

## SOCIAL AND EMOTIONAL NEEDS OF TEACHERS AND STUDENTS DURING THE PANDEMIC

*by:*

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Pandemic brought with two years of hesitation and instability in the lives of teachers and students all around the world, not just as everyone's threat in health but also with direct effects for emotional well-being, mental health, as well in academic growth. Thus, the conditions created by the pandemic, exceptional challenges appeared for teachers to be applicable not just intellectually but also in granting social-emotional support, boosting relationships with families, and developing a classroom community.

Social and emotional learning is very important for academic success, but the pandemic has emphasized the need to uplift its importance. Indeed, as the pandemic continues, we need to find ways and consider the pattern of thoughts, feelings and behaviors of both the teachers and learners. Their empathy, resilience and ability to cope with anxiety turned out to have major impacts on children's lives and must be given top priority along with academic competencies.

Since our teachers and learners have experienced extreme challenge and adversity, schools and our government must respond appropriately to their situation and enhance the present curriculum to boost the upcoming education policy agenda to help both our teachers and learners cope up to the present time.

*References:*

Dealing with Social and Emotional Needs of Teachers and Learners Blog

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