

GROUP STUDY VS ONE-ON-ONE APPROACH

by:

Marilyn D. Aguilos

Teacher II, Pita Elementary School

The difference between group study and the one-on-one approach lies in the dynamics of interaction, learning styles, and effectiveness. Group study involves a gathering of individuals with a common goal to learn and understand a subject matter collectively. This approach allows for diverse perspectives, collaboration, and shared knowledge. On the other hand, the one-on-one approach focuses on individualized attention where a learner receives personalized guidance from an instructor or tutor.

In terms of interaction, group study fosters communication skills as learners engage in discussions, debates, and sharing ideas. It encourages active participation and helps develop teamwork abilities. Conversely, the one-on-one approach offers undivided attention to an individual's specific needs and learning pace. It allows for tailored instruction that addresses personal strengths and weaknesses.

Learning styles also play a significant role in choosing between these approaches. Group study benefits auditory learners who thrive in discussions and verbal exchanges. Visual learners might struggle in this setting as they prefer visual aids or written materials for better comprehension. The one-on-one approach caters to different learning styles by adapting teaching methods accordingly.

Effectiveness is another aspect to consider when deciding between group study or one-on-one instruction. Group study promotes critical thinking skills through exposure to various perspectives and fosters collaborative learning; however, it may be challenging to maintain focus due to distractions within the group dynamic. In contrast, the one-on-one approach ensures undivided attention, personalized feedback, and tailored

instruction, leading to better concentration, improved comprehension, and a deeper understanding of complex concepts.

To sum up, both group study and the one-on-one approach have their merits depending on individual preferences and goals. Group study encourages collaboration while fostering communication skills among peers; whereas the one-on-one method provides personalized attention tailored to specific learning styles resulting in enhanced concentration and comprehension capabilities for individuals seeking focused guidance.

References:

John Dunlosky, et.al. (2013) Improving Students' Learning with Effective Learning Techniques

https://pcl.sitehost.iu.edu/rgoldsto/courses/dunloskyimprovinglearning.pdf

Oxford Learning (2018, November 26). Studying in Groups vs Studying Alone: Which is Better? https://www.oxfordlearning.com/studying-alone-vs-studying-in-a-group/

