

THE SIGNIFICANCE OF EXTRACURRICULAR ACTIVITIES IN STUDENT DEVELOPMENT

by:

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The provision of basic education to school pupils in including reading, speaking, writing, arithmetic, and character building is of primary concern to all teachers. It is the teacher's responsibility to ensure that every learner gets the right knowledge, skills and competencies towards holistic development. Most importantly they should be able to develop them to become people with good morals and character. Even though this is most often the case, learners at times get bored or uninterested in the classroom discussions, group work and lecturing sessions.

Tamayo (2020) emphasized that learning becomes more meaningful when students engage in learning opportunities outside the classroom, such as sports or scouting. He added that there is more to learning than just going to a classroom.

Anjali and John (2017) support the idea that extracurricular activities or play activities are crucial for children's holistic development. These activities contribute significantly to shaping personality and overall growth.

Research had shown that students who take part in extra-curricular activities tend to perform better in academics. So is the case, as they acquire certain skills like time management and learning how to juggle their interests and study, among others.

Extracurricular activities are essential for the overall growth of students. Through participation in these activities, students can improve their grades, acquire important skills for life, and create opportunities for socialization in their school. Although the importance of formal education is a matter of fact, the compliment of this restrictive

education in the form of extracurricular activities comes in invaluable in this case knowing very well that some skills are not taught in the classroom.

References:

“Impact of Extracurricular Activities on Academic Performance of Students at Secondary Level” Sahbiha Anjum

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