

## RESILIENCE IN TEACHING

by:

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Amid the unstoppable and uncontrollable changes and innovations in the field of education, teachers need to employ the attribute of resilience. This is to stay strong, flexible, responsive, goal-oriented, and adaptive to the demands of people and calls of time.

It is coping despite the challenges, difficulties, adversities, obstacles, or hindrances in the performance of one's duties and responsibilities.

A teacher who applies resilience in teaching must be strong. This is having the courage to face the changes brought by technology and the new policies affecting the educational system. Being resilient means having the strength to hurdle the difficulties being faced and to emerge victorious in every test.

Resilience is also shown through being pliant or flexible. As a teacher, it is proven that he or she is versatile enough to display flexibility in the workplace. The teacher who is flexible can perform varied tasks because the duty calls for it. It is remarkable that the teacher always shows flexibility in the instructions and other related responsibilities.

A resilient teacher is responsive to the current situation. This means that the teacher employs the necessary actions to resolve a certain situation. This also entails that teachers must address the demands of the teaching profession and must attend to the needs of the learners. Responsiveness is essential in manifesting that you are resilient in applying the possible solutions or actions.

In times of difficulties or challenges, a teacher must be resilient in setting goals. This means that whatever the hindrances that may come, the teacher is firm with the proper direction, most especially in the provision of quality service and education for the learners. There must be a contingency plan to survive in times of adversity.

The resilient teacher must be adaptive. This means the employment of the necessary measures to continue the course of the delivery of education for the learning of the students. It is using the different modes or ways to meet the expectations and to accomplish the mission.

Whatever the circumstances may be, a teacher must apply resilience to be able to emerge as successful despite the trials and adverse events that serve as obstacles in the implementation of actions in the field of instructions.

Always remember that the priority of education is the learner, and teachers must be resilient to serve him or her better, or even to the best that teachers can do.

The Official Website of DepED Division of Bataan

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