

ADVOCATING GREEN LIVING AND SUSTAINABILITY

by:

Alvin S. Pastelero

Teacher II, Nagbalayong National High School

As a teacher, I vividly remember a visit to a breathtaking beach in our vicinity where I was dismayed to observe plastic litter scattered across the shoreline. Witnessing the profound impact of human irresponsibility on nature was truly distressing. This experience heightened my awareness of the urgent need to educate my students about sustainability and eco-friendly practices. I aim to instill in them an understanding of how seemingly small choices, like reducing waste, conserving energy, and preserving the environment, can significantly impact our planet. By imparting these values, I hope to empower them to become the generation that actively contributes to the restoration and protection of our environment.

The chief objective of green living and sustainability is to mitigate environmental impacts by promoting resource preservation, energy efficiency, and mindful consumption. This entails embracing sustainable transportation methods such as walking, cycling, or using electric vehicles, along with water conservation practices. It also encompasses utilizing renewable energy sources, reducing waste through composting and recycling efforts. Additionally, making sustainable food selections is crucial for minimizing resource utilization and carbon footprints, which may involve opting for plant-based diets and locally sourced foods.

Additionally, sustainable practices encompass a wide range of actions, such as utilizing eco-friendly products, constructing green buildings, and supporting ethical fashion enterprises. Achieving long-term sustainability involves not only bolstering local economies and participating in community-led initiatives, but also enhancing public

awareness of environmental issues. By embracing these lifestyle choices, both individuals and groups can contribute to the creation of a more sustainable and harmonious world.

To foster eco-friendly behaviors, instill a sense of social responsibility, and raise environmental awareness, it is essential for students to acquire knowledge about sustainability and environmentally friendly practices. Early education in these domains equips children with problem-solving skills to address global environmental challenges, prepares them for careers in green industries, and empowers them to make a meaningful difference in creating a more robust and sustainable world. By understanding the impact of their actions, students are better prepared to lead mindful lives and play a role in preserving the environment for future generations.

If students do not advocate for sustainable and green living practices to address environmental issues like pollution, resource depletion, and climate change, these problems will exacerbate, leading to severe consequences for future generations. Failure to participate actively may result in persistent ecosystem harm, species extinction, and diminished living standards due to deteriorating air, water, and natural resources. The construction of a more resilient and eco-conscious world becomes unattainable without the adoption of sustainable practices, limiting opportunities for innovation in environmentally friendly sectors. Their current inactivity may ultimately result in irreversible damage to the planet.

In the end, the teacher's role extends beyond just conveying facts and numbers; it involves cultivating a sense of responsibility and empowerment in our students to empower them as catalysts of positive change. This entails safeguarding our environment's beauty and ensuring a brighter future for generations to come through the adoption of green living and sustainable practices. By collaborating and taking incremental steps, we have the potential to create a significant difference.

References:

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