

THE IMPACT OF MOTIVATION

by:

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Motivation plays a super important role in how well students learn in school in the Philippines. It helps them pay attention, gets them interested in the lessons, and makes them want to work towards specific goals. When pupils are motivated, they're way more likely to do well in school and be active in class. Motivation is what drives us to do things, whether it's studying for an exam or pursuing a career. It's what keeps us going even when things get tough. In the Philippine educational system, motivation comes in different forms. Some pupils are motivated by their parents' expectations, while others are driven by their personal goals or interests.

It's no secret that motivation is a big deal in education. According to Reyes (2020), motivated pupils are really into learning, they're proud of what they accomplish, and they have a healthy self-esteem. They're always trying their best to make their teachers and classmates happy, and they're willing to put in the work to succeed. On the other hand, pupils who are unmotivated might be feeling down or having a hard time at school for lots of different reasons, both inside and outside of the classroom.

In the Philippines, education also plays a huge role in shaping a person's future. It's where we learn various skills and knowledge that will help us succeed in life. But have you ever wondered why some pupils seem to do better than others despite having the same resources and teachers? One factor that could have a significant impact on their performance is motivation.

The impact of motivation on pupils' grades and how well they do in class is huge, right here in our country. Research by Santos (2018) found that pupils who were

motivated tended to get better grades and be more involved in class activities. They were more likely to keep trying when things got hard and to ask for help when they needed it. According to Santos (2018), teachers play a big role in creating an environment where pupils feel inspired and excited to learn. Teachers who are fair, show they care about their pupils, and are enthusiastic about the subject matter tend to motivate their pupils more. Plus, having a classroom that's fun and safe can help make pupils want to learn even more (Reyes, 2020). Motivation matters a ton for pupils here in the Philippines.

As teachers, it's important for us to be sensitive to these kinds of situations and try to help those pupils feel more comfortable and supported in the classroom. We can do this by giving them gentle encouragement and being patient with them. It's not about forcing them to like something they don't want to do, but rather about finding ways to make learning fun and interesting for them.

Motivation plays a vital role in a way that students and teachers play in creating a positive learning environment and feel motivated to do their best (vice versa). In addition to all of that, research has shown that students' intrinsic motivation is super important for their success in school. Deci and Ryan (1985) explain that intrinsic motivation comes from inside the student themselves, and it means they really enjoy learning and finding out new things just for the sake of it. When students are intrinsically motivated, they're more likely to keep working hard and achieving their goals, even when there aren't any rewards or consequences involved. This kind of motivation is connected to how students feel about their autonomy, their sense of competence, and their relationships with others. Also, creating a supportive and positive learning environment that encourages students' intrinsic motivation is crucial for their success in school. As teachers, we can help foster this kind of motivation by being understanding and patient with our students, and by finding ways to make learning fun and engaging for everyone in the classroom.

In the Philippine education system, it's really important for teachers to inspire students to be self-motivated. There are lots of ways to do this, like giving them learning

experiences that are meaningful and relevant to them, letting them have more control over their own learning, and creating a classroom environment where they feel supported and work well together. Feedback is also super important for keeping students motivated. It's like a pat on the back that lets them know how they're doing and what they can improve on. Hattie and Timperley (2007) say that feedback should be timely, specific, and focus on the task or process, not the person. Giving students constructive feedback that highlights their strengths and areas for growth can help them feel more motivated to work harder and do better. Another way to motivate pupils is by using goal-setting strategies. Locke and Latham (2002) say that setting clear, challenging goals can really boost motivation and help students stay focused on what they want to achieve. Teachers can involve students in setting these goals by making them realistic, specific, and easy to measure. Then, by checking in with them regularly and offering support along the way, teachers can keep the motivation going and help students succeed.

In my conclusion, motivation is super important for students to do well in school specially in our country nowadays. If students are motivated, they're more likely to be interested in learning, keep trying even when things are tough, and do well in their classes. As teachers, it's our job to create an environment that encourages motivation in our students. We can do this by understanding what makes them tick, giving them the support, they need, and using strategies like giving feedback, setting goals, and creating a positive classroom culture. By doing all of these things, we can help our students succeed and achieve their full potential in the Philippine educational setting.

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