

SUPPORTING HIGH SCHOOL STUDENTS DEALING WITH FAMILY ISSUES

by:

IMELDA SIBAYAN

Bonifacio Camacho National High School, SDO Abucay Annex

High school is a challenging time for most students as they navigate academic demands, social pressures, and personal growth. However, for some, the journey is made even more challenging by family problems that can range from divorce and financial struggles to illness or loss of a loved one. As educators, it is our responsibility to create a safe and supportive environment for all students, especially those dealing with family issues.

Building trust is the foundation of supporting students facing family problems. As teachers, we must create a safe space in our classroom where students feel comfortable sharing their thoughts and concerns. Let them know we are here to support them academically and emotionally.

Additionally, we must be vigilant for signs that a student may be experiencing family problems. These signs can include changes in behavior, decreased participation, or a decline in academic performance. If we notice these changes, reach out to the student privately to express concerns, and help.

Moreover, we must assure students that any information they share with us will remain confidential unless there is a risk to their safety. They need to feel secure in confiding in us without fear of their personal matters being disclosed without their consent.

Family problems often lead to disruptions in a student's daily life. We must offer flexibility when it comes to deadlines and assignments. Understand that they may need extra time or support to manage their coursework.

It will also be a big help to connect them with Support Services. Many schools have guidance counselors or social workers who specialize in helping students facing personal challenges. Connect students with these resources and encourage them to seek professional assistance if needed.

As educators, we can make a significant difference in a student's life. Maintain a positive outlook, express belief in their abilities, and remind them that they have the potential to overcome challenges and achieve their goals.

We play a crucial role in the lives of our students, especially those facing family problems. By creating a compassionate and supportive learning environment, teachers can help these students cope with their challenges, thrive academically, and develop essential life skills. Remember, a little empathy can go a long way in making a positive impact on a student's life during difficult times.

References:

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