

TIPS ON HOW NOT TO BECOME A MEME VICTIM

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Selfie here, click! Selfie there, click! Post here, post there. Most of us use this activity once we hold our cell phones, whatever brand. Did you know those photos taken and posted can be used as memes? Memes are photos used to make another person look funny, and sometimes, those photos are grabbed or gotten without the owner's permission.

They can be shared, blogged about, reposted, or retweeted, especially by teens. Sometimes, while making those memes, we forget what a person will feel inside, especially the person behind the photo.

Who can be a victim of memes? Those who like and have a habit of posting their photos on social media that can be seen and accessed by anyone can be a target of predators. Unfortunately, teens can quickly adopt memes or become a victim of them. According to Julia Thompson's web article, here are some tips to prevent memes from appearing:

1. Asking permission is necessary before taking or sharing someone's photo. People are only comfortable if someone snapped pictures with their consent.
2. Anybody can be a victim of memes. People can even use your photos and videos as a meme.
3. Perceive what would happen if you shared the photos publicly. Do you want them to go viral?

In addition, preventing the creation and spread of inappropriate or harmful school memes is essential to maintain a positive learning environment. Here are some ways:

Educate students: Start by educating students about responsible online behavior and the potential consequences of creating or sharing memes that target individuals or are offensive.

Acceptable use policy: Implement and enforce a fair use policy for technology and social media within the school.

Monitoring: Keep an eye on social media platforms and chat groups that students use, especially if they are school-affiliated.

Open Communication: Encourage open communication between students, teachers, and parents.

Cyberbullying Prevention: Focus on preventing cyberbullying, as memes can sometimes be a form of online harassment.

Digital Literacy: Teach students about digital literacy, including critical thinking skills, to evaluate online content.

Consequences: Clearly outline the consequences for creating and sharing memes that harm others or violate school policies.

Promote positive content: Encourage students to create and share positive, constructive content that reflects the school's values and fosters a supportive online community.

Parent Involvement: Involve parents in discussions about online behavior and provide them with resources to help monitor and guide their children's online activities.

Guest speakers or workshops: Consider bringing in guest speakers or experts to discuss online etiquette and the responsible use of technology.

Before reposting a meme, making teens aware of what memes mean is essential. Sometimes, their young minds bring them into delicate situations. Snapping a photo without someone's permission or posting it online is very easy. This act could be offensive and hurt others because it could open them up to ridicule. Kindly consider the feelings of others before posting any image or video.

Here are the things you need to remember before reposting any memes:

1. Analyze carefully what the memes are all about and what the implication is.
2. Scrutinize the meme's meaning to see if it is not very kind.
3. Ask yourself: "What is the impact of the memes on you and others?"
4. What if you are in the photo? How would you feel?
5. Do you want another person to post your photo?

However, not all memes have negative impacts on the viewers. There can be a beneficial side to memes. Sometimes, it makes other people's lives easier, like the story of "Success Kid," wherein the kid used his internet fame to help his dad. Memes can also be things anyone can relate to and make them laugh innocently.

Moreover, every meme can be made more inhuman than funny for various versions. That's why thinking of the message behind the meme is crucial.

Remember all the tips given the next time you see a meme, and think before you share and post any photos shown on the internet.

References:

Internet Infamous: How Memes Affect Teens. (2016, July 27). Family Online Safety Institute. Retrieved September 24, 2023, from <https://www.fosi.org/good-digital-parenting/internet-infamous-how-memes-affects-teens/>