

BENEFITS OF HOMEWORK

by:

MARICHU C. NEGRETE

Bonifacio Camacho National High School, SDO Abucay Annex

The fact that students dislike homework is a well-known fact. It makes sense that they see homework as an additional academic hardship given the workload, they already face in their regular class schedule. However, as a teacher, I sometimes feel that assigning homework is both necessary and unavoidable.

One of the crucial components that enhance learning is homework. While homework is acknowledged to be a basic component of traditional education, it has also evolved into a contentious issue. Some students believe that homework is an essential component of academics, while others believe that time after school would be better spent on activities unrelated to academics. Because of this, the question of whether homework is necessary is still a hot one. Even while doing homework on the weekends may seem unnecessary, there are still many advantages in my opinion.

Academic achievement is improved because of homework. The fact that homework gives students additional time to finish their studies has a favorable impact on their academic performance. Because homework can help students make up for time limitations, which can prevent them from fully understanding fundamental concepts during class, even if they are unable to perceive the benefits right away.

Homework also strengthens family ties by involving parents in their children's education. Doing schoolwork at this time might serve as a significant way for the family to bond because the weekend is seen as family time. A parent who helps their child with homework encourages academic success in the child and enables the parent to monitor the child's progress in school. Additionally, it may be an opportunity for family members to get closer and communicate better.

In addition, doing your homework encourages practice and instills time management skills. Homework consists of more than just finishing the assigned tasks. Homework can help students improve their time management skills by requiring them to set aside time for it and ensure that they finish all their assignments on time. While learning time management skills, students put their problem-solving and independent thinking skills to use. Additionally, homework assists pupils in making choices and compromises. If homework is completed even on weekends, these skills will be strengthened in relation to that.

In conclusion, while there is no question that homework stimulates and improves learning, it is quite OK if it is completed on the weekends. Keep in mind, nevertheless, that allotting too much time for homework ought to be done in moderation. For students' overall wellbeing, it is still of utmost importance to maintain a balance between their extracurricular and curricular interests.

References:

Charlene Marie Kalenkoski & Sabrina Wulff Pabilonia (2017) Does high school homework increase academic achievement? *Education Economics*, 25:1, 45-59, DOI: 10.1080/09645292.2016.1178213

Patall, E. A., Cooper, H., & Robinson, J. C. (2008). Parent Involvement in Homework: A Research Synthesis. *Review of Educational Research*, 78(4), 1039-1101.