

THE POWER OF PATIENCE IN EDUCATION

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What is the most valuable trait a teacher should have? It is patience one shall acquire, especially amidst the pandemic. Patience dictates a lot of emotions we may feel, and without this, we may usually end up crying, feeling depressed, or even seeing darkness throughout. It is with patience that we can happily finish what we do. However, being patient cannot be developed overnight. It needs to be practiced and enhanced gradually.

Some say patience is developed when people age, while others say otherwise. But then, whatever perception people have towards it, one thing is certain; patience must be lengthened, and it must become a great part of an individual's life.

On the other hand, patience is indeed essential in teaching because this profession is bombarded with many responsibilities such as receiving new tasks daily. It is also undeniable that the day-to-day teaching survival becomes more complicated with the current scenario of the pandemic. As a result, many teachers lose their patience simply because they are not practicing or do not have the time to practice it. Thus, for teachers to acquire patience, what should be done?

To enable a teacher to enhance and lengthen patience, bear in mind that patience is one of the attributes highly needed in the teaching profession as it helps us to become effective, efficient, and productive. This also contributes to the teachers' happiness, satisfaction, and fulfillment.

Accordingly, these are the things to remember when developing or enhancing patience in the field of teaching which is also applicable to other academic supports which is indeed in the sphere of influence among all other teachers.

First, assess the situation. Assessing the situation gives realizations on which decision should be made or chosen. This may also include knowing the background of the students before giving him/her the verdict as to what he/she may need in the academic realm.

Second, brighten your perspectives. Try to enhance this skill by having an optimistic outlook on life. Also, it includes giving people the benefit of the doubt to positively handle situations because as teachers, encountering people with diverse characteristics and behaviors shall be expected, consequently, educators must be equipped with correct management which mostly falls on the positive side.

Lastly, be the model of change. While some teachers allow themselves to get eaten by tons of workloads, take the initiative to practice, enhance, and lengthen patience by doing it for themselves. As cliché as it sounds but begins with the “man in the mirror”.

References:

Ryan,J. (2022). The Power of Patience. <https://www.spiritualityandpractice.com/book-reviews/view/5932/the-power-of-patience/>.Retrieved on June 2022.