

STUDENT PEER COACHING: A CATALYST FOR HOLISTIC DEVELOPMENT

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The emphasis in education has evolved in recent years from more traditionally teacher-centered techniques to strategies that are more student-centered. Student peer coaching is one such strategy that is receiving a lot of attention. With this cutting-edge method, students actively assist their peers' learning by providing encouragement, direction, and insightful advice. Student peer coaching not only helps the students who are receiving the help, but it also gives the student coaches more confidence.

In a collaborative learning setting where students are both teachers and learners, student peer coaching becomes a key factor in improving the learning outcomes. Student coaches amplify their comprehension of the subject matter by clarifying ideas and imparting their knowledge to their classmates. Students who take responsibility for their education and mentor others learn more on their own and build a stronger academic foundation.

Further, engaging in peer coaching cultivates effective communication and interpersonal skills among students. As coaches, they learn to articulate ideas clearly, ask thought-provoking questions, and actively listen to their peers' concerns. These skills are crucial in academic settings, as well as in future professional and personal endeavors. By actively participating in peer coaching, students develop a sense of empathy, patience, and understanding, thereby fostering a positive and supportive learning community.

Additionally, learners are empowered by student peer coaching, which fosters leadership and confidence. Students develop self-confidence in their skills when given the task of

guiding their peers. They can see their own potential as mentors and leaders thanks to this experience, which promotes personal growth. Additionally, the praise and gratitude they received for their coaching efforts increased their drive and self-esteem, which promoted additional participation in the learning process.

Also, the skills developed through student peer coaching are highly transferable to real-world scenarios. In an ever-evolving job market, employers value teamwork, communication, and problem-solving abilities. Peer coaching equips students with these essential 21st-century skills, preparing them for future academic pursuits and professional success.

In conclusion, a paradigm change in education is represented by student peer coaching, which turns learners from passive users of information into active contributors. By adopting this strategy, academic institutions may maximize the potential of peer-to-peer collaboration and develop a positive learning environment that is advantageous to all parties. In addition to fostering peer uplift and academic advancement, student coaches also increase their own knowledge, communication abilities, and confidence. Student peer coaching stands out as a crucial element of a motivating and successful educational experience due to its many advantages.

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