

## FIVE (5) POSITIVE DISCIPLINE FOR UNRULY STUDENTS

*by:*

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It's essential to recognize that there are students who can be challenging to manage, and this isn't anyone's fault. It's akin to the natural law where opposite poles attract and similar poles repel, creating a balance in certain situations. Educators have a responsibility to handle both controllable and uncontrollable learners through a combination of punishments and rewards. To stay committed to their role, teachers can reflect on some philosophical principles.

First, anticipate unpleasant behaviors: Teachers should expect that, while some students may initially display courtesy and respect, this may change over time, especially in public schools. Recognizing the harsh realities of the world, teachers must confront these challenging behaviors head-on. Being unafraid and patient in addressing these scholastic issues is crucial for effective teaching and learning. Moreover, teacher should treat chaotic classrooms are opportunities: Chaos, implying complete disorder and confusion, can sometimes describe a classroom with unruly students. However, this doesn't reflect poorly on the teacher's competence or responsibility. Instead, it's a chance for the teacher to transform chaos into order. Educators should view these obstacles as opportunities to make a positive difference. Turning insolence into benevolence is a significant achievement. It's not just about striving to the finish line; it's about persevering and striving for continuous improvement. Furthermore, teachers should believe that love has the remarkable power to soften even the most resilient hearts. It's important to consider that when a teacher publicly shames an impudent student, it can trigger immediate resentment. Teachers should be attuned to students' hidden or misunderstood agendas. Such students often carry a heavy burden of pain and may have difficulty

trusting anyone for the attention they need. What these students truly require is gentle care, heartfelt love, and comforting support. Time can gradually heal the wounds of those who have endured suffering. A school serves as a second home for students, with teachers as their second parents. In addition, teachers should understand that words can be both sweet and cutting. A practical way to discipline a student is by delivering a lecture, like how a concerned parent talks to their child.

However, some lectures can be discouraging and hurtful, leading to emotional insecurity. The late Senator Miriam Defensor-Santiago wisely said that a true teacher doesn't terrorize ignorant students because their role is to dispel ignorance. Fear can create a sense of desolation in any living being. Harsh language can disrupt a student's focus on positive thoughts. Teachers must not only act professionally but also embody professionalism by carefully choosing their words. This approach fosters harmonious relationships and long-term camaraderie. Finally, in disciplining students, teachers should embrace the joy of teaching. The most fulfilling aspect of a teaching profession is finding enjoyment in every moment of teaching, making it feel like a lifetime of fulfillment. Difficult situations become even more challenging when infused with negative energy. Life is 10% what happens to an individual and 90% how they react to it. Teachers serve as role models for those eager to learn. Their positive energy spreads joy, brings smiles, and guarantees laughter among determined individuals working toward their goals. Embracing enjoyment is the best remedy for a fulfilling teaching experience.

In summary, teachers should wholeheartedly embrace the teaching life, exemplify professionalism, and employ positive discipline when addressing undesirable student behavior.

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Morin, Amy (2021), 5 Positive Discipline Techniques to Try.

[https://www.verywellfamily.com/examples-of-positive-discipline](https://www.verywellfamily.com/examples-of-positive-discipline-1095049#:~:text=The%20most%20effective%20positive%20discipline,selective%20ignoring%20of%20objectionable%20behavior.)

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