

THE KINDNESS WAY: TEACHING VALUES IN A PRACTICAL FASHION

by:

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The animated world of learning, “The Kindness Way” appears as a bright light filled with warmth and compassion, providing a different perspective on the practice of values. It is not only through directives from the top; instead, it is about participating in every activity with kindness.

However, at the core of the “Kindness Way,” there are educators who instruct not just teach. The ones responsible for sharing the flame of empathy with students that would reveal to them a fact that kindness is not simply talking but doing it which will phenomenally influence our interactions each day. They create classrooms teeming with kindness where small acts of compassion can have a tremendous impact.

It is “The Kindness Way’s” practical orientation that makes it truly exceptional. It does not involve lofty ideals or abstract theories; rather it entails rolling up your sleeves and giving somebody assistance. Learners learn that kindness is something done and not just talked about whether they are helping a classmate through a difficult problem or reaching out to someone in distress.

It isn’t only about the thing but also about the reason behind it. In “The Kindness Way,” learners are not simply told to be kind, but they are allowed to understand how their actions can affect the world. They discover that one act of kindness can reverberate through life’s vastness and bring forth happiness to lives unknown to them.

At its core, however, “The Kindness Way” is more than just a value that is a network of compassionate individuals. It involves giving pupils a sense of empathy and

understanding needed for them to defy the complexities of life with poise. A way of life rather than just another quality being taught is what kindness means if one looks at it from this perspective. Through “The Kindness Way”, they come to learn that even with small acts of goodwill, they have the power to make an impact on people’s lives.

References:

Fain, J. (2011). The self-compassion diet: A step-by-step program to lose weight with loving kindness. Boulder, CO: SoundsTrue, Inc.

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