

IMPROVING STUDENTS' STUDY HABITS

by:

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Basically, a good study habit entails a quiet space to study, having a necessary break, making goals, and having tests exercises. But this could be improved on the part of every learner in order to contribute in the attainment of a good academic performance in school.

A teacher may advise a learner to look for a good place to study. It is advisable to have a location that is free from noise and at the same time has the comfort to stay because a learner needs a clear space to spend time in studying.

Another thing that a teacher may advise to the learner is to avoid any kind of distractions during the time. Having no distraction could increase the concentration and will avoid any unnecessary gaps that would hinder the studying process.

The teacher should tell the learner to achieve the most adequate study time. Having ample time for the studying period would help in attaining full learning of any lesson or competency being required in school.

Another good advice is to set a good schedule for studying. This connotes that a learner should set a good schedule time in dealing with the school lessons. Have the time that is most feasible in order to avoid any hindrances.

The teacher may suggest the learner to set a goal for each study session. Goals are vital in order to have targets in studying. If there are objectives to be achieved in every study session, better achievements could be obtained.

There are times the group study is helpful. Group study promotes collaboration or sharing of ideas. There are ideas being shared by others and these could help the members of the group to learn more knowledge and information.

The learner should be advised to have a regular test practice. The benefit of a regular practice is deemed necessary because the learner is able to gain mastery of a certain skill or competency.

The learner should also have to spend time in research. Searching the internet and reading books are very essential nowadays. These could add more knowledge and information. Further, spending time in research would also develop the attribute of resourcefulness.

The teacher may be the source of ideas on how a student could improve his or her study habits and each suggestion may be considered for better learning.

References:

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