

PANDEMIC: THE GAME CHANGER OF ALL NATION

by:

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With the world seen as the most picturesque place to live in, a place of equanimity and comfort, people were blessed abundantly without a single doubt. A place where people can once freely share their giggles together. Roads and streets are still occupied at a time when everyone seems to be asleep. Murmurs and soft, passionate caresses and hugs were once active during a shoulder-to-shoulder meet-up of circle of friends. Distance was not an issue, and touching a person was once not a contagious act of danger.

The usual day-to-day living was once seen. No restrictions. People were physically free to do things that would uplift their entirety.

Things change. Time change. And so, the world we lived in.

The once silent and undisturbed abode was now shaken by the destructive power of a virus able to change the world in just a click.

According to Sheikh, MD (2023), the corona virus started based on a hypothesis, which is an exposure to an infected animal or a leak in a laboratory. However, this assumption cannot be backed up by enough proof.

People were unprepared and mostly frightened to the unseen enemy, announced as a deadly creature creeping quietly within the oblivious carrier.

Then, nations came into great chaos, leading to thousands of killings because of the unfamiliarity of the weapons that could be used to fight in the battle. Each nation suffered

enormously, physically, mentally, financially, and in all other aspects known to human. Surviving seems to be too difficult to own.

As of May 2, 2023, the total number of deaths due to Covid-19 had blown to nearly 7 million cases, 6,866,733 deaths to be exact (Statista, 2024).

The battle begins with the queue of restrictions listed by the leaders with the help of experts. People have no choice but to follow. The people's comfort zone became an arena of strength against the invisible enemy.

People experienced all sorts of negativities way beyond what human feelings can suppress. In fact, according to Panchal, Saunders, Rudowitz and Cox (2023), the pandemic has greatly affected everyone's mental health in many ways. Worries, fears and doubts consume most of the people as the days go by. With families required to stay at home, with no work to depend on, stuck in the four corners of their room, problems started to crawl in. The poor became poorer, the nation likewise.

All sectors and branches of our nation altered their plans immediately right after realizing the consequences brought about by the pandemic. With the challenges and problems arising from the fast-spreading crisis, everyone should act impromptu with concise and clear benefits for the people.

However, this situation also carries out our inner moral values that have been developed, as we are encouraged to stay at home longer than we could have ever imagined. Discipline and our values in our responsibility became stronger, for we are obliged to depend on our own abilities and skills with a little help from our family.

With this kind of status quo, negativities and other anxiety-agents will arise, but still, we must bear in mind the promise of God to each and every one of us that He is with us every single day and that He will never leave our side nor forsake us.

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