

## READING: A JOURNEY FOR LEARNING

*by:*

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There are numerous approaches to learning. There are plenty of resources and products available to help students learn. Reading is the most effective method of learning among these options. A simple book may take you to places and introduce you to their people, culture, traditions, and customs. Simply reading and skimming the pages of a book can reveal the quirks and characteristics of a race, as well as its music, songs, and dances.

True, one of the most important tasks of books is to entertain you. That isn't the only thing that good reading can accomplish for you. The printed page contains a plethora of strange, interesting, and significant facts. Between the covers of books and periodicals is the knowledge that men have strived, struggled, and even died for throughout history.

We all know that reading is the foundation of information and language, but it should also be enjoyable, and I believe that this is part of the answer to our children's reading difficulties.

Students who read for pleasure and read widely are more likely to perform better in school because they have acquired more reading and comprehension skills than those who are not keen on reading.

Reading is another method to unwind and de-stress. It is critical to read a great book for a few minutes each day in order to stretch the brain muscles and maintain healthy functioning.

Reading for enjoyment is not only a delightful habit; it is also a good method for improving your academic skills and becoming a more effective student. Those who love reading books also enjoy other types of genres like crime stories, romance, and adventures. However, creating a reading habit can be difficult for those who have never had a strong interest in books.

Aside from having fun, it can bring you to any part of the world, and know its people, culture, economy, education, politics, customs, and traditions. A reader can compare his own qualities and peculiarities to other people in the world.

Reading can bring the reader to other celestial bodies in the infinite universe. He or she can travel from one planet to another just by browsing a book that deals in astronomy. One can turn back the hands of time by turning over the pages of history books and discovering how the past relates to the present and the future. If you want to know more about plants and animals, just skim any Biology book. A book in Human Anatomy will reveal the mystery of the human body.

Furthermore, reading intriguing books and magazines will increase your personality quotient because you'll never be short of topics to discuss. Before you know it, you'll know "a little of everything and a lot of something," which, as you've surely heard, is a decent start toward success as a conversationalist. Wide reading will help you excel in school and afterward in the career or profession you pick as your life work.

#### *References:*

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<https://uwaterloo.ca/writing-and-communication-centre/blog/five-reasons-reading-fun-will-make-you-better-student-any> Five Reasons Reading for Fun Will Make You a Better