

DEVELOPING COGNITIVE DEVELOPMENT THROUGH PLAY

by:

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Conventionally, cognitive development takes place in the usual teaching-learning interaction where the teacher discusses a particular lesson to a set of pupils or students for their acquisition of a certain subject competency. Nowadays, things have evolved and innovations have arrived.

Teachers have to provide the children with the opportunity to play inside the classroom. This kind of play should be educational and should be incorporated in the lesson of the day. This kind of experience develops the cognitive ability of the learners. In play, they are able to grasp ideas while they are doing a certain activity during its duration.

Through play, the schoolchildren are able to acquire certain instructions. With these instructions, their minds are being sharpened and their cognitive powers are being enhanced in order to understand the ideas being taught.

By means of playing, they are able to express their reasons or ideas. The opportunity to share one's thought is truly a great experience and from this the ability to think critically is created in order to contribute more to the goal of the group.

Play motivates the learners to come up with creative ideas. The imagination and creativity of the children are emerging because they are given the freedom to think and to suggest innovative thoughts that are vital for the success of learning.

In playing, they also learn to interact and in this undertaking that they develop the ability to communicate of what they think is right. Communication therefore develops their cognition power or ability.

Every child passes through stages of development in terms of cognition and this can be realized and improved through interactions with others in the learning environment. Through the learning environment where play transpires, the cognitive ability of a child is also established.

The cognitive development manifests the child's ability to think and use reason and this may be highlighted through playing with fellow learners in school where the teacher provides the opportunity for educational interaction.

The processing of information and self-recognition will be helpful in understanding people's thoughts and emotions. In play, the child will learn to compare and contrast ideas, create one's opinions, and determine certain possibilities.

Play can influence the cognitive process of a child through his thinking, memory, and language. A child may begin to demonstrate complex thinking and form his own worldviews due to play. Ultimately, cognitive development is a crucial part of one's life that is why the right strategy must be employed.

Indeed, play leads to the child's development of multiple cognitive skills. Once the child participates in play, certain opportunities are given to develop in more sophisticated and multifaceted ways of thinking.

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