

## STRATEGIES FOR MANAGING LEARNER'S BEHAVIOR

*by:*

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The ultimate objective of education is to shape young people into well-rounded adults. That often involves making sure that the teaching and learning process runs as efficiently as possible. In principle, your task as a teacher is to plan and execute your lessons, and then all else will fall into place. Unfortunately, theories is not always applicable in the real world. To be honest, getting children to settle down and behave as expected can be a difficult task. This is where positive behavioral management approaches shine. You can use behavior management strategies to improve student behavior while still allowing teaching and learning to continue as planned.

A routine is an efficient behavior management tool for establishing guidelines and expectations. A routine guarantee that learners understand what comes next, so you'll spend less time giving instructions, allowing up time to do the real work. Include learners in developing a class schedule that works for as well assign them responsibility for some routine tasks. Don't exclude the notoriously disruptive learners from your schedule; in most cases, a sense of responsibility can help decrease behavioral issues. When a learner begins to deviate from your planned routine, use nonverbal signals such as hand gestures to remind them of what they should be doing. Avoid using words to keep the lesson flowing smoothly.

Create a policy for dealing with infractions. Remember to apply the rules fairly and consistently. If you slack off on enforcement even once, you open the door for everyone to take advantage of. It's also important to remember not to discipline the entire class because of one student's infraction. For example, disrupting class to deal with a

single student. This will most likely alienate the entire class, making them feel unfairly punished. Using negative language has a tendency for reinforcement inappropriate behavior. Usually, learners enjoy doing what they are not told to do. So, instead of creating an endless loop of behavioral problems, use positive language. Instead of saying, "Stop throwing those paper airplanes," you could say, "Can we all focus and pay attention, please." Positive language makes students feel appreciated, which leads to improved behavior. Furthermore, positive language will motivate the learner to begin communicating positively. For example, instead of saying, "This work is too difficult for me," they will start saying, "I can do my best." It's also essential to maintain a positive body language. Smile more and frowning less. Model the behavior that you want from your students. In accordance to research, learners learn from teacher's language and behavior. Positive language approaches can have the following outcomes, a secure learning environment, sense of responsibility, self-discipline, and motivation by oneself.

Positive behavior support strategies can be used to address challenging behaviors and build positive learning environments in a variety of settings, including the classroom. However, they are especially relevant for teachers and classrooms. Teachers who implement these affirming reinforces will not only minimize the number of challenging behaviors but will also demonstrate and acknowledge more prosocial behaviors. This benefits not only classrooms, but also society as a whole.

### *References:*

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