## dependent and the official Website of DepED Division of Bataan

## MATATAG CURRICULUM: NURTURING RESILIENT AND EMPOWERED LEARNERS

by: **Ryan B. Alfaro** Teacher III, Jose C. Payumo Jr. Memorial High School

In an ever-changing world, education systems must adapt to equip students with the skills, knowledge, and mindset needed to thrive in various challenges they may encounter. Recognizing this need, the Department of Education has introduced the Matatag Curriculum – a dynamic and innovative approach designed to cultivate resilient and empowered learners.

Derived from the Filipino word "matatag," which translates to "resilient" in English, this curriculum is a response to the evolving demands of the modern era. It focuses not only on academic excellence but also on building a strong foundation of life skills, emotional intelligence, and adaptability.

The Matatag Curriculum goes beyond traditional subjects, integrating crossdisciplinary learning experiences that encourage critical thinking and creative problemsolving. Students are encouraged to explore connections between subjects, fostering a deeper understanding of the world. Providing a holistic learning experience for each learner. It also recognizes the importance of emotional well-being and incorporates modules on emotional intelligence and mental health. Students learn to identify and manage their emotions, develop healthy relationships, and cultivate empathy and selfawareness.

The Matatag Curriculum also perceives the paramount role of digital literacy; providing students with comprehensive digital skills training which empowers them to navigate the digital landscape responsibly and critically evaluate information.



The curriculum fosters a sense of social responsibility by involving students in community projects and service learning. This instills values such as compassion, civic engagement, and an understanding of diverse societal needs. In experiential learning and real-world simulations, students are exposed to challenges that encourage them to develop resilience and perseverance. These experiences provide valuable lessons on overcoming obstacles and bouncing back from setbacks.

With the world becoming more interconnected, the Matatag Curriculum emphasizes global awareness and cultural competence. Students explore different cultures, perspectives, and global challenges to become informed and responsible global citizens. It represents a progressive and forward-thinking approach to education. By focusing on holistic development, emotional intelligence, and adaptability, it prepares students to face the complexities of the modern world with resilience and confidence. As education continues to evolve, initiatives like the Matatag Curriculum pave the way for a brighter and more capable generation of learners.

## References:

Barcelonia, W. (2023). DepEd launches MATATAG Curriculum to address basic education woes. Philippine News Agency. Retrieved from: https://www.pna.gov.ph/articles/1207588

Acebuche, Y. (2023). DepEd rolls out 'decongested' curriculum. Here's what you need to know about MATATAG K-10 Curriculum. Retrieved from: https://philstarlife.com/article/668754-explainer-matatag-k-10-curriculum

