

“MY LIFELONG FRIEND...”

by:

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A lifetime friend is one person or a small group of individuals who have and will continue to contribute to my happiness, and I do the same for them. A straightforward "BEST FRIEND" of mine.

"Lifelong friendship" or "best friends," who each play a unique role in bringing value to my life, and vice versa, one who is my longest friend and another who may be my dearest buddy. This distinction may be broken into who I've known the longest and who I esteem the most. It might be the difference between the duration and the quality of the connection.

Lifelong friends can assist you in examining your existing network of individuals. Some people will play various roles dependent on their physical proximity to you; some may be far away yet emotionally closer than a dear buddy in your hometown.

My definition of a lifelong friend is someone with whom I connect and who I believe will be my friend/s forever. Someone you know and someone you know, and you just accept each other for who you are and make time for each other when necessary. You may have many terrific friends during your life, but you are unlikely to have many lifetime pals. They truly are a gift!

References:

https://www.psychologytoday.com/us/blog/the-act-of-violence/202301/the-importance-of-lifelong-friendships?fbclid=IwAR3u_a8YzbZv_dWwVXwnbGOQDRDqpzm-xrJ9yDyqsZ81gQPq-eXABHWq_Ao