands teachers' strategies but also provides more opportunities for students to reach their full potential.

Traditional teaching methods, which usually focus on lecture-based instruction, textbook learning, and tests, have important aspects that should not be ignored. Through these examples, learners learn fundamental concepts and knowledge necessary for their academic progress. Having a systematic study behavior, such as taking notes and taking tests, helps learners to be disciplined and organized.

One of the main benefits of the traditional method is that it provides a clear structure to the learning process. Teachers can plan their lessons in a logical sequence, making it easier for learners to understand complex topics. Quizzes and assignments also give learners an opportunity to gauge their understanding and identify areas that need further study.

On the other hand, modern teaching methods provide innovative strategies that adapt to the needs of the current generation. The use of technology, such as interactive whiteboards, online resources, and educational applications, makes learning easier and more engaging. Modern methods often focus on the active participation of learners,

## depedbataan.comPublications The Official Website of DepED Division of Bataan

giving them the opportunity to make better use of their natural abilities to create and experiment.

The use of modern technologies also provides greater access to information and resources. Learners can interact with experts from different parts of the world, and gain more insight into their subjects. Collaborative tools like Google Classroom provide a platform for easier sharing of materials and ideas, which promotes teamwork and creativity.

The integration of traditional and modern methods results in a holistic approach to teaching. The traditional foundation of learning provides a rigid foundation, while modern methods bring flexibility and innovation. Using these methods together becomes more effective in targeting different learning styles of learners. Teachers who combine traditional techniques such as lecture-based instruction with modern strategies such as interactive activities can create a dynamic learning environment.

The combination of traditional and modern teaching methods results in a more complete learning experience for learners. Traditional methods provide a solid foundation, while modern strategies bring innovation and stimulation to learning. The smooth integration of these two methods not only expands opportunities for learning but also provides higher levels of engagement and development for learners. In this way, education becomes more effective and better adapted to the needs of the present and future.

References:

https://www.ressjournal.com/Makaleler/1261510042\_4.pdf

https://itopia.com/balancing-traditional-teaching-methods-with-technology-integration-in-the-classroom/

## lepedbataan.com

The Official Website of DepED Division of Bataan