

## 3PAD APPROACH: PROBLEM-BASED LEARNING APPROACH FOR ALS LEARNERS

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There are many flexible practices in teaching and learning that has been practicing in Alternative Learning System. Some of the approach focuses on motivating the learners, others enhanced their values. In order to develop the learners' abilities, and instill values, it is important to practice such approach that could develop the learners EQ or emotional intelligence and IQ or intellectual abilities and potentials. Developing or adapting an approach could be difficult but could also pave way for the success of ALS learners as well as for facilitators.

3PAD approach or 3 Problem a Day Approach is a Problem Based Learning not only improves problem-solving abilities but also promotes the development of critical thinking skills, involvement in the team, communication skills, comprehending the reflections, and all of the mentioned along with understanding and applying to everyday life. A teaching-learning approach, which helps to craft questions, facilitate discussions, trigger motivation, provide reflections, and comprehend using scaffolding activities.

3PAD or 3 Problems A Day, is one of the approaches we develop and practicing. A very simple practice that could enhanced the three areas of learning such as knowledge, values and critical thinking. According to several studies conducted, enhancing these three areas helps the learners reflect and comprehend their perspectives. Also observed that, better understanding and better retention shows among learners.

3pad is an approach or consider as motivation done during the start of every class. It is as simple as giving 3 simple problems in a day, giving them 15 minutes to think critically, write their answers on a sheet of paper and at the end of the allotted time given, the learners will share their ideas and solution to the given problem on the class. After the sharing and discussion, they picked the most accurate solution to the problem. Questions were usually life-based problems usually encountered by ALS learners. They need to reflect and decide what is the best solution to the problem being raised.

With the help of this approach, ALS learners learn to grapple with challenging problems and develop a mindset of welcoming challenges. They were also engaging, increases understanding and learning and also builds confidence among learners.

3pad approach could be very beneficial among ALS learners, considering that most of our clientele are adults and encountered different problems in life, but the fact that they need to find the precise solutions is very important to learn, move on and continue is the best way to survive and to learn from it, that is the goal of 3pad approach.

The Official Website of DepED Division of Bataan

#### *References:*

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