

## 5 STRATEGIES ON HANDLING BEHAVIORAL ISSUES

by:

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Teachers and educators worldwide face more behavioral difficulties in the classroom than ever before, which leads to a number of challenges in establishing and preserving secure and effective learning environments. Many factors, such as larger class sizes and teacher shortages, placing special needs students in regular classrooms, stressors associated with the pandemic, and a rise in mental health disorders brought on by domestic circumstances like food and housing inadequacy parent-related issues, and financial difficulties can result in behavioral challenges in the classroom.

Educational institutions must give teachers the resources and instruction they need to deal with disturbed students in the classroom. Frequently, scheduling restrictions, staffing shortages, and budget cuts prevent this from occurring. However, there are a few fundamental tactics and methods that educators can use easily.

The following useful advice and insights may help teachers better comprehend and handle behavioral issues in the classroom: 1). Reward positive behavior. Seek for chances to commend kids who have displayed problematic behavior when they are acting responsibly and adhering to rules. You must let them know when they do something correctly as well as when they make a mistake. We can lose sight of the pupils' proper conduct. Every day, every student does something good. Don't forget to record those moments. 2.) Seek assistance. Don't hesitate to utilize all of your school's resources. Make connections with other educators, administrators, and counselors, even if it's just to exchange ideas. Consider asking a coworker to visit your classroom and provide a second viewpoint. 3.) Recognize that school is just one aspect of a child's life.

Issues connected to school are often the cause of behavioral problems in the classroom. As needed, collaborate with administrators and school counselors to help the student deal with life's challenges. 4.) Be mindful of your actions. Keep in mind that your actions – such as your voice level and tone, your body posture, your proximity, and your facial expressions – have a big influence on the scenario. It's easy to forget how a raised voice or a critical glance can intensify an already heated exchange. Be careful not to inadvertently exacerbate a difficult circumstance. 5.) Make sure your answer is appropriate for the situation at hand. Based on past experiences, it is simple to overreact to a particular circumstance. Verify that there aren't any unimportant details.

*References:*

<https://www.psychologytoday.com/us/blog/the-management-of-behavior-challenges/202112/responding-to-behavioral-challenges>