

MOTIVATING STUDENTS: TIPS TO THE FIRST TIME TEACHERS

by:

Diana L. Enriquez

Teacher III, Bagumbayan Elementary School, Pilar, Bataan

Psychologists define motivation as the inner workings of our minds that provide the drive to accomplish our goals. It is essentially what motivates everything we do, from achieving success in our careers to just preparing a snack for ourselves when we're hungry. Every functioning individual have some level of motivation, which is a fundamental human ability that propels us to thrive. Every action you take, each and every day of the week, is motivated by something.

Learning how to motivate your pupils is one of the hardest things about becoming a teacher. It is among the most significant as well. Without motivation, students cannot study in an efficient manner. They won't pay attention, they won't engage, and some of them might even start acting out. There are several reasons why a student could lack motivation, such as disinterest in the subject matter, disinterest in the teacher's style of instruction, or being preoccupied with outside factors. It might even turn out that a student who didn't seem motivated needs extra help since they are struggling to learn.

Even though inspiring students might be challenging, the benefits are well worth the effort. Students that are motivated are more eager to participate and learn. Put simply, both the teacher and the student like teaching a class full of motivated students. Some pupils have an innate passion of studying and are self-motivated. However, a skilled instructor can make learning enjoyable and motivate pupils who lack this innate drive to achieve their full potential.

These are five practical strategies to ignite your students' enthusiasm for learning:

Encourage Students. Students turn to their professors for validation and encouraging feedback, and if they feel that their effort is valued and acknowledged, they are more likely to be excited about learning. Make your pupils feel important by promoting open communication and independent thought. Show off your enthusiasm. Give your pupils lots of praise. Thank them for what they have contributed. Students will be more motivated to learn in your classroom if it is a welcoming environment where they are valued and feel heard. "Nice work" or "good job" can make a big difference.

Get Them Involved. Including children in the classroom is one method to support them and teach them responsibility. Assign tasks to each student to make participation enjoyable. Assign pupils the task of organising the classroom or making decorations. Assign a pupil to distribute materials or erase the chalkboard. When reviewing a text in class, assign pupils to read aloud to you in short bursts. Assign each student a task or responsibility and have them work in groups. Instilling a sense of ownership in children promotes active engagement in the classroom and makes them feel accomplished.

Offer Incentives. Students are encouraged to participate when expectations are set and appropriate demands are made, but occasionally they require an extra push in the correct direction. Giving students little rewards encourages them to work harder and makes learning enjoyable. Small to huge rewards are possible, such as granting an exceptional student a special privilege or throwing a pizza party for the class if the average test result increases. Students are motivated to strive towards a goal and feel a sense of accomplishment when they receive rewards.

Get Creative. To prevent boredom, vary the arrangement of your lessons. Instead of giving lectures, engage students in debates and activities. You may also enhance the subject matter by using visual aids like vibrant charts, infographics, and films. You can even screen a movie that does a good job of illuminating a subject or idea. Your physical classroom should never be dull. Use seasonal themes, student projects, posters, and models to decorate and create a welcoming, engaging space.

Draw Connections to Real Life. "When am I going to need this? This enquiry, which is far too common in the classroom, suggests that a pupil is not paying attention. It's critical to show students how the material applies to them because if they don't think it's essential, they won't want to study. If you're a math teacher, spend some time investigating real-world applications of mathematics, such as purchasing items at a mall or selling commodities, and report your results to your pupils. Telling them that they might apply it in their job will truly amaze them. A subject has fresh significance when one can demonstrate to them how "real" people use it on a daily basis. Four basic processes might never interest them, but if they observe how

You will quickly discover that your level of weariness will skyrocket if you begin to prioritise your motivation. Investing a little of yourself in your lecture is a difficult task. You are devoting more time and mental energy to that class if you are creating a lesson plan and attempting to include an enjoyable or interesting activity. When you finally try to carry out your strategy during class, you'll be working extra hard to ensure that everything goes according to plan.

All of these lead to increased anxiety, more preparation time, and increased enthusiasm in the classroom. At the end of the day, you'll be exhausted, but your pupils will have a better teacher and you'll witness them do greater things.

References:

<http://teach.com/what/teachers-change-lives/teachers-are-role-models>

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