

## USING POSITIVE DISCIPLINE IN THE CLASSROOM

*by:*

**Esperanza C. Espino**

*Teacher I San Pablo Elementary School*

Instead of employing punishment or rewards, positive discipline is a more effective technique to deal with unruly pupils in the classroom. In addition to teaching children how to make better decisions as they approach maturity, it enables kids to learn and modify their behavior to meet expectations in the classroom.

A teacher needs a few strategies at their disposal to curtail or stop disruptive behavior from students in the classroom. There are various strategies to deal with undesirable behavior, from misbehaving in the classroom to failing to complete the allotted job, including punishment, discipline, or even employing rewards. However, employing constructive discipline is the most efficient way to deal with pupils who are misbehaving in the classroom.

There are many ways for teachers to reinforce appropriate behavior with positive discipline, including establishing the rules for the classroom at the beginning of the year, having clear expectations, establishing goals at the start of class, reinforcing appropriate behavior, remaining impartial in conflict situations, identifying the cause of the misbehavior, using praise, and many other methods.

Tartari (2018) in a study entitled “The Impact of Positive Discipline in the Learning Process”, positive relationship positively affects the academic achievements of the students. It was also noted that positive discipline was more present in primary education while the forms of negative discipline are more present in secondary education. Consequently, it is suggested that teachers should create a positive climate of cooperation in the classroom by practicing as many elements of positive discipline, because this

relationship increases the level of student learning by influencing their education with values and positive principles for a healthier society.

With this in view, teachers can encourage an inclusive learning environment and maintain a positive attitude by using these positive discipline tactics. To create a successful positive disciplinary plan for a particular child, it is crucial for teachers to collaborate closely with the caregivers and the student. Giving pupils the tools they need to adopt new behaviors that are in accordance with standards at school, at home, and elsewhere is one of the most important aspects of constructive discipline.

*References:*

Tartari, E. (2018) The Impact of Positive Discipline in the Learning Process, retrieved from [https://www.researchgate.net/publication/329231892\\_THE\\_IMPACT\\_OF\\_POSITIVE\\_DISCIPLINE\\_IN\\_THE\\_LEARNING\\_PROCESS](https://www.researchgate.net/publication/329231892_THE_IMPACT_OF_POSITIVE_DISCIPLINE_IN_THE_LEARNING_PROCESS)