

## COUNSELING.....THE BEST SOLUTION

*by:*

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Counseling which is a professional guidance of the individual by applying psychological methods especially in collecting case history data /information, using various techniques of the personal interview, and testing interests and aptitudes could be a great way in dealing with school problems most especially on the sides of the students, learners, and parents.

There are several problems and issues in school every day which need to be resolved like bullying and fights among the students in various reasons and degrees. The unique and best way to resolve them is through counseling. The science and art of counseling can trace the cause of the problem. Moreover, it could inquire the facts and information behind the case and will eventually find better solutions in order to be solved.

Because of counseling, those students in school who have conflicts and issues with peers could survive the situations and will consequently be relieved from the problems. The guidance advocates who is the key person to resolve every problem in school will give the measures to patch up the conflicts for the sake of both parties or between the students.

In school, problems between parents and their children exist. These may be about the competitions, petty fights and misunderstanding wherein the parents are affected which may lead conflicts not only among their children but also among them. Seriously, the school, through the help of the guidance counselor exerts the best effort to resolve conflicts and finally make things better without tension.

With much respect to both parties, any problem, situation or conflict in school could be fixed through counseling for it finds the solution to avoid trouble in school since it must be the model place of good character.

Remember that in school, counseling plays a crucial role in appeasing both parties and find measures to resolve the conflict in order to achieve harmony and good relationship among stakeholders which include the learners, teachers, and parents.

Indeed, counseling could serve the best solution!

*References:*

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<https://www.counsellorstogether.co.uk/pages/5/what-is-counselling-and-how-can-it-help-me>