

TREES...TREES...AND MORE TREES

by:

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"A man plants a tree not for himself, but for the future," said Alexander Smith.

We have all known since our elementary days that trees are an important source of oxygen for men and animals alike to live. But not everyone exactly knows the various economic uses of the trees they see around them.

Lumber from trees is the most widely used material in the construction of our very own homes and other structures. Many trees yield delicious edible fruits which we usually can't resist buying like mangoes, avocados, guavas, oranges, apples, and a lot more. There are numerous commercial waxes and oils that come from trees and their fruits. Tree trunks are tapped for their sap for rubber. Many important medicines are from trees. Lots of tropical fruits from various tropical trees are a reliable source of food and water.

Would you believe that most fruits contain carbohydrates which often take the form of sugar and starch? Yes! It's true! This is why fruitarians do survive without meats and dairy in their daily lives.

One practical suggestion which I've gotten from my readings is that fruit crops are a welcomed and useful addition to any small farms because they do require relatively small capital but with surprisingly high yields for consumption and for marketing as well.

Success in tree planting is based on your good judgment and your efficiency in taking care of them.

Just imagine a world without trees, how scary it can be? Trees are God's gift for men. Let's plant, nurture, protect, and most importantly value them.

References:

Skoff and Cavender (2019). The benefits of trees for livable and sustainable communities.

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