

## HUMANITIES AND SOCIAL SCIENCES

*by:*

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The Humanities and Social Sciences or HUMSS, is a strand offered in senior high school. It is one of the academic tracks that learners can choose in their senior high school years. The HUMSS strand is designed to provide a solid foundation and to prepare students for college courses in fields like social sciences, education, law, journalism, public service, and liberal arts.

This strand offers different subjects such as Philippine Politics and Governance, which aims to provide insight into the political landscape and governance structures, which is useful for those interested in public service or related fields; Introduction to the World Religion and Belief System and Introduction to Human Philosophy subjects which both focus on exploring the ethical and philosophical questions, promoting a well-rounded worldview; Discipline and Ideas in Social Studies and Discipline and Ideas Applied in Social Sciences, which students can gain a deeper understanding of different disciplines of social studies and provide practical application and experiences;

Furthermore, Personal Development which develops the totality of an individual such as personal or professional growth, character development, essential life skills, and well-being; Understanding Culture, Society and Politics, and Trends, Networks, and

Critical Thinking in the 21st Century Culture which expose students to diverse cultures and perspectives, fostering local and global awareness; and Community Engagement, Solidarity and Citizenship subject promote active participation in the community and the development of responsible citizenship.

Overall, the HUMSS strand offers a well-rounded education that not only prepares students for higher education but also equips them with skills and knowledge that are applicable in various career paths, real-life situations, and in their roles as informed and engaged citizens.

*References:*

Susan, Helan (2020), Humanities and Social Sciences (HUMSS).

<https://4adrienesuan.wordpress.com/2020/11/02/humanities-and-social-sciences/>